SLIM & TRIM TRILOGY

HOW-TO

Ready to cleanse, shed, and refresh your body naturally? The Slim & Trim Trilogy is your ultimate detox and weight loss solution!

This powerful pack is designed to flush toxins, boost metabolism, and curb cravings, while helping you feel lighter, more energized, and in control of your weight loss or wellness journey.

Tulsi Trim: Harness the power of Holy Basil and cleansing botanicals to support stress relief, digestion, and natural detoxification, helping you feel balanced and refreshed every day.

Slimmer Pro: Rev up your metabolism and say goodbye to those stubborn cravings with this potent blend, making healthy weight management easier and more effective.

FREE! VitaliTEA: Refresh and rejuvenate with this cleansing tea that not only soothes but also helps flush out toxins, leaving you feeling light and revitalized.

Together, these products work in harmony to help you ignite your vitality and reach your wellness goals. Whether you want to increase energy, support weight management, or simply feel amazing, this is your ultimate go-to solution!

Benefits

- Speeds up metabolism*
- Encourages natural fat loss*
- Helps curb cravings*
- Supports healthy weight management*
- Flushes out toxins*
- Balances blood sugar levels*
- Cleanses the digestive tract*
- Strengthens the immune system*

Tulsi Trim promotes natural detoxification while supporting digestion, stress relief, and metabolism, making it a perfect addition to any wellness routine for balance and vitality.*

→ *Mix one scoop with up to 8 ounces of warm water or your favorite beverage, once or twice daily, or as advised by your healthcare professional.**

Slimmer Pro is a targeted blend of clinically proven, plant-based ingredients designed to support fat loss, curb cravings, and naturally boost metabolism without stimulants or crashes.*

→ *Mix 2 scoops into 16 ounces of water twice per day, ideally 30 minutes before meals.**

VitaliTEA features herbs renowned for their stress-relieving properties, and its active medicinal components to block the release of cortisol, leaving you feeling tranquil & relaxed.*

→ *Add 1 teaspoon to 4 cups of hot water, cover, and steep for 2 to 8 hours. Drink 4 cups a day.*

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Tulsi Trim Tea

original holy basil detox tea

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suggested use

- Mix one scoop with up to 8 ounces of water or your favorite beverage, once or twice daily, or as advised by your healthcare professional.

ingredients

Organic Ocimum tenuiflorum (Holy Basil), Organic Althaea officinalis (Marshmallow) Root, Organic Cnicus benedictus (Blessed Thistle), Organic Cassia angustifolia (Senna) Leaf, Organic Carica papaya (Papaya) Fruit Extract, Organic Zingiber officinale (Ginger) Root, Organic Matricaria recutita (Chamomile) Flower, Organic Glycyrrhiza glabra (Licorice) Root

ingredient highlights

- **Holy Basil (Tulsi)**: A powerful adaptogen that helps manage stress, enhance mental clarity, and support immunity. Rich in antioxidants and anti-inflammatory compounds, it combats oxidative stress, promotes joint health, and aids respiratory function. It may also help regulate blood sugar and improve insulin sensitivity.*
- **Licorice Root**: This naturally soothing root supports respiratory health by calming coughs, easing sore throats, and reducing irritation. It also promotes digestive wellness, helping to relieve acid reflux, ulcers, and gastrointestinal discomfort. With its potent anti-inflammatory properties, licorice root helps reduce inflammation and supports adrenal health for balanced energy and over well-being.*
- **Chamomile Flower**: Known for relaxation and digestion, chamomile helps ease bloating, reduce inflammation, and soothe the gut. Its antioxidants support liver function, protect cells, and promote restful sleep.*

product summary

This powerful herbal blend is designed to promote stress relief, digestion, detoxification, and overall vitality. With its natural adaptogenic properties, it helps balance mood, strengthen immunity, and support the body's response to stress.

