

ParaCleanse

Herbal Tea for Parasite, Gut & Detox Support

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PRODUCT INFORMATION PAGE

ParaCleanse brings together time-honored botanicals known for their cleansing power and digestive support. Wormwood, black walnut hull, and clove work in harmony to help clear the digestive tract and create an internal environment where unwanted organisms can't thrive. Complementary herbs — rooibos, chicory root, orange peel, and cacao nibs — add antioxidant protection, gentle bitterness, and a naturally smooth, earthy flavor.

This thoughtful combination supports the body's own rhythm of detoxification, helping to restore balance from the inside out. Each cup nourishes digestion, encourages elimination, and promotes microbial harmony so you can feel lighter, clearer, and renewed from within.*



BEGINNER: GENTLE

Perfect for a light introduction to cleansing and monthly maintenance.

Basic Brew



Measure 1 teaspoon of loose tea and place in a cup or infuser.



Cover & steep 5-7 minutes to preserve beneficial compounds.



Pour 1 cup (8 oz) of hot water (175°–185°F) over tea.



Strain & sip warm. Enjoy up to 2 cups daily for 14 days, before meals.

INTERMEDIATE: DEEP

For a more potent, full-body cleanse with increased extraction.

Extended Steep Method

- 1. MEASURE:** 1 teaspoon ParaCleanse per 8 ounces of water.
- 2. HEAT:** Warm to 175°–185°F (not boiling).
- 3. COMBINE:** Pour over herbs in a glass jar or French press.
- 4. COVER & STEEP:** Cover and infuse 12–24 hrs; refrigerate after.
- 5. STRAIN:** Using mesh or cheesecloth; keep chilled up to 48 hrs.
- 6. USE :** Gently warm before drinking. Enjoy 1 cup twice daily before meals for 14 days.

ADVANCED: INTENSIVE

For experienced cleansers seeking maximum potency and absorption.

Maximum Potency Preparation

- 1. GRIND:** Use a clean coffee or spice mill to powder the herbs finely for optimal freshness and absorption.
- 2. TAKE:** Fill vegetable capsules, **or** stir the freshly ground powder into warm water to create a gentle herbal tonic.
- 3. USE:** Take daily for 7 consecutive days, ideally at the same time each day, to support the body's natural cleansing rhythm.

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FUNCTIONAL CONSTITUENTS

BLACK WALNUT HULL

- **Juglone (5-hydroxy-1,4-naphthoquinone):** Juglone, a powerful compound in black walnut hulls, offers natural antimicrobial and antiparasitic support. It helps create an environment unfavorable to harmful organisms while promoting digestive balance, detoxification, and overall gut and immune health.*
- **Tannins (especially ellagitannins and gallic acid derivatives):** Tannins are astringent compounds that tone the digestive tract and support natural cleansing. They bind and remove waste and toxins, promoting smoother elimination and gut balance while protecting tissues and supporting intestinal and immune health.*

Clinical studies for Black Walnut:

- <https://clinicaltrials.gov/study/NCT04849949>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC11521631/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC6761373/>

WORMWOOD

- **Thujone (α- and β-thujone):** This natural compound in wormwood, supports healthy digestion and elimination by stimulating digestive secretions and intestinal movement. Its antimicrobial and antiparasitic properties help discourage unwanted organisms and promote overall gut vitality.*
- **Sesquiterpene Lactones (absinthin, anabsinthin, artabsin, etc.):** These compounds give wormwood its signature bitterness and digestive power. They stimulate bile flow, support liver and gallbladder function, and promote gut balance with antiparasitic, anti-inflammatory, and detox-supportive effects.*

Clinical studies for Wormwood:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC7345338/>
- <https://pubmed.ncbi.nlm.nih.gov/29188968/>
- <https://doi.org/10.1016/j.phymed.2009.10.013>

CLOVE BUD

- **Eugenol:** Eugenol, the primary compound in clove bud, delivers potent antimicrobial and antiparasitic support while promoting a healthy digestive environment. Its natural anti-inflammatory and antioxidant actions help soothe tissues, ease discomfort, and support overall gut and immune balance.*
- **β-Caryophyllene:** This potent sesquiterpene found in clove bud supports the body's natural defense and repair systems. Its anti-inflammatory and antioxidant actions help calm irritation, protect cells from oxidative stress, and promote digestive, immune, and overall balance.*

Clinical studies for Clove Bud:

- <https://pubmed.ncbi.nlm.nih.gov/32019140/>
- <https://pubmed.ncbi.nlm.nih.gov/24991103/>
- <https://pubmed.ncbi.nlm.nih.gov/35810198/>

