

Berberine ACV

advanced wellness support

HBNaturals
PRODUCT INFORMATION PAGE



ingredients

Organic Lemon (Citrus Limon) Powder, Organic Apple Cider Vinegar (Malus domestica, fruit), Organic Barberry (Berberis vulgaris) Root, Organic Turmeric (Curcuma longa), Organic Ginger (Zingiber officinale), Organic Ashwagandha (Withania somnifera), Organic Fermented Nutritional Yeast (Saccharomyces cerevisiae), Wild Atlantic Kombu (Laminaria digitata), Organic Cayenne Pepper (Capsicum annum)

suggested use

- Start with ½ scoop in up to four ounces of water once per day. Follow with 16 ounces of water. Slowly build up to the suggested serving size of 1 scoop per day.

Caution: Because this product may lower blood glucose, consult your healthcare provider before taking this product if you are taking blood glucose lowering medication.

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

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product summary

Berberine ACV is a proprietary plant-based blend to assist with natural energy, healthy weight management, reducing inflammation, stabilizing blood glucose levels, eliminating cravings, boosting metabolism, improving gut health, and more! It is an all-natural source of minerals, vitamins, and iodine, from whole food sources.*

Berberine is a potent compound found in barberry and well-known for its exceptional health benefits. Berberine has been used for centuries in Chinese, Ayurvedic, and folk medicine for its versatile therapeutic benefits. It has been shown in studies to decrease body weight, regulate metabolism, inhibit "fat synthesizing" enzymes, improve insulin sensitivity, promote glucose uptake in cells, and to positively impact appetite-regulating hormones leptin and ghrelin.*

Experience the power of Berberine, combined with Apple Cider Vinegar and a total of 9 superfoods, to supercharge your wellness in one convenient daily dose!*

ingredient highlights

- **Barberry Root:** Shown in studies to have numerous health benefits including anti-inflammatory ones due to the active ingredient berberine. Has been used for thousands of years to treat digestive issues, infections, skin conditions, and to promote vigor and an overall sense of well-being.*
- **Apple Cider Vinegar:** Research suggests that apple cider vinegar may have beneficial health properties, including antimicrobial and antioxidant effects. It can reduce inflammation, support healthy digestion and gut health, help regulate blood sugar levels, assist weight management, and contribute to health by helping to lower cholesterol and blood pressure.*
- **Lemon:** This limonene-rich source of vitamin C and powerful antioxidants can support the immune system, provide anti-inflammatory benefits, promote healthy digestion, help increase energy levels, and may assist in weight reduction and management.*
- **Curcumin (Turmeric):** A powerful antioxidant and anti-inflammatory shown in many high-quality studies to have major benefits for the body and brain.*
- **Ashwagandha:** Helps reduce stress and anxiety, supports adrenal health and hormone balance, enhances cognitive function, boosts immune function, improves sleep quality, supports thyroid health and metabolism regulation, helps regulate blood sugar levels.*

BodyBeet Max

red vitality shot

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PRODUCT INFORMATION PAGE



ingredients

Organic Beet (Root) Powder, Organic Amla (Fruit) Powder, Organic Hawthorn (Berry) Powder, Organic Schisandra chinensis (Berry) Powder, Organic Green Tea (Leaf) Powder, Organic Ashwagandha (Root) Powder, Organic Turmeric (Root) Powder, Organic Rosehip (Fruit) Powder, Turmeric (Root) Extract [Standardized to min. 95% Curcuminoids (630 mg) (including Curcumin, Demethoxycurcumin and Bisdemethoxycurcumin)], Capros® Amla (Fruit) Extract, Organic Garlic (Bulb) Powder, Organic Noni (Fruit) Powder, Organic Ginseng (Root) Powder, Astragalus (Root) Powder, Organic Acerola (Fruit) Juice Powder, Organic Bilberry (Leaf) Powder, Vitamin C (Ascorbic acid), Organic Black Pepper (Fruit) Powder, Triple Probiotic (Bacillus coagulans, Bacillus subtilis, Bacillus clausii) Powder 1 Billion CFU/g

Trademark Declarations: Capros® is a registered trademark of Kerry Company, used under license.



suggested use

- Add 1 scoop BodyBeet Max to 1 ounce of water. Mix well. Drink. Follow with 16 ounces of water. For best results take two (2) times daily.

