

# MUSCLE VITALITY PACK

The Muscle Vitality Pack is a natural, science-backed solution designed to support muscle growth, boost testosterone, enhance recovery, and promote overall strength and vitality. Formulated to help you build lean muscle, balance hormones, and reduce post-workout soreness, this powerful combination offers a clean, effective way to fuel your body and perform at your best—without relying on harmful substances.\*

## What's Inside the MVP?

**BodyBeet Max:** Boosts nitric oxide for better endurance, energy, and recovery.\*

**PowerMax Magnesium Oil:** Magnesium plus herbs like Maca and Ashwagandha for testosterone support, muscle growth, and faster recovery.\*

**Wild Yam Magnesium Oil:** Wild yam - used by scientists to create steroids - delivers hormone balance and muscle support naturally, without the risks.\*

**Sun & Primal Essential Oil Blends:** Boost vitality, recovery, and focus with these exclusive blends of grounding, restorative botanicals.\*

## Who Is MVP For?

**For Men:** Reclaim your strength, energy, and confidence. Whether the gym or life, you'll perform like never before.\*

**For Women:** Empower the men in your life with a gift that helps them become their best selves - naturally & safely.\*

## Why Choose the MVP?

With ingredients backed by studies, the Muscle Vitality Pack is designed to:

**Build Muscle:** Boosts strength and endurance.\*

**Boost Testosterone:** Supports natural hormone production.\*

**Enhance Recovery:** Reduces soreness and improves flexibility.\*

Imagine waking up stronger, more energized, and fully in control. Imagine building muscle, boosting your energy, and feeling unstoppable - naturally and without risks. The MVP isn't just a pack of products; it's the key to unlocking your best self.\*

**Don't wait. Reclaim your strength. Reignite your vitality. Transform your life.\***



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BodyBeet Max supports the heart and also provides sustained energy, making it an excellent choice for those seeking a natural way to enhance their daily performance.\*

➔ Add 1-2 scoops of BodyBeet Max to 1 ounce of water. Mix well. Drink. Follow with 16 oz water. For best results take twice daily; before breakfast and before lunch.\*



PowerMax supports hormone production and enhances libido, stamina, endurance, mental clarity, and sexual health.\*

➔ Spray 3-5 pumps directly onto clean skin on areas like your chest, thighs, and torso. Use 1-2 times daily and before workouts or intimacy to maximize effects.\*



Wild Yam Magnesium Oil combines wild yam with magnesium for hormonal balance, muscle recovery, and bone health.\*

➔ Spray 3-5 pumps directly onto clean skin on areas like your chest, thighs, torso, calves, and feet before bedtime. Use 1-2 times daily and before workouts or intimacy to maximize effects.\*



Primal promotes deep relaxation and faster recovery. It's perfect for grounding yourself after a tough workout or preparing for your next challenge.\*

➔ Apply 1-2 drops on the back of the neck to ground and relax or use as a cologne.\*



Sun enhances physical vitality while sharpening mental focus, reducing stress, and improving emotional strength.\*

➔ Apply 1-2 drops on the lower abdomen to assist with mental and emotional exhaustion, or for its aphrodisiac effects.\*

# INGREDIENTS & CAUTIONS

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## Ingredients

**BodyBeet Max:** Organic Beet (Root) Powder, Organic Amla (Fruit) Powder, Organic Hawthorn (Berry) Powder, Organic Schisandra chinensis (Berry) Powder, Organic Green Tea (Leaf) Powder, Organic Ashwagandha (Root) Powder, Organic Turmeric (Root) Powder, Organic Rosehip (Fruit) Powder, Turmeric (Root) Extract [Standardized to min. 95% Curcuminoids (630 mg) (including Curcumin, Demethoxycurcumin and Bisdemethoxycurcumin)], Capros® Amla (Fruit) Extract, Organic Garlic (Bulb) Powder, Organic Noni (Fruit) Powder, Organic Ginseng (Root) Powder, Astragalus (Root) Powder, Organic Acerola (Fruit) Juice Powder, Organic Bilberry (Leaf) Powder, Vitamin C (Ascorbic acid), Organic Black Pepper (Fruit) Powder, Triple Probiotic (Bacillus coagulans, Bacillus subtilis, Bacillus clausii) Powder 1 Billion CFU/g

