

# Parasite Detox

Herbal Protocol for Cleansing & Renewal

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The **Parasite Detox** is a **complete, multi-phase protocol** designed to do what quick cleanses and single products can't — **thoroughly eliminate parasites, flush out toxins, and restore gut balance** for lasting wellness. True parasite cleansing begins with proper **liver support**, as the liver is the body's main detox organ. When bile flow and filtration pathways are sluggish, toxins and parasite waste can't be cleared effectively — causing fatigue, bloating, or even symptom flare-ups. That's why this system starts by **preparing and protecting the liver** before deeper cleansing begins.

Each step in the protocol works in synergy to prepare, cleanse, bind, and revitalize, creating a smooth and effective rhythm of detoxification. The formula combination **primes the liver, kidneys, and lymphatic system; targets all parasite stages** including eggs and larvae; **binds and removes released toxins** safely; and **restores essential minerals and nutrients** for full recovery. Skipping steps or using isolated products can leave toxins circulating and parasites unaddressed — this coordinated system ensures complete cleansing from start to finish.

Gentle yet powerful, the **Parasite Detox** helps you feel lighter, more energized, and renewed from the inside out. By supporting **digestion, detoxification, and immune resilience**, it delivers a true body reset — helping you **reclaim balance, vitality, and long-term wellness.\***

## Benefits

- Eliminates harmful parasites and toxins\*
- Supports liver and kidney detoxification\*
- Boosts digestion and gut health\*
- Promotes a balanced gut microbiome\*
- Enhances nutrient absorption and energy levels\*
- Reduces bloating and inflammation\*
- Strengthens immune defense against invaders\*
- Encourages full-body reset and rejuvenation\*

## What's Inside & How It Works

### PARACLEANSE

Blends time-honored cleansing herbs and botanicals to help target unwanted organisms, soothe the digestive tract, and support healthy microbial balance for total gut harmony.\*

### LIVER SUPPORT

Supports optimal liver performance and steady bile flow to promote detoxification, digestive comfort, and balanced metabolism throughout the body.\*



### HEAVY METAL & TOXIN BINDER

Unites mineral-rich absorbers and restorative botanicals to capture impurities, assist toxin removal, and support gentle, balanced detoxification throughout the body.\*

### HEPADETOX ESSENTIAL OIL

Supports liver drainage and healthy detox pathways to promote gentle cleansing, renewed vitality, and balanced cellular health for sustained well-being.\*

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## How To Use This Protocol

Follow each step in sequence for best results. The system is designed so that every phase builds on the last, gently opening pathways, removing parasites, binding toxins, and restoring balance. Taking time with each step keeps the process smooth, effective, and easier on your body.\*



### LIVER PRIMER – Open the Detox Pathways

**Gently awaken your body's detox systems and prepare for deep cleansing.**

Primes liver, kidneys, and lymphatic system while supporting bile flow, digestion, and mineral balance. **Use 3–7 days before starting ParaCleanse.**

➔ **Liver Support:** Add 10 to 20 drops (approx. 1/16 tsp.) to 1 cup of water, 8 times each day.



### PARACLEANSE – Target & Remove Parasites

**Actively eliminate parasites, yeast, and microbial build-up.**

Targets all parasite stages with Wormwood, Black Walnut Hull, and Clove, enhanced by Clove EO's eugenol to reach eggs and larvae while supporting a balanced intestinal microbiome.

➔ **ParaCleanse:** Steep 1 teaspoon of loose tea in 1 cup (8 oz) of hot water (175°–185°F) for 5–7 minutes; strain and sip warm, up to twice daily for 7-14 days before meals.



### HEAVY METAL & TOXIN BINDER – Capture & Neutralize Toxins

**Bind and trap toxins, parasite waste, and heavy metals released during cleansing.**

Eases die-off symptoms such as fatigue, headache, or rash while protecting liver and nervous system health throughout detox. **Begin 2-3 days after starting ParaCleanse.**

➔ **Heavy Metal & Toxin Binder:** Mix ¼ scoop into 8–10 ounces of water or juice. Take once daily, for 14 days, then rest 3 days before repeating. Take 1-2 hours away from food, supplements, or essential oils.



