

CLOVE BUD

SYZYGIUM AROMATICUM

Country of Origin: Sri Lanka

Steam Distilled from buds

Clove Bud is a steam-distilled spice oil derived from the unopened flower buds, known for its intense warmth, penetrating aroma, and highly active chemical profile. Dominated by eugenol, it carries a sharp, spicy character that is both stimulating and deeply supportive to the body's defense and response systems. Unlike softer spice oils, clove does not blend into the background - it moves quickly, bringing heat, circulation, and a strong sense of activation.

Traditionally used when the system feels sluggish, compromised, or under stress, clove works to stimulate movement - whether in digestion, immune response, or localized circulation. It is often reached for in situations requiring strength and resilience, helping the body respond more efficiently while creating an internal environment less hospitable to unwanted microbial activity. Used properly, it is both powerful and precise, delivering targeted support without subtlety.

FUNCTIONAL CONSTITUENTS

Eugenol The dominant phenol in clove bud, eugenol is responsible for its intense warming, activating quality. It is widely studied for its antimicrobial, analgesic, and stimulating effects - supporting immune response, oral health, and localized discomfort. It drives clove's ability to both defend and mobilize.

Eugenol Acetate A gentler ester that softens the sharpness of eugenol while contributing to clove's calming and modulating effects. It helps round out the oil's profile, offering a slight smoothing influence on both the nervous system and overall sensory experience.

α -Pinene A sesquiterpene known for its interaction with the body's endocannabinoid system, supporting inflammatory response and tissue comfort. It adds depth to clove's profile, helping balance its intensity with a more grounding, stabilizing effect.

Clinical Studies: <https://pmc.ncbi.nlm.nih.gov/articles/PMC12558857/>
<https://pubmed.ncbi.nlm.nih.gov/40259325/>
<https://pubmed.ncbi.nlm.nih.gov/37650404/>



HOW WE SOURCE

Clove Bud oil is distilled from the unopened flower buds of *Syzygium aromaticum*, harvested just before they fully open - when eugenol content is at its peak. Precise timing is critical, as immature or over-mature buds produce a weaker, less effective oil.

We prioritize carefully dried buds that are steam distilled in their native growing regions, where conditions support a dense, potent profile. Because of its naturally high phenol content, clove must be handled with care to avoid harsh or burnt notes - we look for oil that is warm, sharp, and clean, never smoky or chemically aggressive.

OUR CLOVE IS:

- ✓ Steam distilled from unopened flower buds
- ✓ Unrefined and not standardized
- ✓ Sourced from native growing regions
- ✓ Distilled in small batches for potency
- ✓ Handled to preserve phenol integrity

We look for oil that carries a strong, clean spice profile with a sharp, warming edge - an immediate sign of proper harvest timing and careful distillation. Harsh, smoky, or chemically aggressive oils are avoided.

WHAT TO LOOK FOR VS. WHAT TO AVOID

Look For:

- Steam distilled from buds*
- Deep, rich spice body*
- Crisp, well-defined aroma*
- Smooth, rounded intensity*
- Stored in dark glass*

Avoid:

- Leaf or stem distillation*
- Flat or lifeless scent*
- Smoky or charred notes*
- Overly biting or acrid edge*
- Clear or plastic packaging*

HOW TO USE CLOVE

Clove Bud is commonly used when the goal is immune support, digestive stimulation, and localized relief. Due to its high phenol content, it should always be used with care and proper dilution.

Aromatic

Diffuse 1–3 drops to create a warm, stimulating environment. Often used during seasonal challenges or when the system feels run down.*

Internal

Add 1 drop to a veggie capsule with a carrier oil. Commonly used to support digestion, microbial balance, and immune response.*

Topical

Dilute heavily with a carrier oil and apply to targeted areas. Often used for localized discomfort, abdominal support, or reflex points.*

Oral Care

Apply 1 drop diluted to gums or teeth using a cotton swab. Commonly used for temporary support of oral discomfort and hygiene.*

WHAT IT SUPPORTS

Clove Bud is traditionally used when the goal is immune defense, digestive activation, and localized relief. It supports:

- Immune system response and microbial balance*
- Digestive function and motility*
- Oral health and gum comfort*
- Circulation and localized warming*
- Occasional discomfort and inflammation response*

Used appropriately, it helps the body feel more active, responsive, and resilient - supporting strength and movement without subtlety.

CLOVE IN THE STILLROOM

Clove Bud has long held a place in the stillroom as a strengthening, protective spice - used when the system feels compromised, sluggish, or in need of activation. Distilled from the unopened buds of *Syzygium aromaticum*, it carries a concentrated warmth that moves quickly, stimulating circulation and supporting the body's natural defenses.

It is often reached for when there is stagnation - digestive, respiratory, or localized discomfort that calls for heat and movement. Rather than soothing or softening, clove works to energize and mobilize, helping the body respond more efficiently. Used with respect for its intensity, it brings a sense of strength, resilience, and forward momentum.

MORE WAYS TO USE CLOVE

Seasonal Defense

Diffuse in small amounts during times of increased exposure. Used to support a stronger, more resilient internal environment.*

Digestive Reset

Use internally in a capsule with a carrier oil after heavy meals. Traditionally used to stimulate digestion and reduce sluggishness.*

Warming Massage

Dilute heavily and apply to abdomen, lower back, or joints. Helps promote circulation and a warming, loosening effect.*

Targeted Oral Care

Apply diluted to a cotton swab and use on specific areas of the gums or teeth. Often used for temporary relief and cleansing support.*

Foot Application

Apply diluted to the bottoms of the feet. Commonly used as a grounding method for systemic support and overall activation.*

CAUTIONS

- Safety Group 2: Generally regarded as safe when properly diluted and used as directed with children over the age of 3 years, and while pregnant starting in the 2nd trimester.
- Keep out of reach of children.
- A doctor's advice should be sought before using this and any supplemental dietary product.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.



CLOVE
syzygium aromaticum
STEAM DISTILLED • SRI LANKA



Directions: For internal use, dilute 1 drop in 4 fl. oz. of water. For topical use, dilute with carrier oil and apply to desired area. For aromatic use, diffuse for 10 minutes per hour.

Supplement Facts
Serving Size: 1 drop
Servings Per Container: About 200

Amount Per Serving **%DV**
Syrzygium aromaticum from Sri Lanka, steam distilled 100%
100% Vape (DVI) Not Evaluated

Caution: Keep out of reach of children. Avoid contact with eyes. Discontinue use if irritation occurs. Store in a cool, dark place. This product is not intended to diagnose, treat, cure, or prevent any disease.



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