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

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product summary

BodyBeet Max is a proprietary blend meticulously formulated to support heart health and enhance energy levels. Central to this formulation are beets, which are rich in nitrates known to improve blood flow and cardiovascular function. Complementing this are hawthorn berries, a traditional heart tonic revered for their ability to strengthen the heart and improve circulation. Together, these ingredients create a powerful synergy that promotes overall heart health.*

What sets BodyBeet Max apart is its inclusion of Capros®, a patented natural botanical extract derived from the edible fruits of Amla (Phyllanthus emblica). Capros® is clinically proven to support healthy blood vessels, reduce oxidative stress, and enhance nitric oxide production, further boosting cardiovascular health and vitality.*

With its unique combination of science-backed ingredients, BodyBeet Max not only supports the heart but also provides sustained energy, making it an excellent choice for those seeking a natural way to enhance their daily performance.*

ingredient highlights

- **Beets:** Packed with nitrates, which the body converts into nitric oxide, a compound that helps relax and widen blood vessels. This improved blood flow can lower blood pressure, enhance circulation, and support overall cardiovascular health, making beets a powerful ally for maintaining a healthy heart.*
- **Hawthorn Berry:** Well-known for their cardiovascular benefits, particularly their ability to strengthen the heart and improve blood circulation. Rich in antioxidants, these berries help reduce inflammation and support healthy blood pressure, making them an excellent natural remedy for promoting overall heart health and vitality.*
- **Capros®:** A patented extract derived from Indian gooseberry (Amla) that offers a range of health benefits, particularly for cardiovascular health. Clinically proven to support healthy blood vessels and improve circulation, Capros® helps increase nitric oxide production, which plays a crucial role in maintaining healthy blood pressure. Additionally, its powerful antioxidant properties help reduce oxidative stress, protecting the heart and promoting overall cardiovascular wellness.*

Clinical studies for Capros®:

- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6503348/>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4390209/>

cocoBLUE Blend™

5,000mg

Whole-Plant Cellular Vitality • Daily Foundation
Never Synthetic. Never Isolated.

7-Day Pouch • 5g × 7 servings • 35g (1.23 oz)
30-Day Pouch • 5g × 30 servings • 150g (5.29 oz)

The cell is where life happens.

cocoBLUE is the daily blend built to feed the cell the way nature delivers nutrition — whole, intact, recognizable.

Every breath taken.
Every thought formed.
Every step walked.

The cell is doing the work, all day, every day.

cocoBLUE is built around fourteen whole-plant ingredients chosen to support the three things every cell needs: a clear signal to begin, complete nourishment to do the work, and the cofactors required to turn nutrition into usable cellular energy.

Not isolated.
Not synthetic.
Just whole plants, delivered the way the body recognizes.

THE THREE THINGS EVERY CELL NEEDS

Signal. Nourish. Convert.

Signal: Blue Spirulina and Butterfly Pea Flower wake cellular energy pathways. The blue color is the signal made visible.

Nourish: Seven ocean superfoods drawn from all four marine plant kingdoms, green, red, brown, blue-green, deliver trace minerals from where minerals are most concentrated on earth.

Convert: Moringa, amla, and the Orgen family of whole-food cofactors complete the formula with the nutrients the body recognizes and uses.

Three roles, one glass, the color of open sea.