### HEPADETOX – Restore & Renew Liver Vitality

**Soothe and strengthen the liver as your body completes its cleansing cycle.**

Promotes healthy bile flow and lymphatic drainage to help the liver efficiently filter residual waste, reduce toxin backlog, and support cellular repair. Restores vitality, balances energy, and maintains detox rhythm for long-term wellness.

➔ **HepaDetox:** Apply 1–2 drops neat (directly) to the liver area or the liver reflex point on the right foot and massage in thoroughly. For internal use, add 2–3 drops to the juice of ½–1 organic lemon, mix, and drink.

# Liver Support

herbal extract 1 ounce

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## ingredients

Organic *Silybum marianum* (Milk Thistle), *Berberis vulgaris* L. (Barberry) Bark, Organic *Arctium* (Burdock) Root, Organic *Bupleurum* (Bupleurum) Root, Organic *Foeniculum vulgare* (Fennel), Organic *Zingiber officinale* (Ginger), Organic *Hydrastis canadensis* (Goldenseal) Root, Water, Organic Sugar Cane Alcohol (30%)

## responsible cautions

- Should not be used by pregnant or lactating women, young children, and the immunocompromised
- Keep out of reach of children and pets.
- Consult with a physician before use if you have a serious medical condition or use prescription medications.
- A doctor's advice should be sought before using this and any supplemental dietary product.
- Store away from sunlight, at room temperature, with the lid securely tightened

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## product summary

The liver supports almost every other organ in the body. If you want to live, you'll need a healthy liver. A healthy liver is a key element to a healthy life, and when the liver gets sick many problems can follow. Living a healthy lifestyle that includes whole food nutrition and moderate exercise can help our liver work as efficiently as possible and may lower the risk for developing liver disease.\*

Our Liver Support Extract is a proprietary blend of herbs formulated to assist and promote healthy liver function.\*

## ingredient highlights

**Milk Thistle:** Used by herbalists and physicians for hundreds of years to treat a wide range of liver concerns including hepatitis and fatty liver disease. Shown in studies to protect the liver from toxins, including drugs like acetaminophen, due to its chemical constituents, especially the flavonoid silymarin.\*

**Barberry Bark:** Boosts the secretion of bile, which helps the body digest fatty foods. Promotes overall health of both the liver and gallbladder, and may be helpful in lowering LDL "bad" cholesterol.\*

**Burdock Root:** Traditionally employed most commonly as a diuretic and digestive aid, burdock root has been used for centuries in holistic medicine. It has been shown to contain multiple types of powerful antioxidants known to reduce inflammation as well as active ingredients proven to remove toxins from the bloodstream.\*

**Bupleurum Root:** Used for centuries in Chinese medicine to treat liver problems and other ailments. Research indicates it may protect the liver, support a healthy immune system, and prevent complications of diabetes.\*

## directions

- Add 10 to 20 drops (approx. 1/16 tsp.) to water or juice several times each day, as needed.\*

# ParaCleanse

Herbal Tea for Parasite, Gut & Detox Support

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**ParaCleanse** brings together time-honored botanicals known for their cleansing power and digestive support. Wormwood, black walnut hull, and clove work in harmony to help clear the digestive tract and create an internal environment where unwanted organisms can't thrive. Complementary herbs — rooibos, chicory root, orange peel, and cacao nibs — add antioxidant protection, gentle bitterness, and a naturally smooth, earthy flavor.

This thoughtful combination supports the body's own rhythm of detoxification, helping to restore balance from the inside out. Each cup nourishes digestion, encourages elimination, and promotes microbial harmony so you can feel lighter, clearer, and renewed from within.\*



## BEGINNER: GENTLE

*Perfect for a light introduction to cleansing and monthly maintenance.*

### Basic Brew



**Measure** 1 teaspoon of loose tea and place in a cup or infuser.



**Cover & steep** 5-7 minutes to preserve beneficial compounds.



**Pour** 1 cup (8 oz) of hot water (175°–185°F) over tea.



**Strain & sip** warm. Enjoy up to 2 cups daily for 14 days, before meals.

## INTERMEDIATE: DEEP

*For a more potent, full-body cleanse with increased extraction.*

### Extended Steep Method

- 1. MEASURE:** 1 teaspoon ParaCleanse per 8 ounces of water.
- 2. HEAT:** Warm to 175°–185°F (not boiling).
- 3. COMBINE:** Pour over herbs in a glass jar or French press.
- 4. COVER & STEEP:** Cover and infuse 12–24 hrs; refrigerate after.
- 5. STRAIN:** Using mesh or cheesecloth; keep chilled up to 48 hrs.
- 6. USE :** Gently warm before drinking. Enjoy 1 cup twice daily before meals for 14 days.