Soothing and restorative, it supports gut health, eases bloating, and encourages gentle detoxification, promoting liver function and natural bowel regularity. Its calming properties also aid relaxation, reduce inflammation, and support restful sleep, making it the perfect addition to your daily wellness routine.

Rich in antioxidants, Tulsi Trim helps combat oxidative stress, regulate blood sugar, and support weight management, delivering balance, clarity, and vitality in every sip!*

benefits

- **Flushes toxins** to support a natural body cleanse, helping to remove impurities and restore balance for overall wellness.*
- **Promotes gut balance** by eliminating harmful waste and supporting a healthy microbiome, which is essential for digestion and detoxification.*
- **Enhances nutrient absorption** by clearing out built-up toxins, allowing the body to more efficiently absorb essential vitamins and minerals.*
- **Supports liver function** by aiding in the breakdown and elimination of toxins, ensuring the body's natural detox pathways work optimally.*

responsible cautions

- Holy Basil (Tulsi) Tea may modify glucose regulation.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

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Tulsi Trim Tea

original holy basil detox tea

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main constituents

HOLY BASIL (TULSI)

- **Eugenol**: A natural compound that offers anti-inflammatory, antioxidant, and antimicrobial benefits, supporting immunity, reducing inflammation, and promoting oral health.*
- **Ursolic acid**: A natural compound known for its powerful health benefits, including reducing inflammation, fighting tumors, and combating viruses.*
- **Saponins**: Possess properties that help lower cholesterol levels, reduce blood pressure, and support heart health.*
- **Vitamin C, calcium, iron, zinc, and chlorophyll**: Essential nutrients which support immunity, bone health, oxygen circulation, and detoxification.*

Clinical studies for Holy Basil:
- https://pmc.ncbi.nlm.nih.gov/articles/PMC4296439/
- https://pubmed.ncbi.nlm.nih.gov/36770859/

BLESSED THISTLE

- **Cnicin**: The main compound in Blessed Thistle, cnicin gives the plant its bitter taste and supports digestion by stimulating saliva and gastric acid production.*
- **Polyacetylenes**: Natural compounds known for their potential to help the body fight bacterial infections. Additionally, these compounds may support the immune system, reduce inflammation, and promote overall health.*

Clinical studies for Blessed Thistle:
- https://pubmed.ncbi.nlm.nih.gov/12677537/
- https://pubmed.ncbi.nlm.nih.gov/38718639/

SENNA LEAF

- **Sennosides**: The primary chemical constituents of senna leaves are anthraquinone glycosides, specifically known as sennosides (sennosides A and B), which are responsible for its laxative effect; these are derived from the anthraquinone aglycones rhein and aloe-emodin.*

Clinical studies for Senna Leaf:
- https://pubmed.ncbi.nlm.nih.gov/36644449/
- https://pubmed.ncbi.nlm.nih.gov/36080355/

GINGER

- **Enzymes**: Gingerols and shogaols are the main bioactive compounds in ginger, contributing to its medicinal properties.*
- **Volatile Oils**: Ginger also contains volatile oils including zingiberene, which contributes to its distinct aroma.*

Clinical studies for Ginger:
- https://pmc.ncbi.nlm.nih.gov/articles/PMC9779757/
- https://pmc.ncbi.nlm.nih.gov/articles/PMC7866215/

PAPAYA

- **Enzymes**: The key chemical component is papain, a proteolytic enzyme found in unripe papaya, which aids in protein digestion.*
- **Carotenoids**: Beta-carotene and beta-cryptoxanthin are powerful antioxidants that support eye health, strengthen the immune system, and promote radiant, healthy skin.*

Clinical studies for Papaya:
- https://pmc.ncbi.nlm.nih.gov/articles/PMC8066973/
- https://pubmed.ncbi.nlm.nih.gov/31315213/