**Trademark Declaration:** Capros® is a registered trademark of Kerry Company, used under license.



**Power Max Magnesium Oil:** Purified water, 100% pure magnesium chloride brine from the Ancient Zechstein seabed in the Netherlands, Organic Epimedium (Horny Goat Weed) Extract, Organic Ginkgo biloba (Ginko) Extract, Organic Withania somnifera (Ashwagandha) Extract, Lepidium meyenii (Maca) Extract, Panax quinquefolius (American Ginseng) Extract

**Wild Yam Magnesium Oil:** Purified water, 100% pure magnesium chloride brine from the Ancient Zechstein seabed in the Netherlands, wild yam rhizome (Dioscorea villosa) extract, certified organic cane alcohol (57-67%), Pelargonium graveolens (Rose Geranium) Flower Oil, Citrus sinensis (Blood Orange) Fruit Oil, Citrus paradisi (Pink Grapefruit) Fruit Oil, Organic Lavandula angustifolia (Lavender Vera) Flower Oil, Salvia sclarea (Clary Sage) Leaf and Flower Oil, Jasminum grandiflorum (Jasmine) Flower Oil, Angelica archangelica (Angelica) Root Oil

**Primal Essential Oil Blend:** Vetiveria zizanioides (Vetiver), Pogostemon cablin (Patchouli), Lavandula angustifolia (Lavender vera), Citrus aurantium var. amara (Neroli), Pelargonium graveolens (Rose Geranium), Cocos nucifera (Fractionated Coconut Oil)

**Sun Essential Oil Blend:** Nardostachys jatamansi (Spikenard), Boswellia carteri (Frankincense), Cedrus atlantica (Cedarwood Atlas), Canarium luzonicum (Elemi), Cupressus sempervirens (Cypress), Santalum album (Sandalwood), Coriandrum sativum (Coriander Seed), Zingiber officinale (Ginger Root), Cocos nucifera (Fractionated Coconut)

## BodyBeet Max Cautions

- Keep products out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult a healthcare provider prior to use.

## Power Max Magnesium Oil Cautions

- Use only as directed.
- For external use only.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- This spray does not contain added testosterone.
- Do not apply on open wounds, irritated skin, recently shaven skin, or broken skin.
- Avoid contact with eyes and mucous membranes.
- Keep out of reach of children and pets.
- Discontinue use if irritation occurs.

## Wild Yam Magnesium Oil Cautions

- Use only as directed.
- For external use only.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- This spray does not contain added estrogen or progesterone.
- Do not apply on open wounds, irritated skin, recently shaven skin, or broken skin.
- Avoid contact with eyes and mucous membranes.
- Keep out of reach of children and pets.
- Discontinue use if irritation occurs.

## Primal Cautions

- Dilution not required, but can be done with carrier oil if individual skin sensitivity occurs.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

## Sun Cautions

- Dilution not required, but can be done with carrier oil if individual skin sensitivity occurs.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

# BodyBeet Max

red vitality shot

HBNaturals  
PRODUCT INFORMATION PAGE



## ingredients

Organic Beet (Root) Powder, Organic Amla (Fruit) Powder, Organic Hawthorn (Berry) Powder, Organic Schisandra chinensis (Berry) Powder, Organic Green Tea (Leaf) Powder, Organic Ashwagandha (Root) Powder, Organic Turmeric (Root) Powder, Organic Rosehip (Fruit) Powder, Turmeric (Root) Extract [Standardized to min. 95% Curcuminoids (630 mg) (including Curcumin, Demethoxycurcumin and Bisdemethoxycurcumin)], Capros® Amla (Fruit) Extract, Organic Garlic (Bulb) Powder, Organic Noni (Fruit) Powder, Organic Ginseng (Root) Powder, Astragalus (Root) Powder, Organic Acerola (Fruit) Juice Powder, Organic Bilberry (Leaf) Powder, Vitamin C (Ascorbic acid), Organic Black Pepper (Fruit) Powder, Triple Probiotic (Bacillus coagulans, Bacillus subtilis, Bacillus clausii) Powder 1 Billion CFU/g

