BODYBEET

Red Vitality Shot



WHY NITRIC OXIDE MATTERS

Nitric oxide helps blood vessels relax, supporting healthy circulation and the efficient delivery of oxygen and nutrients throughout the body. This process plays an important role in maintaining cardiovascular health.

Beetroot provides natural dietary nitrates that the body can convert into nitric oxide, helping support cardiovascular wellness, physical endurance, and everyday vitality.*

BodyBeet is a comprehensive cardiovascular wellness formula designed to support heart health, healthy circulation, and natural energy. Built around the nutritional power of beetroot, this thoughtfully crafted blend combines nutrient-rich botanicals and antioxidant support to help nourish the cardiovascular system and promote everyday vitality.

Beetroot is naturally rich in dietary nitrates, which the body can convert into nitric oxide, an important molecule that helps blood vessels relax and supports healthy blood flow. BodyBeet builds on this foundation with a complementary blend of plant-based ingredients selected to support cardiovascular function, antioxidant protection, and the body's ability to maintain energy and stamina throughout the day.

The result is more than a traditional beetroot supplement. BodyBeet takes a broader approach to cardiovascular wellness, supporting the heart, circulation, endurance, and overall vitality as part of a healthy, active lifestyle. Whether you're focused on maintaining long-term heart health or simply want to feel your best every day, BodyBeet provides a convenient way to make cardiovascular support part of your daily routine.*

OUR FORMULA FEATURES:

- Nutrient-rich Organic Beetroot Powder
- Organic Amla & Hawthorn Berry
- Antioxidant-rich Fruits & Botanicals
- Turmeric with Standardized Curcuminoids
- Adaptogenic Ashwagandha & Schisandra

Rooted in the power of beetroot and enhanced by a diverse spectrum of botanicals, BodyBeet brings more to the table than beets alone. It's a smarter way to make heart-conscious nutrition part of your everyday routine.*

HOW THE FORMULA WORKS

Nitric Oxide Support	Beetroot provides naturally occurring dietary nitrates the body can convert into nitric oxide, helping support blood vessel relaxation and healthy circulation.*
Cardiovascular Support	A complementary blend of botanicals provides antioxidant and nutritional support for cardiovascular wellness and healthy vascular function.*
Energy & Endurance	Plant-based nutrients support everyday vitality, stamina, and physical performance.*

WHAT IT SUPPORTS

- Healthy nitric oxide production*
- Cardiovascular health & function*
- Healthy circulation & blood flow*
- Physical stamina & endurance*
- Antioxidant protection & cellular health*

ZILARA
wake the cell • restore the body • feel alive

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THE BEETROOT ADVANTAGE

Beetroot has earned its reputation as a cardiovascular superfood largely because of its naturally occurring dietary nitrates. Through a series of biological processes, the body converts these nitrates into nitric oxide, a signaling molecule that helps blood vessels relax and supports healthy circulation.

This process plays an important role in delivering oxygen and nutrients to working muscles and tissues. By supporting healthy blood flow, dietary nitrates may also contribute to exercise efficiency and physical endurance.*

Unlike supplements that focus on isolated compounds, BodyBeet uses whole beetroot powder as the foundation of a much broader botanical formula.*

ANTIOXIDANT DEFENSE

Cardiovascular wellness involves more than maintaining healthy blood flow. Everyday metabolic activity and environmental exposures generate free radicals, making antioxidant nutrition an important part of supporting overall cellular health.

BodyBeet includes a variety of antioxidant-containing fruits, roots, and botanicals that complement its beetroot foundation. This broad botanical approach helps provide nutritional support for the cells and tissues involved in everyday cardiovascular function.*

A DAILY COMMITMENT TO HEART HEALTH

Supporting cardiovascular wellness isn't about a single ingredient or an occasional healthy choice. It's about consistent habits that nourish the body over time.

BodyBeet offers a convenient way to incorporate beetroot and complementary botanicals into a daily wellness routine. Paired with balanced nutrition, regular movement, and adequate hydration, it becomes one more way to invest in long-term vitality.

USAGE SUGGESTIONS

Add 1 scoop BodyBeet to 1 ounce of water. Mix well. Drink. Follow with 16 ounces of water. For best results take two (2) times daily.