MARSHMALLOW ROOT

- **Mucilage**: A sticky, gel-like substance that forms a protective coating on mucous membranes, providing soothing relief to irritated tissues.*
- **Polysaccharides**: These complex carbohydrates make up the majority of the mucilage and include components like galacturonic acid, rhamnose, and galactose.*
- **Flavonoids**: Antioxidants like isoquercitrin and hypolaetin glycosides which contribute to the plant's potential anti-inflammatory effects.*

Clinical studies for Marshmallow Root:
- https://pmc.ncbi.nlm.nih.gov/articles/PMC6912529/
- https://pmc.ncbi.nlm.nih.gov/articles/PMC10420783/

CHAMOMILE

- **Flavonoids**: Antioxidants that protect cells, reduce inflammation, and support heart health. Found in plants, they boost immunity, promote circulation, and enhance overall wellness.*
- **Carotenoids**: Natural compounds with anti-inflammatory, antioxidant, and antimicrobial properties. They support immune function, promote respiratory health, and aid in stress relief.*

Clinical studies for Chamomile:
- https://pmc.ncbi.nlm.nih.gov/articles/PMC9822300/
- https://pubmed.ncbi.nlm.nih.gov/36297396/

LICORICE ROOT

- **Glycyrrhizin**: Supports immune function, reduces inflammation, and promotes liver and respiratory health.*
- **Flavonoids**: Powerful antioxidant and anti-inflammatory compounds, supporting immune function, protecting liver health, and promoting respiratory wellness.*

Clinical studies for Chamomile:
- https://pmc.ncbi.nlm.nih.gov/articles/PMC7123875/
- https://pmc.ncbi.nlm.nih.gov/articles/PMC7175350/

Slimmer Pro

maximum glp-1 activator formula

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Slimmer Pro is a powerful, plant-based supplement designed to support healthy weight loss, curb cravings, and boost metabolism - naturally and without the crash. Featuring five clinically studied, patented ingredients - DygloFit®, Lepticore®, Slendacor®, Sensoril®, and Cissus CQR-300® - this advanced formula works synergistically to promote fat burning, appetite control, and metabolic balance.* It also supports digestion, blood sugar stability, and energy levels, making it a smart solution for those looking to manage weight, feel better in their body, and maintain long-term wellness.*

DIRECTIONS

- Mix 1 scoop of SLIMMER into 8 ounces of water, ideally 30 minutes before meals. SLIMMER can be taken up to 3 times per day.*

Nutrition Facts

Serving Size: 1 scoop (2.25g) Servings per container: 30

Amount per serving
Calories 20

		% DV*
Total Fat	**0g**	**0%**
Calories From Fat	0	
Saturated Fat	0g	*
Trans Fat	0g	
Cholesterol	**0g**	**0%**
Sodium	**24mg**	**1%**
Total Carbohydrate	**4g**	**1%**
Dietary Fiber	3g	14%
Sugars	1g	
Added Sugars	0g	
Protein	0g	
Vitamin A (from Beta Carotene)	225mcg	25%
Vitamin C (as Ascorbic Acid)	45mg	50%
Vitamin D (as Vitamin D2)(1000iu)	25mcg	125%
Vitamin E (as d-alpha-tocopherol)	5mg	30%
Vitamin K1 (Phylloquinone)	191mcg	160%
Vitamin B1 (Thiamine)	.09mg	8%
Vitamin B2 (Riboflavin)	.15mg	13%

		% DV*
Vitamin B3 (Niacin)	3.2mg	2%
Vitamin B5 (Pantothenic acid)	1.25mg	25%
Vitamin B6 (Pyridoxine)	.34mg	17%
Vitamin B7 (Biotin)	7.5mcg	25%
Vitamin B9 (Folate)	100mcg	25%
Vitamin B12 (Methylcobalamin)	.6mcg	25%
Chromium	17.5mcg	50%
Calcium	490mg	3%
Copper	.225mg	25%
Iodine	12mcg	8%
Iron	.64mg	8%
Magnesium	12.8mg	4%
Potassium	470mg	11%
Manganese	.76mg	30%
Molybdenum	15mcg	30%
Selenium	3.3mcg	6%
Zinc	.88mg	1%