## ADVANCED: INTENSIVE

*For experienced cleansers seeking maximum potency and absorption.*

### Maximum Potency Preparation

- 1. GRIND:** Use a clean coffee or spice mill to powder the herbs finely for optimal freshness and absorption.
- 2. TAKE:** Fill vegetable capsules, **or** stir the freshly ground powder into warm water to create a gentle herbal tonic.
- 3. USE:** Take daily for 7 consecutive days, ideally at the same time each day, to support the body's natural cleansing rhythm.

# ParaCleanse

Herbal Tea for Parasite, Gut & Detox Support

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## FUNCTIONAL CONSTITUENTS

### BLACK WALNUT HULL

- **Juglone (5-hydroxy-1,4-naphthoquinone):** Juglone, a powerful compound in black walnut hulls, offers natural antimicrobial and antiparasitic support. It helps create an environment unfavorable to harmful organisms while promoting digestive balance, detoxification, and overall gut and immune health.\*
- **Tannins (especially ellagitannins and gallic acid derivatives):** Tannins are astringent compounds that tone the digestive tract and support natural cleansing. They bind and remove waste and toxins, promoting smoother elimination and gut balance while protecting tissues and supporting intestinal and immune health.\*

#### Clinical studies for Black Walnut:

- <https://clinicaltrials.gov/study/NCT04849949>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC11521631/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC6761373/>

### WORMWOOD

- **Thujone ( $\alpha$ - and  $\beta$ -thujone):** This natural compound in wormwood, supports healthy digestion and elimination by stimulating digestive secretions and intestinal movement. Its antimicrobial and antiparasitic properties help discourage unwanted organisms and promote overall gut vitality.\*
- **Sesquiterpene Lactones (absinthin, anabsinthin, artabsin, etc.):** These compounds give wormwood its signature bitterness and digestive power. They stimulate bile flow, support liver and gallbladder function, and promote gut balance with antiparasitic, anti-inflammatory, and detox-supportive effects.\*

#### Clinical studies for Wormwood:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC7345338/>
- <https://pubmed.ncbi.nlm.nih.gov/29188968/>
- <https://doi.org/10.1016/j.phymed.2009.10.013>

### CLOVE BUD

- **Eugenol:** Eugenol, the primary compound in clove bud, delivers potent antimicrobial and antiparasitic support while promoting a healthy digestive environment. Its natural anti-inflammatory and antioxidant actions help soothe tissues, ease discomfort, and support overall gut and immune balance.\*
- **$\beta$ -Caryophyllene:** This potent sesquiterpene found in clove bud supports the body's natural defense and repair systems. Its anti-inflammatory and antioxidant actions help calm irritation, protect cells from oxidative stress, and promote digestive, immune, and overall balance.\*

#### Clinical studies for Clove Bud:

- <https://pubmed.ncbi.nlm.nih.gov/32019140/>
- <https://pubmed.ncbi.nlm.nih.gov/24991103/>
- <https://pubmed.ncbi.nlm.nih.gov/35810198/>

### GREEN TEA

- **Catechins (EGCG, EGC, ECG, EC):** Potent antioxidant compounds found in green tea, catechins such as EGCG, EGC, ECG, and EC help neutralize free radicals, support metabolism, and promote detoxification. They also aid cardiovascular and liver health while reducing inflammation and protecting cells from oxidative stress.\*
- **Polyphenols & Flavonoids (quercetin, kaempferol, myricetin):** Naturally occurring antioxidants in green tea, these compounds help combat oxidative stress, support circulation, and strengthen immune defenses. They also promote cellular repair and contribute to overall metabolic and cardiovascular health.\*

#### Clinical studies for Green Tea:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC2855614/>
- <https://pubmed.ncbi.nlm.nih.gov/27689985/>
- <https://pubmed.ncbi.nlm.nih.gov/31585866/>

