

# LYME DISEASE

## SUPPORT PROTOCOL

Lyme disease is an infectious illness caused by the bacterium *Borrelia burgdorferi*, which is primarily transmitted to humans through the bite of infected black-legged ticks, also known as deer ticks. These ticks become carriers of the bacteria after feeding on infected animals like mice and deer, and then pass it on to humans.\*

The disease is most commonly found in certain regions, particularly in the northeastern, mid-Atlantic, north-central, and western United States, as well as in parts of Europe and Asia. Due to the ticks' habitats, people who spend time in grassy or wooded areas are at a higher risk of exposure to Lyme disease.\*

### SYMPTOMS

Lyme disease can manifest in several stages:

- 1. Early Localized Stage**
  - A characteristic circular rash, often described as a "bull's-eye," appears around the tick bite.\*
  - Flu-like symptoms, such as fever, chills, fatigue, and muscle aches.\*
- 2. Early Disseminated Stage**
  - The infection can spread to other parts of the body.\*
  - Symptoms may include additional rashes, joint pain, and neurological issues (such as meningitis or Bell's palsy).\*
- 3. Late Stage**
  - If left untreated, it can lead to more severe complications, including chronic joint pain (Lyme arthritis) and neurological problems.\*

### DIAGNOSIS

Diagnosis typically involves a review of symptoms, a history of tick exposure, and laboratory testing for antibodies to the bacteria.\*

### TREATMENT

Antibiotics are usually effective in the treatment of Lyme disease, especially when started early. Commonly prescribed antibiotics include doxycycline, amoxicillin, or cefuroxime axetil.\*

### PREVENTION

Preventative measures include avoiding tick-infested areas, using insect repellent, wearing protective clothing, and performing tick checks after outdoor activities. If you suspect you've been exposed to ticks or are showing symptoms, it's crucial to consult a healthcare professional for evaluation and possible treatment.\*



## Ingredients

**Ease:** *Cinnamomum zeylanicum* (Cinnamon Bark), *Zingiber officinale* (Ginger Root), *Mentha piperita* (Peppermint), *Rosemarinus officinalis ct. cineole* (Rosemary ct. 1,8 cineole), *Melaleuca alternifolia* (Tea Tree), *Cupressus sempervirens* (Cypress), *Cymbopogon martinii* (Palmarosa)

**Tri Remedy:** *Thymus vulgaris ct. thymol* (Thyme ct. thymol), *Eugenia caryophyllata* (Clove Bud), *Cinnamomum zeylanicum* (Cinnamon Bark)

## Ease Cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

## Tri Remedy Cautions

- Due to the powerful action of the oils in Tri Remedy, it is not recommended for use with children under 10, the elderly, the infirm, or those with liver-compromised conditions.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

# LYME SUPPORT

## HOW-TO



Tri Remedy is based on an ancient formula used by spice traders which strengthened their immunity and prevented them from contracting deadly diseases during the Black Plague.\*

→ Mix in warm tea or combine with olive oil in a veggie capsule.



Ease is a proprietary blend that supports the body in providing relief from indigestion, nausea, stomach cramps, and food poisoning while helping to strengthen the digestive system.\*

→ Apply 4 drops, neat (undiluted), to the stomach area. Massage in thoroughly.



Tri Remedy is the "heavy artillery". It is the blend of choice when an infection shows up and threatens to become serious, needing rapid and effective intervention.\*

→ Apply 4 drops neat (undiluted) on the sole of each foot.

### HOW TO MAKE TRI REMEDY CAPSULES

- 2 drops Tri Remedy
- 6 drops Olive Oil
- Size "0" Empty Vegan Capsules (100 can be purchased for \$6.99 on Amazon)

Open a capsule and put Olive Oil and Tri Remedy in one end. Close the capsule and swallow with water or other liquid. Do not pre-fill as the oils may dissolve the capsules.\*

### DAYS 1 - 10

- 2 drops of Tri Remedy in a capsule or warm tea three times daily.\*
- 4 drops of Ease on the stomach three times daily.\*
- 4 drops Tri Remedy applied to the sole of each foot one time per day.\*

### DAYS 11 - 20

- 1 drop of Tri Remedy in a capsule or warm tea one time per day.\*
- 4 drops of Ease on the stomach one time per day.\*
- 4 drops of Tri Remedy applied to the sole of each foot one time per day.\*

### DAYS 21 - 30

- 1 drop of Tri Remedy in a capsule or warm tea one time per day.\*
- 4 drops of Ease on the stomach one time per day.\*
- 4 drops of Tri Remedy applied to the sole of each foot one time per day.\*

### DAYS 31 - 37

- Take a break.