Amount per serving		% Daily Value*
Adipose Fat Burner Blend	**1150mg**	*
Slendacor® (*Blend of Moringa (Moringa oleifera) Leaf Extract; Curry (Murraya koenigii) Leaf Extract; Turmeric (Curcuma longa) Root Extract*)	900mg	*
Green Coffee Bean Extract; Organic Siberian Ginseng (*Eleutherococcus senticosus*) Root Powder; Organic Panax Ginseng Root Extract (*2% Ginsenosides*)	250mg	*
AMPK Metabolic Activator Blend	**500mg**	*
Dyglofit® (*Dichrostachys glomerata*) Fruit Extract Powder	400mg	*
Turmeric (*Curcuma longa*) Root Powder; Mango (*Mangifera indica*) Fruit Powder; Beet (*Beta vulgaris*) Root Powder; Sea Buckthorn (*Hippophae rhamnoides*) Fruit Powder; Garcinia Cambogia (*Garcinia gummi-gutta*) Fruit Powder	100mg	*
GLP-1 Blood Sugar Support Blend	**450mg**	*
Organic Lemon (*Citrus limon*) Powder; Organic Mulberry (*Morus alba*) Leaf Extract Powder; Organic Agave (*Agave tequilana*) Inulin	150mg	*
LeptiCore® (Gum Arabic (*Acacia Arabica*); Guar Gum (*Cyamopsis Tetragonoloba*); Locust Bean Gum (*Ceratonia Siliqua*); Pomegranate (*Punica Granatum*) Extract; Blue Green Algae (*Aphanizamenon Fios-aguae*) Extract; and Beta-Carotene)	150mg	*
Cissus CQR-300®(*Cissus quandrangularis*) extract (stems and leaf) [Standardized for min 2.5% Total Phytogenic ketosterones (3.75mg)]	150mg	*
Be Happy Hydration & Energy Blend	**150mg**	*
Sensoril® Ashwagandha (*Withania somnifera*) Root and Leaf Extract (10% Withanolides)	100mg	*
Coconut (*Cocos nucifera*) Water Powder; Irish Sea Moss (*Chondrus crispus*) Powder; Chamomile (*Matricaria chamomilla*) Flower Powder; Fulvic Acid Mineral Powder; Organic Maca (*Lepidium meyenii*) Root Powder; Organic Goji (*Lycium barbarum*) Juice Powder; Organic Cordyceps (*Ophiocordyceps sinensis*) Mushroom Powder; Organic Lion's Mane (*Hericium erinaceus*) Mushroom Powder; Organic Astragalus (*Astragalus membranaceus*) Root Extract (10:1); Organic Reishi (*Ganoderma lucidum*) Mushroom Powder; Organic Amla (*Phyllanthus emblica*) Fruit Powder	50mg	*

*Daily Value not established. The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Cautions: This product may lower blood glucose. Consult your healthcare provider before use if taking blood sugar-lowering medication.

Allergen Information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.

Important Information: This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.

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Slendacor® is a registered trademark of PLT Health Solutions, used under license.
Cissus quadrangularis CQR-300® is a registered trademark of Gateway Health Alliances, Inc. US PATENT 8,318,213.
Lepticore® is a proprietary premix and is a registered trademark of Gateway Health Alliances, Inc. US PATENT 10,279,001.
DygloFit® is a registered trademark of Gateway Health Alliances, Inc.
Sensoril® is a registered trademark of Kerry Company, used under license.

