

COPAIBA

COPAIFERA OFFICINALIS

Country of Origin: Brazil

Steam Distilled from resin

Copaiba is one of those quiet powerhouses - soft in aroma, but deeply active where it matters. Steam distilled from the resin of the copaiba tree, this oil carries a naturally high concentration of beta-caryophyllene, giving it a uniquely grounding, body-centered presence that feels both calming and restorative. Its warm, slightly sweet, resinous profile makes it easy to incorporate into daily use without overpowering the senses.

Traditionally valued for its soothing and protective properties, copaiba has long been used to support skin health, comfort the body after physical strain, and promote overall balance. Its affinity for the body's systems - especially those tied to inflammation and immune response - makes it a versatile staple in both topical and internal wellness routines.

FUNCTIONAL CONSTITUENTS

Beta-Caryophyllene (BCP)	A dominant sesquiterpene that interacts with CB2 receptors, supporting a balanced inflammatory response and overall system regulation.
Alpha-Humulene	Works synergistically with BCP to promote comfort in the body and support a calm, grounded physical state.
Beta-Bisabolene	Contributes to copaiba's skin-soothing properties and helps support a clear, healthy-looking complexion.
Clinical Studies:	https://pmc.ncbi.nlm.nih.gov/articles/PMC10502340/ https://pmc.ncbi.nlm.nih.gov/articles/PMC6413642/ https://pubmed.ncbi.nlm.nih.gov/28615025/



HOW WE SOURCE

Our copaiba is wild-harvested from the resin of mature copaifera trees in Brazil, where traditional tapping methods allow the tree to continue thriving without being cut down. The oleoresin is carefully collected, then gently steam distilled to preserve its naturally high beta-caryophyllene content and soft, resinous aroma.

We prioritize responsible harvesting and small-batch distillation to ensure purity, potency, and consistency - honoring both the integrity of the oil and the ecosystems it comes from.

OUR COPAIBA IS:

- ✓ Wild-harvested from sustainably tapped tree resin
- ✓ Rich in naturally occurring beta-caryophyllene
- ✓ Steam distilled to preserve full constituent profile
- ✓ Sourced from native Brazilian growing regions
- ✓ Handled in small batches to maintain integrity

We look for oil that carries a soft, warm, resinous profile with a subtle sweetness - an immediate sign of proper distillation and high beta-caryophyllene content. Thin, harsh, or overly sharp oils are avoided.

WHAT TO LOOK FOR VS. WHAT TO AVOID

Look For:

- High beta-caryophyllene*
- Sustainably tapped resin*
- Steam distilled*
- Pale, clear oil*
- Smooth skin feel*

Avoid:

- Harsh or sharp scent*
- Unsustainable harvesting*
- Solvent extracted*
- Dark or cloudy oil*
- Sticky residue*

HOW TO USE COPAIBA

Copaiba is commonly used when the goal is calming inflammation, supporting recovery, and promoting overall system balance. It integrates easily into daily routines through aromatic, topical, and internal use.

Aromatic

Diffuse 3–5 drops to create a calm, grounded environment. Often used to take the edge off tension without sedation.*

Internal

Add 1 drop to water, tea, or a carrier oil. Commonly used to support immune, digestive, and overall systemic balance.*

Topical

Dilute with a carrier oil and apply to areas of discomfort, joints, or skin. Often used after physical activity or for targeted skin support.*

Bath

Add 3–5 drops to bath salts before dispersing in warm water. Commonly used to relax the body and support recovery after strain.*

WHAT IT SUPPORTS

Copaiba is traditionally used when the goal is calming, soothing, and restoring balance across multiple systems. It supports:

- Healthy inflammatory response*
- Joint and muscle comfort*
- Skin clarity and resilience*
- Immune system function*
- Digestive system balance*

Used consistently, it helps the body feel more settled, supported, and responsive - without overstimulation or heaviness.

COPAIBA IN THE STILLROOM

Copaiba has long held a place in the stillroom as a quiet stabilizer, used when the body needs calming without dulling and support without stimulation. Drawn from the resin of *Copaifera* trees, it carries a soft, balsamic profile that works beneath the surface, helping settle reactivity and bring the system back toward balance.

It is often reached for when there is irritation, sensitivity, or lingering physical strain - especially when the goal is to soothe without overwhelming the system. Rather than pushing a strong response, copaiba supports a more grounded, steady baseline. Used consistently, it helps the body feel calmer, more comfortable, and better regulated overall.

MORE WAYS TO USE COPAIBA

Post-Workout Support

Apply diluted to muscles and joints after activity. Helps ease tension and support recovery.*

Skin Soothing Blend

Add to a neutral moisturizer or carrier oil. Commonly used to calm dry, irritated, or uneven skin.*

Daily Balance Ritual

Take internally with water or tea. Supports a more steady, regulated baseline throughout the day.*

Targeted Comfort Massage

Blend with a carrier oil and apply to areas of discomfort. Helps keep the body feeling calm and supported.*

Evening Unwind

Diffuse or apply to chest and neck before rest. Helps the body settle without feeling heavy or sedated.*

CAUTIONS

- Safety Group 3: Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.
- Keep out of reach of children.
- A doctor's advice should be sought before using this and any supplemental dietary product.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.



COPAIBA
copaifera officinalis
STEAM DISTILLED • BRAZIL

Directions: For internal use, dilute 1 drop in 4 fl. oz. of water or tea. For topical use, dilute with carrier oil and apply to desired area. For aromatic use, diffuse 3–5 drops to 10 minutes per hour.

Supplement Facts

Net Weight	10 mL (0.34 fl. oz.)
Servings Per Container	About 200
Amount Per Serving	25% DV
% Daily Value	Based on a diet of natural wellness

Caution: Keep out of reach of children. Avoid contact with eyes. Discontinue use if irritation occurs. Store in a cool, dark place. This product is not intended to diagnose, treat, cure, or prevent any disease.



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