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## suggested use

- Add 1 scoop BodyBeet Max to 1 ounce of water. Mix well. Drink. Follow with 16 ounces of water. For best results take two (2) times daily.

## responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

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## product summary

BodyBeet Max is a proprietary blend meticulously formulated to support heart health and enhance energy levels. Central to this formulation are beets, which are rich in nitrates known to improve blood flow and cardiovascular function. Complementing this are hawthorn berries, a traditional heart tonic revered for their ability to strengthen the heart and improve circulation. Together, these ingredients create a powerful synergy that promotes overall heart health.\*

What sets BodyBeet Max apart is its inclusion of Capros®, a patented natural botanical extract derived from the edible fruits of Amla (Phyllanthus emblica). Capros® is clinically proven to support healthy blood vessels, reduce oxidative stress, and enhance nitric oxide production, further boosting cardiovascular health and vitality.\*

With its unique combination of science-backed ingredients, BodyBeet Max not only supports the heart but also provides sustained energy, making it an excellent choice for those seeking a natural way to enhance their daily performance.\*

## ingredient highlights

- **Beets:** Packed with nitrates, which the body converts into nitric oxide, a compound that helps relax and widen blood vessels. This improved blood flow can lower blood pressure, enhance circulation, and support overall cardiovascular health, making beets a powerful ally for maintaining a healthy heart.\*
- **Hawthorn Berry:** Well-known for their cardiovascular benefits, particularly their ability to strengthen the heart and improve blood circulation. Rich in antioxidants, these berries help reduce inflammation and support healthy blood pressure, making them an excellent natural remedy for promoting overall heart health and vitality.\*
- **Capros®:** A patented extract derived from Indian gooseberry (Amla) that offers a range of health benefits, particularly for cardiovascular health. Clinically proven to support healthy blood vessels and improve circulation, Capros® helps increase nitric oxide production, which plays a crucial role in maintaining healthy blood pressure. Additionally, its powerful antioxidant properties help reduce oxidative stress, protecting the heart and promoting overall cardiovascular wellness.\*

### Clinical studies for Capros®:

- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6503348/>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4390209/>



# Wild Yam Magnesium Oil

75,000mg magnesium

4 ounce

**HB**Naturals  
PRODUCT INFORMATION PAGE



## ingredients

Purified water, 100% pure magnesium chloride brine from the Ancient Zechstein seabed in the Netherland, wild yam rhizome (*Dioscorea villosa*) extract, certified organic cane alcohol (57-67%), *Pelargonium graveolens* (Rose Geranium) Flower Oil, *Citrus sinensis* (Blood Orange) Fruit Oil, *Citrus paradisi* (Pink Grapefruit) Fruit Oil, Organic *Lavandula angustifolia* (Lavender Vera) Flower Oil, *Salvia sclarea* (Clary Sage) Leaf and Flower Oil, *Jasminum grandiflorum* (Jasmine) Flower Oil, *Angelica archangelica* (Angelica) Root Oil

## suggested use

Shake well before use. Spray 3-5 pumps directly onto clean skin on areas like your chest, thighs, torso, calves, and feet. Massage until fully absorbed (each pump delivers about 100mg of magnesium and 25mg of wild yam). It's normal to notice some salt residue on your skin afterward; you can either leave it on or rinse it off as desired. Any tingling or itching should fade as the oil soaks in.\*

## responsible cautions

- Use only as directed.
- For external use only.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- This spray does not contain added estrogen or progesterone.
- Do not apply on open wounds, irritated skin, recently shaven skin, or broken skin.
- Avoid contact with eyes and mucous membranes.
- Keep out of reach of children and pets.
- Discontinue use if irritation occurs.