THE BLEND

Blue Spirulina • Butterfly Pea Flower
Moringa Leaf • Coconut Water Powder
Chlorella • Laver • Sea Lettuce
Dulse • Icelandic Triple Kelp Blend

Plus the Orgen Family (whole-food vitamin cofactors):
Orgen-B's® • Orgen-Mg® • Orgen-C® • Orgen-Si®

Black Pepper, whole fruit

Drinking it feels like:

- cool ocean and tropical coconut
- the mineral depth of green sea plants
- the quiet hum of cells fed properly

THE PRACTICE

Mix 2 level scoops (5 g total) into 10–12 oz of cold water. Stir or shake well. Add a squeeze of lemon to reveal cocoBLUE's signature color shift from electric blue to violet. Best taken once daily.

Once daily, anytime - morning, midday, or before movement.

Daily care builds steady cellular vitality.

Supplement Facts

Servings per container: 30
Serving Size: 2 level scoops (5 g total)

		Amount per serving	% DV*
Calories	22	cocoBLUE Blend™	5,000 mg †
Total Fat	0 g	0%	
Total Carbohydrate	3 g	1%	
Dietary Fiber	0.5 g	2%	
Total Sugars	1.5 g		
Includes 0 g added sugars			
Protein	1 g	2%	
Vitamin C	90 mg	100%	
Vitamin B1 / Thiamin	1.2 mg	100%	
Vitamin B2 / Riboflavin	1.3 mg	100%	
Vitamin B3 / Niacin	16 mg NE	100%	
Vitamin B5 / Pantothenic Acid	5 mg	100%	
Vitamin B6 / Pyridoxine	1.7 mg	100%	
Vitamin B7 / Biotin	30 mcg	100%	
Folate / Vitamin B9	414 mcg DFE	104%	
Vitamin B12 / Cobalamin	0.13 mcg	6%	
Sodium	15 mg	1%	
Iron	2 mg	12%	
Magnesium	39 mg	9%	
Potassium	102 mg	2%	
Iodine	150 mcg	100%	
Silica	38 mg	†	

* Percent Daily Values based on a 2,000 calorie diet.

† Daily value not established.

Blue Spirulina (Arthrospira platensis, cold water extracted), Butterfly Pea Flower (Clitoria ternatea, whole flower), Moringa Leaf (Moringa oleifera, whole leaf), Orgen-B's® (Psidium guajava, Ocimum sanctum, Citrus limon), Coconut Water Powder (Cocos nucifera), Orgen-Mg® (Cucurbita pepo, organic pumpkin extract), Chlorella (Chlorella vulgaris, broken cell wall), Laver (Porphyra spp., whole leaf), Orgen-C® (Phyllanthus emblica, organic amla extract), Orgen-Si® (Bambusa arundinacea, organic bamboo extract), Icelandic Triple Kelp Blend (Laminaria hyperborea, Ascophyllum nodosum, Laminaria digitata), Sea Lettuce (Ulva lactuca, whole leaf), Dulse (Palmaria palmata, whole leaf), Black Pepper (Piper nigrum, whole fruit)

Other Ingredients: None

Folate (414 mcg DFE / 104% DV) from whole-plant sources, including organic amla extract (Phyllanthus emblica). Naturally occurring as 5-methyltetrahydrofolate (5-MTHF) and folate cofactors. No folic acid.

Vitamin B12 (0.13 mcg 6%) from naturally occurring cobalamin in Laver (Porphyra spp.), Chlorella (Chlorella vulgaris), Dulse (Palmaria palmata), and Sea Lettuce (Ulva sp.) - four whole-plant ocean sources.

Iodine (150 mcg 100%) from Icelandic Triple Kelp Blend, Laver, Dulse, and Sea Lettuce.

Magnesium (39 mg 9%) from 8 whole-plant sources: Orgen-Mg® (organic pumpkin), Moringa, Coconut Water, Laver, Sea Lettuce, Chlorella, Dulse, and Icelandic Triple Kelp Blend.

THE ZILARA PHILOSOPHY

Five rules. No exceptions.*

- No isolated compounds.
- No stimulants.
- No synthetic vitamins or minerals.
- No fillers or flow agents.
- Whole-plant entourage effect, every formula.