### RED ROOIBOS

- **Aspalathin:** A rare antioxidant found only in rooibos, this compound helps combat oxidative stress, support balanced blood sugar, and protect cardiovascular and liver health. Its anti-inflammatory properties also promote cellular resilience and overall vitality.\*

#### Clinical studies for Red Rooibos:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC10774856/>
- <https://pubmed.ncbi.nlm.nih.gov/24738022/>

### ORANGE PEEL

- **Limonene:** A dominant compound in sweet orange, this citrus terpene supports natural detoxification, healthy digestion, and immune balance. Its uplifting aroma and antioxidant properties also help reduce oxidative stress and promote overall vitality.\*

#### Clinical studies for Orange:

- <https://pubmed.ncbi.nlm.nih.gov/26907240/>
- <https://pubmed.ncbi.nlm.nih.gov/28420125/>

### CHICORY ROOT

- **Inulin (Fructooligosaccharides):** A natural prebiotic fiber found in chicory root, this compound feeds beneficial gut bacteria, supporting healthy digestion, balanced microbiome function, and regularity. It also helps regulate blood sugar and promotes gentle detoxification through improved digestive flow.\*

#### Clinical studies for Chicory Root:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC8912540/>
- <https://pubmed.ncbi.nlm.nih.gov/29873488/>

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# ParaCleanse

Herbal Tea for Parasite, Gut & Detox Support

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## FAQ

### Q. Why is this tea steeped so long?

A. Steeping for 24 hours allows full extraction of bitter compounds that are otherwise trapped in woody or fibrous plant material. This maximizes potency without alcohol or chemical solvents.

### Q. Can I drink it cold?

A. Yes, ParaCleanse can be consumed cold. The active constituents remain stable when chilled. Many customers prefer to reheat gently before drinking to aid digestion. It can also be added to smoothies or taken as a shot.

### Q. How long should I use ParaCleanse?

A. Use for 14 days, then take a 2-week break before repeating if desired.

### Q. Can I combine it with other products?

A. For enhanced detox support, pair with Heavy Metal & Toxin Binder to help absorb released toxins and minimize die-off symptoms.

### Q. Does it need to be refrigerated?

A. Yes, after steeping beyond 8 hours or once strained. Store in an airtight, covered container in the refrigerator and use within 48 hours.

### Q. Is it safe for kids or pets?

A. No. ParaCleanse is intended for adult use only. Always keep out of reach of children and pets.

Nutrition Facts		Serving Size: 1 teaspoon		Servings per container: 30	
Amount per serving		Amount per serving		% Daily Value	
<b>Calories 0</b>		<b>Parasite Defense Blend</b>		720mg †	
		Organic Juglans nigra (Black Walnut Hull), Organic Artemisia absinthium (Wormwood Aerial Parts), Organic Syzgium aromaticum (Clove Bud)			
		<b>Epigallocatechin-3-gallate (EGCG) Blend</b>		640mg †	
		Organic Camellia sinensis (Green Tea, Young Hyson), Organic Aspalathus linearis (Red Rooibos)			
		<b>Gut Support Blend</b>		640mg †	
		Organic Citrus sinensis (Orange Peel), Organic Cichorium intybus (Chicory Root), Organic Theobroma cacao (Cacao Nibs)			
		<b>Other Constituents</b>			
		Polyphenols (catechins, flavonoids, tannins)		†trace	
		Quercetin		†trace	
		Chlorogenic acid		†trace	
		Essential oils (eugenol, limonene, others)		†trace	
		†Daily Value not established. The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
<b>Allergen Information:</b> This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.					
<b>Important Information:</b> This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.					

## CAUTIONS

- Not for children, pets, or during pregnancy/breastfeeding. Contains wormwood and black walnut, which may interact with medications. Not for long-term use. Consult a healthcare provider if you are taking prescriptions, anticoagulants, or have a seizure disorder.

**⚠ Contains black walnut hull. Avoid if allergic. Wormwood may cause reactions in sensitive individuals.**

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# Heavy Metal & Toxin Binder

Supports Cellular Renewal & Daily Cleansing

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**Heavy Metal & Toxin Binder** helps the body release what doesn't belong and restore what it truly needs. Everyday life exposes us to unseen stressors — pollutants in the air, trace metals in food and water, and residues from packaging, cookware, cosmetics, and even dental materials. Over time, these compounds can accumulate in tissues, displace vital minerals like zinc, calcium, and magnesium, and disrupt normal cellular balance.