DAILY ROUTINE	*Take consistently as part of your everyday cardiovascular wellness routine.*
ACTIVE LIFESTYLE	*Incorporate BodyBeet into your daily routine to complement regular movement, exercise, and physical activity.*
HYDRATION	*Follow each serving with 16 ounces of water to support your daily hydration needs.*

BEYOND THE BEET

Beetroot may take center stage, but BodyBeet's supporting ingredients bring a remarkable range of botanical properties to the formula. From antioxidant-rich fruits to traditional adaptogens and beneficial probiotics, each adds another dimension to its nutritional profile.*

AMLA & HAWTHORN BERRY

Amla, also known as Indian gooseberry, provides naturally occurring antioxidant compounds, while hawthorn berry has a long history of traditional use in cardiovascular wellness. Together, they complement beetroot's heart-focused nutritional benefits.*

TURMERIC & BLACK PEPPER

BodyBeet combines organic turmeric root with a concentrated extract standardized to at least 95% curcuminoids. Black pepper contributes piperine, a natural compound studied for its ability to enhance curcumin absorption.*

SCHISANDRA, ASHWAGANDHA & GINSENG

These traditional adaptogenic botanicals are valued for their roles in supporting the body's response to everyday stress, maintaining resilience, and promoting overall vitality.*

A BROAD SPECTRUM OF PLANT NUTRITION

Green tea, rosehip, acerola, bilberry, garlic, noni, and astragalus contribute additional naturally occurring plant compounds, broadening the formula's antioxidant and nutritional profile.*

WHY WHOLE PLANT NUTRITION?

Whole plants provide more than a single isolated nutrient. They contain naturally occurring combinations of vitamins, minerals, and phytonutrients that contribute to overall nutritional value.

BodyBeet draws from a diverse range of fruits, roots, leaves, and berries, bringing these complementary plant compounds together in one convenient daily serving.*

COMPLEMENTARY PROBIOTIC STRAINS

BodyBeet also includes *Bacillus coagulans*, *Bacillus subtilis*, and *Bacillus clausii*, three spore-forming probiotic species included to complement the formula's broader nutritional approach.*

THE GUT CONNECTION

The digestive system does more than just process food. It also plays an important role in nutrient utilization and overall wellness. A balanced intestinal environment helps support normal digestive function and contributes to the body's broader nutritional needs.

BodyBeet's three spore-forming probiotic species add a different dimension to its botanical composition, complementing the formula's plant-based ingredients with an additional focus on digestive wellness.*

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FREQUENTLY ASKED QUESTIONS

WHAT IS BODYBEET DESIGNED TO SUPPORT?
BodyBeet is formulated to support cardiovascular wellness, healthy circulation, nitric oxide production, and everyday vitality. Its beetroot foundation and complementary botanicals provide nutritional and antioxidant support as part of a heart-conscious lifestyle.*

HOW IS BODYBEET DIFFERENT FROM ORDINARY BEETROOT POWDER?
While conventional beetroot powders contain only beetroot, BodyBeet combines organic beetroot with a diverse selection of fruits, roots, herbs, and probiotics. This broader formulation offers more than a single-ingredient approach to daily nutritional support.*

DOES BODYBEET CONTAIN CAFFEINE?
BodyBeet contains organic green tea leaf powder, which naturally contains caffeine. The finished product's caffeine content has not been established, so BodyBeet should not be considered caffeine-free.*

CAN BODYBEET BE PART OF MY DAILY WELLNESS ROUTINE?
Yes. BodyBeet is designed to complement healthy everyday habits, including balanced nutrition, regular physical activity, and adequate hydration. Follow the suggested use on the label and consult your healthcare provider if you have questions about incorporating it into your routine.*

CAN I TAKE BODYBEET WITH MEDICATIONS OR OTHER SUPPLEMENTS?
If you take prescription medications or other supplements, consult your healthcare provider before using BodyBeet. This is especially important if you take blood pressure medications, blood thinners, or medications that affect blood glucose, because some ingredients may have overlapping effects or interactions.*

CAUTIONS

- Safety Group 3: Not for use by children under 10 years of age and pregnant or nursing women.
- Do not exceed the recommended serving unless directed by a healthcare professional.
- Keep out of reach of children and pets.
- A doctor's advice should be sought before using this and any supplemental dietary product.