*Read the founder's letter at zilara.com.

Manufactured by Green Organics, LLC
Cincinnati, OH 45245
GMP-compliant manufacturing facility
operating under 21 CFR Part 111

CAUTIONS

Contains naturally occurring iodine from Laver, Dulse, Sea Lettuce, and Icelandic Triple Kelp Blend. Consult your healthcare provider before use if you have a thyroid condition, take thyroid medication, or are pregnant or nursing. Keep out of reach of children. Store in a cool, dry place.

No folic acid. No cyanocobalamin.
No pyridoxine HCl.

Allergen statement: Manufactured in a facility that processes milk, egg, fish, shellfish, tree nuts, peanuts, wheat, soybeans, and sesame. Individuals with severe allergies should consult their healthcare provider before use.

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GlucoProtect

24 plant vitamins & minerals

HBnaturals
PRODUCT INFORMATION PAGE

If you're only going to take one supplement, make it GlucoProtect — a powerful, science-backed formula that delivers 21 plant-based vitamins and minerals along with targeted GLP-1 Blood Sugar Support. Featuring a synergistic blend of patented ingredients including Cissus CQR-300®, LeptiCore®, MicrobiomeX®, and Earthlight®, this comprehensive supplement supports healthy glucose regulation, metabolic function, and overall cellular health. Designed to promote total-body wellness, GlucoProtect helps balance energy, support digestion, and enhance nutrient absorption as part of your daily health routine.*



DIRECTIONS

- Mix one scoop with up to 8 ounces of warm water or your favorite beverage, 20 minutes before a meal with carbohydrates, or as advised by your healthcare professional.*

Nutrition Facts			Serving Size: 1 scoop (1.125 grams)			Servings per container: 60		
Amount per serving			Amount per serving			% Daily Value		
Calories 17			GLP-1 Blood Sugar Support Blend			600mg		
			LeptiCore® (Gum Arabic [Acacia Arabica], Guar Gum [Cyamopsis tetragonoloba], Locust Bean Gum [Ceratonia Siliqua], Pomegranate [Punica Granatum] Extract, Blue Green Algae [Aphanizomenon flos-aquae] Extract, and Beta-Carotene)			150mg		
			Cissus CQR-300® (Cissus quadrangularis) extract (stems and leaf) [Standardized for min 2.5% Total Phytochemical ketosterones (3.75mg)]			150mg		
			Organic Lemon [Citrus limon] Powder			125mg		
			Organic Mulberry [Morus alba] Leaf Extract Powder			125mg		
			2% Organic Ceylon Cinnamon Bark [Cinnamomum verum] Extract Powder			50mg		
			Akkermansia Blend			300mg		
			Organic Agave Inulin [Agave Tequilana Weber Azul] Powder, Organic Garlic [Allium sativum] Powder, Organic Onion [Allium cepa] Powder, Organic Leek [Allium ampeloprasum] Powder, Organic Asparagus [Asparagus officinalis] Powder, Organic Artichoke [Helianthus tuberosus] Powder			50mg		
			MicrobiomeX® Citrus Flavonoid Extract [Citrus sp.][Whole Fruit]			250mg		
			Whole Food Vitamin and Mineral Blend			145mg		
			Organic Broccoli [Brassica oleracea] Powder, Organic Spinach [Spinacia oleracea] Powder, Organic Kale [Brassica oleracea var. acephala] Powder, Organic Pumpkin [Cucurbita pepo] Powder, Organic Sweet Potato [Ipomoea batatas] Powder, Organic Sunflower Seed [Helianthus annuus] Powder, Organic Cranberry [Vaccinium macrocarpon] Powder, Organic Chlorella [Chlorella vulgaris], Organic Maitake Mushroom [Grifola frondosa] Powder, Organic Shiitake Mushroom [Lentinula edodes] Powder			125mg		
			Earthlight® Mushroom Powder Vitamin D2			20mg(800iu) 100%		
			Antioxidant Blend			80mg		
			Organic Parsley [Petroselinum crispum] Powder, Organic Carrot [Daucus carota] Powder, Organic Wheatgrass [Triticum aestivum] Powder, Organic Kale [Brassica oleracea var. acephala] Powder, Organic Beet [Beta vulgaris] Root Powder, Organic Cabbage [Brassica oleracea] Extract Powder, Organic Himalayan Pink Salt, Organic Black Pepper [Piper nigrum] Fruit Powder					
*Daily Value not established. The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.								
Cautions: This product may lower blood glucose. Consult your healthcare provider before use if taking blood sugar-lowering medication.								
Allergen Information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.								
Important Information: This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.								
These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.								