This advanced blend unites mineral-rich binders with restorative botanicals that capture impurities and carry them safely out of the body while replenishing essential micronutrients lost through environmental exposure. Supporting the body's natural detox rhythm helps sustain energy, mental clarity, and resilience — keeping you clean, nourished, and aligned with your body's natural rhythm of renewal\*



## BEGINNER: GENTLE DAILY SUPPORT

*Perfect for a light, introductory cleanse or monthly maintenance.*



Mix ¼ scoop into 8–10 ounces of water or juice.



Take once daily, for 14 days, then rest 3 days before repeating.



Stay well hydrated by drinking plenty of water to support elimination.

## INTERMEDIATE: DEEP DETOX RHYTHM

*For a more focused cleanse and deeper renewal.*

1. **USE:** ½ scoop once daily in 8-10 ounces of water or juice.
2. **CONTINUE:** 14 consecutive days while emphasizing clean, plant-based meals and light activity.
3. **DRINK:** Herbal teas or mineral-rich water throughout the day to encourage full elimination.

## ADVANCED: INTENSIVE CELLULAR CLEANSE

*Designed for experienced cleansers seeking optimal results.*

1. **USE:** 1 scoop daily in 8–10 ounces of water or juice for 7-10 days.
2. **COMBINE:** With ParaCleanse for a complete mobilize-and-bind protocol.
3. **MAINTAIN:** High hydration, prioritize rest, and include mineral-rich foods or Healing Trilogy to restore balance.

## IF USING WITH PARACLEANSE

For best results, take **Heavy Metal & Toxin Binder** about 1 hour after drinking your **ParaCleanse** Tea. This timing ensures that toxins released by ParaCleanse are captured and removed, *not reabsorbed*, so your cleanse feels smoother, lighter, and more complete.

Continue this pairing daily during your cleanse for full synergy: **ParaCleanse mobilizes; Heavy Metal & Toxin Binder captures and removes.**\*

# Heavy Metal & Toxin Binder

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## FUNCTIONAL CONSTITUENTS

### ACTIVATED CHARCOAL (FROM COCONUT SHELLS)

A highly porous form of carbon, activated charcoal works through adsorption—binding toxins, chemicals, and impurities to its surface for safe elimination. Its extensive surface area traps heavy metals and metabolic byproducts in the digestive tract, helping prevent reabsorption while supporting gut clarity, digestive comfort, and overall detox balance.\*

#### Clinical studies for Activated Charcoal:

- <https://www.ncbi.nlm.nih.gov/books/NBK482294/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC1306980/>
- <https://pubmed.ncbi.nlm.nih.gov/3516107/>

### BENTONITE CLAY (MONTMORILLONITE)

Rich in trace minerals and carrying a natural negative ionic charge, bentonite clay attracts and binds positively charged toxins, heavy metals, and impurities for safe elimination. It supports full-body detoxification, encourages regular elimination, and helps balance essential minerals to maintain internal harmony. Bentonite also soothes and protects the digestive tract, making it ideal for gentle, continuous cleansing and long-term digestive wellness.\*

#### Clinical studies for Bentonite Clay:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC5632318/>
- <https://pubmed.ncbi.nlm.nih.gov/32013819/>
- <https://pubmed.ncbi.nlm.nih.gov/27748171/>

### FULVIC ACID

Derived from ancient plant matter, fulvic acid functions as both a powerful detoxifier and nutrient transporter. It helps chelate and neutralize heavy metals while enhancing the absorption and delivery of essential minerals at the cellular level. Fulvic acid supports energy production, antioxidant protection, and efficient elimination for total-body rejuvenation and vitality.\*

#### Clinical studies for Fulvic Acid:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC6151376/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC7758121/>
- <https://pubmed.ncbi.nlm.nih.gov/32995299/>

### CHLORELLA VULGARIS (BROKEN CELL WALL)

This freshwater microalgae is a potent source of chlorophyll and plant-based micronutrients that help bind heavy metals and environmental toxins. Broken cell wall chlorella is specially processed for superior bioavailability, allowing the body to better absorb its nutrients and cleansing compounds. It supports liver detoxification, enhances cellular renewal, and promotes digestive and immune balance through its powerful alkalinizing properties.\*