CAUTIONS

- **Safety Group 4**: Not for use by children, pregnant or nursing women, or individuals with weakened immune systems.*
- This product may lower blood glucose. Consult your healthcare provider before use if taking blood sugar-lowering medication.
- Keep out of reach of children.*
- A doctor's advice should be sought before using this and any supplemental dietary product.*

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Slimmer Pro

maximum glp-1 activator formula

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MEDICINAL CONSTITUENTS

SLENDACOR®

- **Curcuminoids**: The active compounds in turmeric, they are known for their powerful anti-inflammatory and antioxidant properties. Research suggests they may help combat obesity by improving insulin sensitivity, reducing fat tissue growth, and supporting healthy metabolism. Curcuminoids also aid in reducing inflammation linked to weight gain and metabolic dysfunction, making them a valuable nutrient for weight management and overall wellness.*

- **Phenolic Acids**: These powerful plant compounds area known for their antioxidant and anti-inflammatory properties, which play a key role in supporting weight management and metabolic health. They help protect cells from oxidative stress, regulate blood sugar levels, and reduce inflammation linked to obesity. By promoting healthier fat metabolism and supporting liver function, phenolic acids contribute to overall wellness and a more balanced metabolic state.*

Clinical studies for Slendacor:

- https://pmc.ncbi.nlm.nih.gov/articles/PMC7455912/
- https://pmc.ncbi.nlm.nih.gov/articles/PMC7886504/
- https://pmc.ncbi.nlm.nih.gov/articles/PMC4104627/

DYGLOFIT®

- **Flavonoids**: These plant-based compounds with strong antioxidant and anti-inflammatory effects, have been shown to support weight management and metabolic health. They help regulate fat metabolism, improve insulin sensitivity, and reduce inflammation often associated with obesity. By protecting cells from oxidative stress and supporting healthy blood sugar levels, flavonoids play a key role in maintaining a balanced metabolism and promoting long-term wellness.*

Clinical studies for DygloFit:

- https://pubmed.ncbi.nlm.nih.gov/39313865/
- https://pmc.ncbi.nlm.nih.gov/articles/PMC9143725/
- https://pmc.ncbi.nlm.nih.gov/articles/PMC7281205/

LEPTICORE®

- **Polysaccharides**: Complex carbohydrates found in plants that offer a range of health benefits, especially in supporting balanced blood sugar levels and healthy weight management. These natural compounds slow the absorption of glucose in the bloodstream, helping to prevent blood sugar spikes and crashes. Additionally, they promote satiety and support gut health, both of which play a key role in appetite control and metabolic balance.*

Clinical studies for Lepticore:

- https://pubmed.ncbi.nlm.nih.gov/20170522/
- https://pubmed.ncbi.nlm.nih.gov/26742071/
- https://pubmed.ncbi.nlm.nih.gov/23684435/

CISSUS CQR-300®

- **Quercetin**: A powerful antioxidant and flavonoid known for its anti-inflammatory and blood sugar-regulating properties. It helps improve insulin sensitivity, reduce oxidative stress, and support glucose metabolism, making it beneficial for maintaining healthy blood sugar levels. Quercetin may also protect pancreatic cells, reduce sugar absorption in the gut, and support overall metabolic health, making it a valuable nutrient for blood sugar controls.*

Clinical studies for Cissus CQR-300®:

- https://pubmed.ncbi.nlm.nih.gov/17274828/
- https://pubmed.ncbi.nlm.nih.gov/16948861/
- https://pubmed.ncbi.nlm.nih.gov/29912570/

SENSORIL®

- **Withanolides**: These active compounds found in ashwagandha are known for their adaptogenic, anti-inflammatory, and antioxidant properties. They help reduce stress-related weight gain by lowering cortisol levels, supporting balanced energy, and improving metabolic function. Withanolides also aid in regulating blood sugar and reducing inflammation, making them valuable for managing weight and promoting overall metabolic and hormonal health.*

Clinical studies for Sensoril:

- https://pmc.ncbi.nlm.nih.gov/articles/PMC6266766/
- https://pmc.ncbi.nlm.nih.gov/articles/PMC6438434/

SIBERIAN GINSENG

- **Eleutherosides**: These active compounds are known for their adaptogenic properties that help the body manage stress and maintain energy balance. They support weight management by reducing stress-induced cravings, promoting fat metabolism, and enhancing physical stamina. Eleutherosides also help regulate blood sugar and support adrenal and liver function, making them beneficial for overall metabolic health and resilience.*