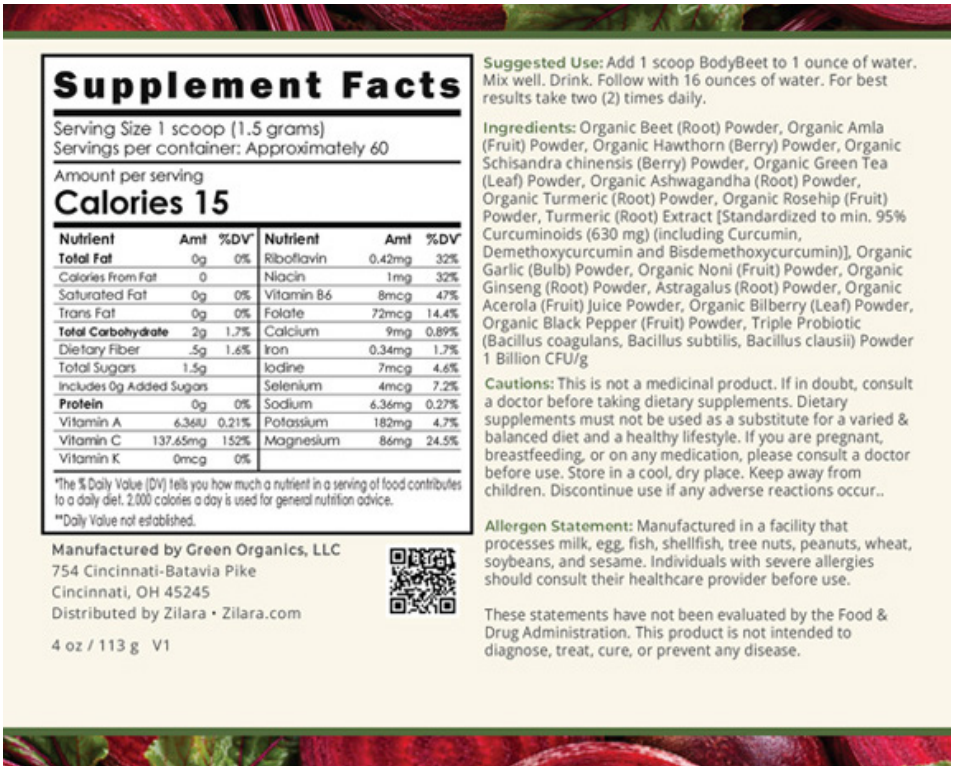
The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

THE ZILARA PHILOSOPHY

Whole ingredients. Thoughtful formulas. No unnecessary extras.*

- No isolated compounds.
- No stimulants.
- No synthetic vitamins or minerals.
- No fillers or flow agents.
- Whole-plant entourage effect, every formula.

**Read the founder's letter at zilara.com.*



Supplement Facts

Serving Size 1 scoop (1.5 grams)
Servings per container: Approximately 60

Amount per serving
Calories 15

Nutrient	Amt	%DV*	Nutrient	Amt	%DV*
Total Fat	0g	0%	Riboflavin	0.42mg	32%
Calories From Fat	0		Niacin	1mg	32%
Saturated Fat	0g	0%	Vitamin B6	8mcg	47%
Trans Fat	0g	0%	Folate	72mcg	14.4%
Total Carbohydrate	2g	1.7%	Calcium	9mg	0.89%
Dietary Fiber	.5g	1.6%	Iron	0.34mg	1.7%
Total Sugars	1.5g		Iodine	7mcg	4.6%
Includes 0g Added Sugars			Selenium	4mcg	7.2%
Protein	0g	0%	Sodium	6.36mg	0.27%
Vitamin A	6.36IU	0.21%	Potassium	182mg	4.7%
Vitamin C	137.65mg	152%	Magnesium	86mg	24.5%
Vitamin K	0mcg	0%			

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
**Daily Value not established.

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4 oz / 113 g V1

Suggested Use: Add 1 scoop BodyBeet to 1 ounce of water. Mix well. Drink. Follow with 16 ounces of water. For best results take two (2) times daily.

Ingredients: Organic Beet (Root) Powder, Organic Amla (Fruit) Powder, Organic Hawthorn (Berry) Powder, Organic Schisandra chinensis (Berry) Powder, Organic Green Tea (Leaf) Powder, Organic Ashwagandha (Root) Powder, Organic Turmeric (Root) Powder, Organic Rosehip (Fruit) Powder, Turmeric (Root) Extract [Standardized to min. 95% Curcuminoids (630 mg) (including Curcumin, Demethoxycurcumin and Bisdemethoxycurcumin)], Organic Garlic (Bulb) Powder, Organic Noni (Fruit) Powder, Organic Ginseng (Root) Powder, Astragalus (Root) Powder, Organic Acerola (Fruit) Juice Powder, Organic Bilberry (Leaf) Powder, Organic Black Pepper (Fruit) Powder, Triple Probiotic (Bacillus coagulans, Bacillus subtilis, Bacillus clausii) Powder 1 Billion CFU/g

Cautions: This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur..

Allergen Statement: Manufactured in a facility that processes milk, egg, fish, shellfish, tree nuts, peanuts, wheat, soybeans, and sesame. Individuals with severe allergies should consult their healthcare provider before use.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.