Earthlight® is a registered trademark of PLT Health Solutions, used under license.
Cissus quadrangularis CQR-300® is a registered trademark of Gateway Health Alliances, Inc. US PATENT 8,318,213.
LeptiCore® is a proprietary pre-mix and is a registered trademark of Gateway Health Alliances, Inc. US PATENT 10,279,001.
MicrobiomeX® is a registered trademark of BioActor B.V., used under license.

CAUTIONS

- **Safety Group 4:** Not for use by children, pregnant or nursing women, or individuals with weakened immune systems.*
- This product may lower blood glucose. Consult your healthcare provider before use if taking blood sugar-lowering medication.
- Keep out of reach of children.*
- A doctor's advice should be sought before using this and any supplemental dietary product.*

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GlucoProtect

24 plant vitamins & minerals

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PRODUCT INFORMATION PAGE

MEDICINAL CONSTITUENTS

CISSUS CQR-300®

- **Quercetin:** A powerful antioxidant and flavonoid known for its anti-inflammatory and blood sugar-regulating properties. It helps improve insulin sensitivity, reduce oxidative stress, and support glucose metabolism, making it beneficial for maintaining healthy blood sugar levels. Quercetin may also protect pancreatic cells, reduce sugar absorption in the gut, and support overall metabolic health, making it a valuable nutrient for blood sugar controls.*

Clinical studies for Cissus CQR-300®:

- <https://pubmed.ncbi.nlm.nih.gov/17274828/>
- <https://pubmed.ncbi.nlm.nih.gov/16948861/>
- <https://pubmed.ncbi.nlm.nih.gov/29912570/>

LEPTICORE®

- **Polysaccharides:** Complex carbohydrates found in plants that offer a range of health benefits, especially in supporting balanced blood sugar levels and healthy weight management. These natural compounds slow the absorption of glucose in the bloodstream, helping to prevent blood sugar spikes and crashes. Additionally, they promote satiety and support gut health, both of which play a key role in appetite control and metabolic balance.*

Clinical studies for Lepticare:

- <https://pubmed.ncbi.nlm.nih.gov/20170522/>
- <https://pubmed.ncbi.nlm.nih.gov/26742071/>
- <https://pubmed.ncbi.nlm.nih.gov/23684435/>

EARTHLIGHT®

- **Vitamin D:** A crucial fat-soluble nutrient that plays a key role in glucose metabolism, insulin sensitivity, and overall metabolic health. It helps regulate blood sugar levels, reduce inflammation, and support immune function, making it essential for maintaining balanced energy, cardiovascular health, and long-term wellness.*

Clinical studies for Vitamin D:

- <https://pubmed.ncbi.nlm.nih.gov/37111216/>
- <https://pubmed.ncbi.nlm.nih.gov/27932304/>
- <https://pubmed.ncbi.nlm.nih.gov/33802330/>

CINNAMON

- **Cinnamaldehyde:** Known for its glucose-regulating, anti-inflammatory, and antioxidant properties. Research suggests it helps enhance insulin sensitivity, lower blood sugar levels, and reduce oxidative stress, making it a powerful natural ingredient for metabolic support and overall wellness.*