Clinical studies for Ginseng:

- https://pubmed.ncbi.nlm.nih.gov/14971626/
- https://pubmed.ncbi.nlm.nih.gov/15207399/
- https://pubmed.ncbi.nlm.nih.gov/18607235/

AGAVE INULIN

- **Fructan**: A type of prebiotic fiber known for powerful health benefits - especially when it comes to digestion, weight management, and blood sugar control. By feeding beneficial gut bacteria, fructans help improve gut health and support a healthy inflammatory response. They also slow carbohydrate absorption, promoting more stable blood sugar levels and reducing cravings.*

Clinical studies for Inulin:

- https://pubmed.ncbi.nlm.nih.gov/37101209/
- https://pubmed.ncbi.nlm.nih.gov/35381290/
- https://www.mdpi.com/2072-6643/16/17/2935

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VITALITEA

Superfood Infused
Herbal Tea for Whole Body Detox

VitaliTEA is a multi-herb infusion traditionally used to support digestive balance, gentle elimination, and daily energy through plant-based compounds. Crafted from a broad spectrum of botanicals including green, oolong, and matcha teas alongside roots, spices, and calming herbs, it delivers a naturally complex matrix of phytonutrients such as polyphenols, flavonoids, terpenes, and plant alkaloids. These compounds are water-extracted through extended steeping, creating a rich, bioavailable infusion that is traditionally used to support digestive flow, nutrient assimilation, and metabolic activity.

Unlike quick-steep teas, VitaliTEA is designed for time and depth. As the herbs steep, they release a wider range of water-soluble compounds, resulting in a more complete extraction that reflects how herbal infusions have been prepared in traditional wellness practices. The result is a tea that works with the body's natural processes - supporting internal balance, digestive rhythm, and sustained, steady energy without overstimulation.

FUNCTIONAL CONSTITUENTS

Polyphenols	Naturally occurring plant compounds found in green, matcha, and oolong teas. Polyphenols are widely studied for their antioxidant activity and are used to support cellular balance, metabolic function, and overall vitality.
Flavonoids	A diverse class of phytonutrients present across many of the herbs in VitaliTEA. Flavonoids contribute to the tea's antioxidant profile and are traditionally used to support circulation, digestive function, and the body's natural detoxification processes.
Volatile & Aromatic Compounds	Compounds such as terpenes and essential oil components found in spices and herbs like ginger, fennel, cardamom, and clove. These constituents are traditionally used to support digestive flow, reduce occasional discomfort, and enhance the overall absorption and experience of the infusion.
Clinical Studies:	https://pmc.ncbi.nlm.nih.gov/articles/PMC10978763/ https://pubmed.ncbi.nlm.nih.gov/30881359/ https://pubmed.ncbi.nlm.nih.gov/35413752/ https://pubmed.ncbi.nlm.nih.gov/34098806/

HOW WE SOURCE

Herbal teas vary widely in quality depending on plant selection and processing. Many blends rely on low-grade material, artificial flavors, or overly processed ingredients that limit their effectiveness.

We source VitaliTEA using organic herbs selected for their traditional use and phytochemical diversity. Each botanical is carefully dried and cut to preserve its natural structure and water-soluble compounds for a more complete extraction during steeping.

The result is a clean, balanced infusion made from leaves, roots, flowers, and spices - crafted to reflect both traditional herbal practice and modern quality standards..

OUR VITALITEA IS:

- Organic botanical blend
- Multi-herb infusion of leaves, roots, and spices
- Free from artificial flavors and fillers
- Selected for phytochemical diversity
- Balanced for extended steeping

We do not use synthetic flavoring, low-grade sweepings, powdered fillers, or artificially boosted tea blends.