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## topical magnesium advantage

### ABSORPTION

When absorbed directly into the bloodstream through the skin, topical magnesium can provide faster relief of magnesium deficiency symptoms such as muscle cramps, fatigue, headaches, and stress.\*

### EASE OF USE

Topical magnesium is an excellent alternative for individuals who have difficulty swallowing pills.\*

### TARGETED APPLICATION

Topical magnesium can be applied directly to specific areas of the body that require relief or support.\*

## product summary

Magnesium plays a vital role in over 300 bodily functions, yet 2 out of 3 people are unknowingly deficient in it. Zechstein magnesium chloride is one of the most bioavailable and easily absorbed forms for topical use.\*

Our ultra-concentrated solution of Zechstein magnesium chloride is a simple and powerful way to harness the benefits of this vital mineral. Our magnesium chloride is naturally sourced from 1,500 meters below the surface of the ancient Zechstein Sea Bed, formed over 250 million years ago. This pristine underground source has remained untouched by modern pollution, making it one of the purest forms of magnesium chloride available.\*

Studies show that magnesium can help reduce stress, anxiety, muscle soreness, joint pain, headaches, PMS, and skin conditions like eczema and psoriasis, while also promoting restful sleep. Additionally, it aids in calcium absorption, supporting bone health and growth.\*

Our Magnesium Oil & Wild Yam Spray combines the power of Zechstein magnesium with wild yam extract and pure essential oils in a proprietary blend to promote hormonal balance and ease discomfort associated with hormonal fluctuations.\*

Wild yam has been valued for centuries in traditional medicine for its powerful benefits in women's health. It has been shown to help relieve symptoms of PMS and menopause, such as cramps, mood swings, and hot flashes, while also providing anti-inflammatory benefits that can aid in reducing joint pain and promoting overall comfort.\*

This spray is further enhanced with Clary Sage for its natural phytoestrogens that help regulate menstrual cycles, reduce PMS symptoms, and ease menopause-related discomfort. Rose Geranium complements this blend by supporting hormonal balance and offering relief from symptoms like fatigue and pain, with research suggesting its potential to promote estrogen secretion.\*

Together, these powerful natural ingredients create a comprehensive formula to help women maintain balanced hormones and overall well-being naturally.\*

# PRIMAL

romance ready blend

10ml

**HB**Naturals  
PRODUCT INFORMATION PAGE



## application • safety group #3

Aromatic • Bath • Topical

## ingredients

Vetiveria zizanioides (Vetiver), Pogostemon cablin (Patchouli), Lavandula angustifolia (Lavender vera), Citrus aurantium var. amara (Neroli), Pelargonium graveolens (Rose Geranium), Cocos nucifera (Fractionated Coconut Oil)

## primary benefits

- Supports & stimulates the limbic system.\*
- Promotes a healthy libido.\*
- May assist with sexual frigidity, impotence, and erectile dysfunction.\*

## uses

- **Misting:** Mix 6 to 8 drops in a 2-ounce amber glass or PET plastic spray bottle of distilled water. Mist generously whenever you need emotional support and to give yourself permission to give and receive love. Shake well before each use.\*
- **Bath:** Mix 10 to 15 drops into ½ cup Pink Himalayan or Dead Sea salts and dissolve into warm bath water. Soak 10 to 20 minutes for best results. Soaking in the Primal bath warms and energizes the heart chakra, creating a feeling of being loved and cared for.\*
- **Reflexology:** Apply 1 to 3 drops to pulse points. Applying to pulse points on the wrists is a powerful way to affect your heart chakra as the meridian for the heart runs through the wrists.\*

## topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil).\*

## product summary

Inhaling essential oils stimulates an area of the brain called the Limbic System, which governs moods and emotions. The inhalation can trigger varying emotional and physical responses in people, and essential oils with aphrodisiac properties have the ability to invoke romantic feelings.\*

Primal is a refreshing, masculine scent that isn't overpowering. It can be used as a cologne, added to a bath, or diluted for use as a body or room spray.\*

## ingredient highlights

- **Vetiver:** Stimulates the limbic system and acts as a natural aphrodisiac that increases libido and sparks sexual desire. A stress-free mind is a vital requirement for sexual health, and sexual disorders like frigidity, impotence, and lack of libido are often vested with the limbic system of the brain. Vetiver stimulates the limbic system, pacifies the mind, and serves as an effective natural remedy for such health disorders.\*
- **Patchouli:** One of the most recognizable fragrances in the world, Patchouli may remind people of the hippie era, but its value is incalculable. It has been known to assist with depression and anxiety, and is widely recognized as an aphrodisiac to stimulate sensual energy and boost the libido. It helps with frigidity, nervous exhaustion, and stress-related complaints.\*
- **Neroli:** Not only promotes arousal and increases the libido, but it can also help cure a loss of interest in sex, frigidity, impotence, and erectile dysfunction. Neroli has long been used in weddings because of both its aphrodisiac properties and its ability to calm a bride on her big day. Many Victorian brides wore a sprig of orange blossom in their head dress and carried orange blossoms in their bridal bouquets in an attempt to calm nerves and stimulate romance on the wedding night.\*

## responsible cautions

- Dilution not required, but can be done with carrier oil if individual skin sensitivity occurs.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

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# SUN

male hormone balance blend

10ml

HBNaturals  
PRODUCT INFORMATION PAGE



## application

Aromatic • Topical

## safety group

#3

## ingredients

*Nardostachys jatamansi* (Spikenard), *Boswellia carteri* (Frankincense), *Cedrus atlantica* (Cedarwood Atlas), *Canarium luzonicum* (Elemi), *Cupressus sempervirens* (Cypress), *Santalum album* (Sandalwood), *Coriandrum sativum* (Coriander Seed), *Zingiber officinale* (Ginger Root), *Cocos nucifera* (Fractionated Coconut)

## primary benefits

- Assists male hormone balance.\*
- Supports emotional and physical intimacy.\*
- Reduces stress and anxiety.\*

## responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.
- Dilution not required, but can be done with carrier oil if individual skin sensitivity occurs.

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## product summary

Sun is a strengthening, grounding, and emotionally uplifting essential oil blend formulated to enhance physical and emotional intimacy for men and bring balance to male hormones.\*

Sun supports male physical performance and allows them to be more available emotionally for their partner.\*

Although formulated for men, women also have some male hormones and many women must be both mother and father to their children. This blend can help those women access their more masculine side and have the strength and authority necessary to provide the guidance and discipline a child would normally receive from their father.\*

## ingredient highlights

- **Spikenard** is well known for its calming and sedative properties, and assists in regulating the heart & nervous system.
- **Frankincense** has been shown to reduce heart rate and blood pressure when inhaled, and may help alleviate anxiety or depression.
- **Cedarwood Atlas** contains cedrol, which boosts brain chemicals known to lower anxiety, blood pressure, and breathing rates.
- **Elemi** is frequently used for nervous exhaustion, and acts as a stimulant to both the nervous and circulatory systems.

## USES

- Add 8-10 drops to ½ cup Pink Himalayan or Dead Sea Salt and add to a warm tub of water to help restore energy and physical vigor.
- Dilute 10 to 12 drops in 1 ounce of carrier oil and massage over the lower abdomen area to support and vitalize the reproductive energy.
- Apply 1 to 2 drops on the foot reflex points for the reproductive organs, gently stimulating the points as you massage in the oil.
- Place 1-2 drops on a tissue, cotton ball, or in the palms of the hands and inhale as needed for general debility, mental and emotional exhaustion, or for its aphrodisiac effects.