#### Clinical studies for Chlorella:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC7551956/>
- <https://pubmed.ncbi.nlm.nih.gov/29037431/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC4734693/>

### ORGANIC SPIRULINA

A nutrient-rich blue-green alga packed with protein, B vitamins, and antioxidants, spirulina binds heavy metals and free radicals while nourishing cells. It supports liver health, boosts energy, and promotes balanced inflammation.\*

#### Clinical studies for Spirulina:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC8839264/>
- <https://pubmed.ncbi.nlm.nih.gov/36273817/>

### ORGANIC KELP

A blend of *Laminaria hyperborea*, *Ascophyllum nodosum*, and *Laminaria digitata* delivers iodine, alginates, and antioxidants that support thyroid function and toxin removal. Their alginates gently bind heavy metals, while trace minerals restore balance and replenish nutrients lost during detoxification.\*

#### Clinical studies for Kelp:

- <https://pubmed.ncbi.nlm.nih.gov/14583417/>
- <https://doi.org/10.1093/nutrit/nyy066>

### ORGANIC PSYLLIUM HUSK

A soluble fiber that aids digestion and toxin removal, psyllium husk forms a gentle gel that cleanses the colon and supports regularity while promoting satiety and gut balance.\*

#### Clinical studies for Psyllium:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC10389520/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC8221300/>

### ORGANIC MILK THISTLE

A renowned liver protectant, milk thistle's silymarin complex supports liver regeneration, detoxification, and oxidative defense while promoting bile flow and digestive comfort.\*

#### Clinical studies for Milk Thistle:

- <https://www.ncbi.nlm.nih.gov/books/NBK11896/>
- [https://www.amjmed.com/article/S0002-9343\(02\)01244-5/abstract](https://www.amjmed.com/article/S0002-9343(02)01244-5/abstract)

### ORGANIC DANDELION ROOT

A traditional detox herb used for hundreds of years, dandelion root supports liver, kidney, and gallbladder function, stimulating bile flow, aiding fat metabolism, and promoting gentle elimination while nourishing gut flora.\*

#### Clinical studies for Dandelion:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC8063808/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC12299503/>

### ORGANIC PARSLEY POWDER

Rich in chlorophyll and antioxidants, parsley supports kidney health, promotes gentle detoxification, and helps maintain electrolyte balance and cellular hydration.\*

#### Clinical studies for Parsley:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC10856782/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC11672790/>

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# Heavy Metal & Toxin Binder

Supports Cellular Renewal & Daily Cleansing



## FAQ

### Q. What benefits can I expect?

A. Users often describe feeling lighter and more balanced as their body's natural cleansing processes are supported. The formula is designed to assist gentle detoxification, encourage regular elimination, and help maintain overall wellness and vitality.

### Q. Who should consider using this product?

A. Anyone seeking daily detox support, individuals concerned about environmental toxin exposure, or those looking to promote digestive health may benefit. Always consult a healthcare professional if you're pregnant, nursing, or under medical care.

### Q. How long should I use it?

A. It can be used daily as part of a gentle, ongoing detox routine. For targeted detox protocols, follow the guidance of your healthcare provider.

### Q. Can I combine it with other products?

A. Because it binds substances in the gut, take it at least 2 hours apart from food, supplements, or medications to avoid interference with absorption.

### Q. Are there any side effects?

A. Mild digestive changes (like temporary bloating or constipation) may occur as the body adjusts. Drinking extra water helps support comfortable elimination.

