

# ONYCHA

## STYRAX BENZOIN

Country of Origin: France

Steam Distilled from gum resin

Onycha has captivated civilizations for thousands of years with its rich, comforting aroma and remarkable versatility. Steam distilled from the gum resin of *Styrax benzoin*, this treasured botanical offers warm notes of vanilla, balsam, and amber that have made it a favorite in perfumery, skincare, and sacred aromatic traditions alike. Closely associated with the Onycha mentioned in Exodus 30:34, it continues a legacy of reverence that has endured from ancient times to the present day.

Traditionally valued for its soothing, protective, and restorative qualities, Onycha is often chosen to support healthy skin while creating an atmosphere of peace and emotional calm. Its naturally rich resinous profile adds warmth and depth to diffuser blends, while its gentle character makes it equally at home in topical wellness preparations. Timeless, comforting, and deeply aromatic, Onycha remains one of history's most cherished resinous treasures, inviting both body and mind into a place of quiet restoration.\*

## FUNCTIONAL CONSTITUENTS

<b>Benzoic Acid</b>	Traditionally valued for its cleansing properties while supporting the oil's protective aromatic character.
<b>Benzyl Benzoate</b>	Contributes soothing qualities and has long been appreciated for supporting healthy-looking skin.
<b>Coniferyl Benzoate</b>	Provides warm balsamic depth while contributing to Onycha's rich, lingering aroma.
<b>Vanillin (naturally occurring)</b>	Adds soft vanilla-like sweetness, creating the comforting fragrance that distinguishes quality Onycha.
<b>Clinical Studies:</b>	<a href="https://pubmed.ncbi.nlm.nih.gov/36214683/">https://pubmed.ncbi.nlm.nih.gov/36214683/</a> <a href="https://pubmed.ncbi.nlm.nih.gov/37653893/">https://pubmed.ncbi.nlm.nih.gov/37653893/</a> <a href="https://pubmed.ncbi.nlm.nih.gov/27495263/">https://pubmed.ncbi.nlm.nih.gov/27495263/</a>



## HOW WE SOURCE

Benzoin resin is carefully harvested from mature *Styrax benzoin* trees, where natural wounds in the bark allow the fragrant resin to develop over time. We source from traditional growing regions known for producing resin with exceptional purity, depth, and aromatic richness.

Steam distillation is performed in carefully controlled batches to preserve the resin's naturally warm balsamic profile without sacrificing its soft vanilla-like undertones. We look for an oil that is smooth, comforting, and beautifully balanced, revealing the rich complexity that has made Onycha a treasured aromatic for centuries.

## OUR ONYCHA IS:

- ✓ Steam distilled from benzoin resin
- ✓ Unrefined and unstandardized
- ✓ Sourced from traditional resin-producing regions
- ✓ Batch distilled for consistency
- ✓ Handled to preserve aromatic richness

We look for oil that carries a rich balsamic aroma with warm vanilla-like undertones and exceptional depth—clear signs of premium resin and careful distillation. Oils that smell flat, overly smoky, or lack their naturally comforting character are avoided.

## WHAT TO LOOK FOR VS. WHAT TO AVOID

### Look For:

- Rich balsamic aroma\*
- Soft vanilla undertones\*
- Warm resinous depth\*
- Golden amber appearance\*
- Stored in dark glass\*

### Avoid:

- Flat or faded scent\*
- Burnt or acrid odor\*
- Thin, watery consistency\*
- Dark, cloudy oil\*
- Clear or plastic packaging\*

## HOW TO USE ONYCHA

Onycha is used when the goal is comfort, restoration, and aromatic warmth. Whether applied topically, diffused to create a peaceful environment, incorporated into skincare, or enjoyed in a relaxing bath, its rich resinous character brings a timeless sense of calm to everyday wellness routines.

### Aromatic

Diffuse up to 30 minutes, 3 times daily to create a warm, comforting atmosphere that encourages relaxation.\*

### Topical

Dilute with a carrier oil and apply to the desired area as needed. A patch test is recommended before first use.\*

### Bath

Combine with a carrier oil and bath salts before adding to warm bath water for a soothing aromatic soak.\*

## WHAT IT SUPPORTS

Onycha is traditionally used when the goal is to comfort, protect, and restore. It supports:

- Healthy-looking skin\*
- Respiratory health and clear breathing\*
- Emotional calm and relaxation\*
- A healthy inflammatory response\*
- Minor cuts, scrapes, and skin irritation\*

Used consistently, Onycha helps soothe both body and mind, encouraging healthy skin while creating an atmosphere of comfort, peace, and restoration.

## ONYCHA IN THE STILLROOM

Onycha has long held a place of honor in the stillroom, treasured for its comforting aroma and restorative nature. Distilled from the resin of *Styrax benzoin*, it was often chosen for preparations intended to soothe dry, weathered skin while filling the room with a warm, balsamic fragrance that encouraged peace and quiet reflection.

Its rich, lingering character also made it a valued blending oil, bringing warmth, depth, and harmony to other botanicals. Whether incorporated into skincare, diffused during moments of prayer, or blended into sacred aromatic preparations, Onycha offered a sense of comfort that has remained timeless for generations.\*

## MORE WAYS TO USE ONYCHA

### Natural Deodorant

Apply 1–2 drops under each arm for a naturally fresh aroma.\*

### Chest Comfort Blend

Dilute with a carrier oil and massage onto the chest to encourage comfortable breathing.\*

### Comforting Skin Care

Apply diluted to dry, rough, or weathered skin as part of your daily skincare routine.\*

### Relaxing Diffuser Blend

Diffuse with Frankincense and Myrrh to create a warm, peaceful environment for prayer or meditation.\*

## CAUTIONS

- Safety Group 3: Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.
- Dilution recommended for topical use.
- Keep out of reach of children.
- A doctor's advice should be sought before using this and any supplemental dietary product.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