WHAT TO LOOK FOR VS. WHAT TO AVOID

Look For:

- Organic herbal blends*
- Whole or properly cut botanicals*
- Diverse multi-herb formulas*
- Clean, natural aroma*
- Clear, transparent sourcing*

Avoid:

- Artificial flavors/sweeteners*
- Powdered/dusty plant material*
- Low-grade tea sweepings*
- Overly bitter or flat taste*
- Unclear/undisclosed sourcing*

FBN HEART & BODY NATURALS

MANUFACTURED BY:
Green Organics, LLC
Heart & Body Naturals

support@hbnaturals.com
HBNaturals.com
Pure Plant Intelligence™

754 Cincinnati-Batavia Pike
Cincinnati, OH 45245

HOW TO USE VITALITEA

VitaliTEA is prepared as a long-steep infusion rather than a quick cup of tea. This extended steeping allows a broader range of water-soluble plant compounds to be released.

Many prefer to prepare a full batch in the morning or the night before, then sip it gradually throughout the day. It is commonly used as part of a daily routine or during periods when digestive support is desired.

Stillroom Use Notes

VitaliTEA works best when prepared consistently and allowed adequate time to steep. A slower preparation yields a more complete infusion and a more balanced overall profile.

USAGE SUGGESTIONS

- Bring 4 cups of water to a boil, then remove from heat.
- Add 1 teaspoon of VitaliTEA and cover.
- Steep a minimum of 2 hours, or up to 12 hours for deeper extraction.
- Strain and refrigerate. May be enjoyed hot or cold.
- Drink the full quart throughout the day, preferably before 4:00 pm.*

Supplement Facts **Serving Size**: 1 teaspoon

	Amount Per Serving	%DV
Calories	0	
Calories from fat	0	
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Total Carbohydrate	0g	0%
Dietary Fiber	0g	0%
Sugars	0g	
Protein	0g	0%
Vitamin A	0g	0%
Vitamin C	0g	0%
Calcium	0g	0%
Iron	0g	0%

Ingredients: Organic Green Tea, Organic Matcha Green Tea, Organic Oolong Tea, Organic Red Clover Herb, Organic Passionflower, Organic Cacao Nibs, Organic Cinnamon Bark, Organic Yerba Mate, Organic Licorice Root, Organic Burdock Root, Organic Chamomile Flowers, Organic Eleuthero Root, Organic Lemon Peel, Organic Alfalfa, Organic Ginger Root, Organic Clove

Important information: This is not a medicinal product. If in doubt consult a doctor before taking food supplements. Food supplements must not be used as a substitute for a varied & balanced diet & a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool dry place. Keep away from children. Discontinue use if any adverse reactions occur.

Allergy information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs and may contain traces of all of the above.

**Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.*
†Daily Value not established.

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VITALITEA IN THE STILLROOM

VitaliTEA holds a functional place in the stillroom. It is not used as a quick stimulant or occasional cleanse, but as a steady infusion worked into daily rhythm.

Prepared in larger batches and taken throughout the day, it is traditionally used to support digestive flow, elimination, and steady energy without sharp peaks or sudden drops. It is often used during periods of dietary reset or when digestion needs added support.

In the stillroom, VitaliTEA is treated as a working tea, steeped with intention and used regularly rather than sporadically. Its role is supportive and cumulative, building over time as part of a grounded daily practice.

WHAT IT SUPPORTS

VitaliTEA is traditionally used to support the body through digestion, elimination, and daily metabolic activity. As a multi-herb infusion, it works across systems rather than targeting a single function. When used consistently, it supports:

- Digestive flow and regular elimination*
- Natural detoxification processes*
- Metabolic activity and energy levels*
- Nutrient absorption and utilization*
- Gut environment and digestive balance*

VitaliTEA is not used for quick or extreme results. It works best when used consistently as part of a daily routine that supports balance, rhythm, and the body's natural processes.

CAUTIONS

- Safety Group 3: Never recommended for children or while pregnant or nursing.
- Keep out of reach of children.
- A doctor's advice should be sought before using this and any supplemental dietary product.

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