GREEN TEA

- **Catechins (EGCG, EGC, ECG, EC):** Potent antioxidant compounds found in green tea, catechins such as EGCG, EGC, ECG, and EC help neutralize free radicals, support metabolism, and promote detoxification. They also aid cardiovascular and liver health while reducing inflammation and protecting cells from oxidative stress.*
- **Polyphenols & Flavonoids (quercetin, kaempferol, myricetin):** Naturally occurring antioxidants in green tea, these compounds help combat oxidative stress, support circulation, and strengthen immune defenses. They also promote cellular repair and contribute to overall metabolic and cardiovascular health.*

Clinical studies for Green Tea:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC2855614/>
- <https://pubmed.ncbi.nlm.nih.gov/27689985/>
- <https://pubmed.ncbi.nlm.nih.gov/31585866/>

RED ROOIBOS

- **Aspalathin:** A rare antioxidant found only in rooibos, this compound helps combat oxidative stress, support balanced blood sugar, and protect cardiovascular and liver health. Its anti-inflammatory properties also promote cellular resilience and overall vitality.*

Clinical studies for Red Rooibos:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC10774856/>
- <https://pubmed.ncbi.nlm.nih.gov/24738022/>

ORANGE PEEL

- **Limonene:** A dominant compound in sweet orange, this citrus terpene supports natural detoxification, healthy digestion, and immune balance. Its uplifting aroma and antioxidant properties also help reduce oxidative stress and promote overall vitality.*

Clinical studies for Orange:

- <https://pubmed.ncbi.nlm.nih.gov/26907240/>
- <https://pubmed.ncbi.nlm.nih.gov/28420125/>

CHICORY ROOT

- **Inulin (Fructooligosaccharides):** A natural prebiotic fiber found in chicory root, this compound feeds beneficial gut bacteria, supporting healthy digestion, balanced microbiome function, and regularity. It also helps regulate blood sugar and promotes gentle detoxification through improved digestive flow.*

Clinical studies for Chicory Root:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC8912540/>
- <https://pubmed.ncbi.nlm.nih.gov/29873488/>

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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FAQ

Q. Why is this tea steeped so long?

A. Steeping for 24 hours allows full extraction of bitter compounds that are otherwise trapped in woody or fibrous plant material. This maximizes potency without alcohol or chemical solvents.

Q. Can I drink it cold?

A. Yes, ParaCleanse can be consumed cold. The active constituents remain stable when chilled. Many customers prefer to reheat gently before drinking to aid digestion. It can also be added to smoothies or taken as a shot.

Q. How long should I use ParaCleanse?

A. Use for 14 days, then take a 2-week break before repeating if desired.

Q. Can I combine it with other products?

A. For enhanced detox support, pair with Heavy Metal & Toxin Binder to help absorb released toxins and minimize die-off symptoms.

Q. Does it need to be refrigerated?

A. Yes, after steeping beyond 8 hours or once strained. Store in an airtight, covered container in the refrigerator and use within 48 hours.

Q. Is it safe for kids or pets?

A. No. ParaCleanse is intended for adult use only. Always keep out of reach of children and pets.

Nutrition Facts		Serving Size: 1 teaspoon		Servings per container: 30	
Amount per serving		Amount per serving		% Daily Value	
Calories 0		Parasite Defense Blend		720mg †	
		Organic Juglans nigra (Black Walnut Hull), Organic Artemisia absinthium (Wormwood Aerial Parts), Organic Syzgium aromaticum (Clove Bud)			
		Epigallocatechin-3-gallate (EGCG) Blend		640mg †	
		Organic Camellia sinensis (Green Tea, Young Hyson), Organic Aspalathus linearis (Red Rooibos)			
		Gut Support Blend		640mg †	
		Organic Citrus sinensis (Orange Peel), Organic Cichorium intybus (Chicory Root), Organic Theobroma cacao (Cacao Nibs)			
		Other Constituents			
		Polyphenols (catechins, flavonoids, tannins)		†trace	
		Quercetin		†trace	
		Chlorogenic acid		†trace	
		Essential oils (eugenol, limonene, others)		†trace	
		†Daily Value not established. The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
Allergen Information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.					
Important Information: This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.					

CAUTIONS

- Not for children, pets, or during pregnancy/breastfeeding. Contains wormwood and black walnut, which may interact with medications. Not for long-term use. Consult a healthcare provider if you are taking prescriptions, anticoagulants, or have a seizure disorder.

⚠ Contains black walnut hull. Avoid if allergic. Wormwood may cause reactions in sensitive individuals.

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