### Q. Is it safe for kids or pets?

A. No, this product is intended for adult use only. Always keep out of reach of children and pets.

Nutrition Facts			Serving Size: 1 scoop (3g)	Servings per container: 60
Amount per serving			Amount per serving	% Daily Value
<b>Calories 2</b>			<b>Detox Binding Complex</b>	<b>1920mg</b> †
	<b>% DV</b>		Activated Charcoal (from Coconut Shells), Bentonite Clay(Montmorillonite), Fulvic Acid, Chlorella vulgaris (Broken Cell Wall), Organic Spirulina (Arthrospira platensis) Powder, Organic Kelp (Laminaria hyperborea), Organic Kelp (Ascophyllum nodosum), Organic Kelp (Laminaria digitata)	
<b>Total Carbohydrate</b>	<b>&lt;1g</b>	<b>0%</b>	<b>Fiber Support</b>	<b>870mg</b> †
Dietary Fiber	0.4g	1%	Organic Plantago ovata (Psyllium Husk)	
<b>Protein</b>	<b>&lt;1g</b>	<b>0%</b>	<b>Liver &amp; Cellular Defense Complex</b>	<b>210mg</b> †
Iodine	98mcg	65%	Organic Silybum marianum (Milk Thistle), Organic Dandelion (Taraxacum officinale) Root, Organic Parsley (Petroselinum crispum) Powder	
Calcium	5mg	0%	<b>Allergen Information:</b> This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.	
Iron	0.6mg	3%		
Magnesium	1.2mg	0%	<b>Important Information:</b> This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.	
Potassium	14mg	0%		
<b>Not a significant source of fat, saturated fat, trans fat, cholesterol, total sugars, and vitamin D.</b>				
<small>†Daily Value not established. The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>				

## CAUTIONS

- Not for children, pets, or during pregnancy/breastfeeding. Do not exceed the recommended serving unless directed by a healthcare professional. Keep out of reach of children.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

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# HepaDetox

detoxification blend

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PRODUCT INFORMATION PAGE

HepaDetox is a potent essential oil blend that supports liver detoxification, regeneration, and overall health. Featuring Carrot Seed, Peppermint, Lemon, and Rosehip Seed oils, it helps the liver process and eliminate toxins from food, alcohol, drugs, and the environment. Over time, toxin buildup can slow liver function, impacting overall wellness. HepaDetox promotes cell repair, enhances natural detox pathways, and restores balance. Best used after the acute phase of illness, it helps the liver rebuild and strengthen for optimal health.\*



## DIRECTIONS

- **Topical Use:** Rub 1 to 2 drops neat (undiluted) on the liver reflex area of the right foot. Massage in thoroughly.\*
- **Topical Use:** Apply 1 to 2 drops, neat (undiluted), to the skin directly over the liver area. Massage in thoroughly.\*
- **Internal Use:** Add 2 to 3 drops to the juice of ½ to 1 whole organic lemon. Mix and drink.\*

## MEDICINAL CONSTITUENTS

- **Monoterpenes:** Naturally occurring compounds known for their cleansing, immune-boosting, and antioxidant properties. They help detoxify the body, support respiratory health, and promote cellular repair by neutralizing harmful free radicals. Monoterpenes also aid digestion, reduce inflammation, and enhance mood, making them a key component in natural wellness and healing.\*
- **Menthol:** A cooling compound found in peppermint and other mint oils, is known for its soothing, detoxifying, and anti-inflammatory properties. It helps clear respiratory congestion, support digestion, and flush out toxins, promoting overall wellness. Menthol also aids in relieving muscle and joint discomfort, easing headaches, and enhancing mental clarity. With its refreshing and purifying effects, it supports circulation, lymphatic drainage, and natural detoxification, making it a powerful ally for cleansing and revitalization.\*
- **Limonene:** A powerful compound found in citrus peels, is known for its cleansing, detoxifying, and antioxidant properties. It helps flush out toxins, support liver function, and promote digestive health by stimulating the body's natural detox pathways. Limonene also boosts circulation, reduces inflammation, and strengthens immune function, making it a key component in natural detox and overall wellness.\*

### Clinical studies for HepaDetox ingredients:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7582973/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10609285/>
- <https://pubmed.ncbi.nlm.nih.gov/31969098/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC5814329/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC5761127/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8348102/>

## INGREDIENTS

*Daucus carota (Carrot Seed), Mentha piperita (Peppermint), Citrus limon (Lemon), Rosa rubiginosa (Rosehip Seed)*

## CAUTIONS

- **Safety Group 3:** Not for use by children under 10 years of age and pregnant or nursing women.
- Do not exceed recommended dosages.
- Non-toxic, non-irritant, non-sensitizing.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Dilution not required, but can be done with carrier oil if individual skin sensitivity occurs\*
  - **Healthy individuals ages 10 and over:** Dilute 60 drops per 1 ounce of carrier oil.\*
- Keep out of reach of children and pets.
- Store away from sunlight, at room temperature, with the lid securely tightened.\*

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