### DAYS 38 - 48

- 1 drop of Tri Remedy in a capsule or warm tea; one time per day.\*
- 4 drops of Ease on the stomach one time per day.\*
- 4 drops of Tri Remedy applied to the sole of each foot one time per day.\*

### BEYOND DAY 48

After 1 to 3 months, if symptoms have significantly improved, discontinue internal use of Tri Remedy and continue with the application to the feet as directed for another 3 to 6 months or until feeling normal.\*

If symptoms persist, repeat the following, for up to one year.\*

- 1 drop of Tri Remedy in a capsule or warm tea one time per day.\*
- 4 drops of Ease on the stomach one time per day.\*
- 4 drops of Tri Remedy applied to the sole of each foot one time per day.\*

\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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# TRI REMEDY

protective blend

10ml

**HB**Naturals  
PRODUCT INFORMATION PAGE



## application

Internal • Neat

## safety group #4

## ingredients

Thymus vulgaris ct. thymol (Thyme ct. thymol), Eugenia caryophyllata (Clove Bud), Cinnamomum zeylanicum (Cinnamon Bark)

## responsible cautions

- Due to the powerful action of the oils in Tri Remedy, it is not recommended for use with children under 10, the elderly, the infirm, or those with liver-compromised conditions.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

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## product summary

The recipe for Tri Remedy is based on an ancient formula used by old world spice traders which strengthened their immunity and prevented them from contracting the deadly diseases during the Black Plague in the mid-1300's.\*

Blended with essential spice oils known to have the most potent antibacterial and antiviral properties, Tri Remedy is a natural antibiotic. In some studies, the essential oils in this blend have been shown to be as effective as penicillin and ampicillin, without negative side effects, and without creating resistant strains of bacteria and viruses.\*

Tri Remedy is the "heavy artillery". It is the blend of choice when an infection shows up and threatens to become serious, needing rapid and effective intervention.\*

## uses

- Tri Remedy is recommended for use neat (undiluted) on the soles of feet.\*
- For adults, when symptoms first appear we recommend using the French Intensive Method to boost immunity. Apply 3-4 drops Tri Remedy (can also be enhanced by applying 3-4 drops of Ravintsara) to the soles of feet in the following intervals:\*
  - First hour - every 15 minutes\*
  - Second hour - every half hour\*
  - Remainder of waking hours - once per hour\*
- For serious infections or those not responding quickly enough, internal use of Tri Remedy may be necessary. Take internally in veggie capsules; fill capsule half full with carrier oil, and then add 6 drops of Tri Remedy.\*

## ingredient highlights

- Cinnamon Bark has powerful antimicrobial and antiseptic abilities. An excellent aid for bacterial and fungal infections, it has shown ability to rapidly destroy many types of bacteria.\*
- Clove Bud is a powerful antioxidant with the highest ORAC rating - over 10 million - of any known Essential Oil. It is a potent antiseptic, antiviral, antibiotic, and antimicrobial oil.\*
- Thyme ct. thymol is a wide spectrum anti-infectious agent, supporting the formation of white blood cells. It is especially useful with all sorts of respiratory needs.\*

# Ease

digestive blend

15ml

HBNaturals  
PRODUCT INFORMATION PAGE



## application

Internal • Topical

## safety group

#4

## ingredients

*Cinnamomum zeylanicum* (Cinnamon Bark), *Zingiber officinale* (Ginger Root), *Mentha piperita* (Peppermint), *Rosemarinus officinalis ct. cineole* (Rosemary ct. 1,8 cineole), *Melaleuca alternifolia* (Tea Tree), *Cupressus sempervirens* (Cypress), *Cymbopogon martinii* (Palmarosa)

## uses

- Apply 2 drops on the back of the hand and lick it off.\*
- Put 2 drops in a veggie capsule filled with a carrier oil; take as needed.\*
- Stir 2 drops into water and drink.\*
- Apply 2 drops neat (undiluted) to the digestive organs reflex points of the feet, hands, and back.\*
- Dilute and massage clockwise over the colon area of the abdomen.\*
- For compression, mix 6 drops with 2 quarts of hot or cold water, soak a towel in the water, and apply to the desired location. Cover with a dry towel and heating pad or ice pack.\*

## responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

## product summary

Ease is a proprietary blend of essential oils that support the body in naturally providing relief from indigestion, nausea, stomach cramps, and food poisoning while helping to strengthen the digestive system as a whole. Ease helps the body to absorb more life-sustaining nutrients by slowing rapid digestion and aiding in the digestion of rich foods. The essential oils in Ease are well known for their ability to calm or prevent stomach upset and ease excessive belching, bloating, gas, and hiccups.\*

## primary benefits

- Assists with the digestion of foods.\*
- Assists with occasional stomach upset.\*
- Assists with bloating, gas, and occasional indigestion.\*

## ingredient highlights

- **Cinnamon** has traditionally been used to support digestive health. It may help reduce gastrointestinal discomfort like bloating and indigestion by promoting the production of digestive enzymes. Additionally, cinnamon possesses antimicrobial properties that can contribute to maintaining a healthy balance of gut bacteria.\*
- **Ginger** is a powerful natural remedy that supports healthy digestion. It helps alleviate nausea, reduce bloating, and ease indigestion by stimulating the production of digestive enzymes. Additionally, ginger possesses anti-inflammatory properties that soothe the digestive tract and promote overall gastrointestinal well-being. Incorporating ginger into your diet can enhance digestion, relieve discomfort, and contribute to a healthier, more comfortable digestive system.\*
- **Peppermint** is highly effective for promoting healthy digestion. It helps alleviate bloating, gas, and indigestion by relaxing the muscles of the gastrointestinal tract. Additionally, peppermint can soothe the stomach and reduce nausea, making it a natural remedy for enhancing digestive comfort and overall gut health.\*

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