Clinical studies for Cinnamon:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC5745724/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6425402/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC5622575/>

KALE

- **Carotenoids:** Powerful antioxidants that support glucose metabolism and overall metabolic health. These natural pigments help reduce oxidative stress, enhance insulin sensitivity, and protect cells from damage, making them essential for maintaining balanced blood sugar levels and long-term wellness.*

Clinical studies for Kale:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8386848/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11012840/>

MULBERRY LEAF

- **Flavonoids:** Powerful antioxidants that support glucose regulation and metabolic health. Research suggests they help enhance insulin sensitivity, reduce blood sugar spikes, and combat oxidative stress, making them a valuable natural compound for maintaining balanced blood sugar levels and overall wellness.*

Clinical studies for Mulberry Leaf:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10117911/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8593624/>

CARROT

- **Beta-carotene:** A powerful antioxidant that supports glucose metabolism and insulin sensitivity. It helps reduce oxidative stress, protect pancreatic cells, and regulate blood sugar levels, making it a valuable nutrient for maintaining balanced glucose levels and overall metabolic health.*

Clinical studies for Carrot:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10608851/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6770766/>

AGAVE INULIN

- **Fructan:** A type of prebiotic fiber known for powerful health benefits - especially when it comes to digestion, weight management, and blood sugar control. By feeding beneficial gut bacteria, fructans help improve gut health and support a healthy inflammatory response. They also slow carbohydrate absorption, promoting more stable blood sugar levels and reducing cravings.*

Clinical studies for Inulin:

- <https://pubmed.ncbi.nlm.nih.gov/37101209/>
- <https://pubmed.ncbi.nlm.nih.gov/35381290/>
- <https://www.mdpi.com/2072-6643/16/17/2935>

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Gut Check

matcha probiotic hydration

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PRODUCT INFORMATION PAGE

Gut Check blends ceremonial grade matcha, MicrobiomeX®, and fulvic minerals to support gut health and overall wellness. Rich in antioxidants and nutrients, matcha has been cherished for centuries in traditional Japanese tea ceremonies for its numerous health benefits, while MicrobiomeX® promotes a balanced microbiome. Enjoy it hot, cold, in smoothies, or even baked goods for a delicious, nourishing boost.*

DIRECTIONS

- Mix 1 scoop (½ teaspoon) with 2 ounces of cool water and stir with a whisk or electric frother until a smooth froth forms. Add hot or cold water to taste for tea, or add milk for a latte, and enjoy. May be sweetened to taste with preferred sweetener. Refrigerate after opening for maximum freshness.*



MEDICINAL CONSTITUENTS

- **Catechins:** Powerful antioxidants found in tea, particularly green tea, that support overall health and digestion. They help reduce inflammation, combat oxidative stress, and promote a balanced gut microbiome. In the colon, catechins may aid in preventing harmful bacterial overgrowth, supporting healthy digestion, and reducing the risk of digestive discomfort. Their anti-inflammatory properties also contribute to overall colon health and may help protect against certain gastrointestinal issues.*
- **Flavonoids:** Potent plant-based antioxidants that support overall health, particularly in the digestive system. They help reduce inflammation, combat oxidative stress, and promote a healthy gut microbiome. In the colon, flavonoids may aid digestion, support regularity, and protect against harmful free radicals that contribute to digestive discomfort. Their anti-inflammatory and immune-boosting properties also play a role in maintaining optimal colon health and overall well-being.*
- **Fructans:** A type of prebiotic fiber found in foods like onions, garlic, leeks, and bananas, known for their powerful benefits to gut health. They nourish beneficial gut bacteria, promoting a balanced microbiome and improving digestion. Fructans also enhance nutrient absorption, support immune function, and may help regulate blood sugar levels. Additionally, they contribute to overall colon health by increasing stool bulk and promoting regularity, making them an essential component of a healthy diet.*

Clinical studies for Gut Check ingredients:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10529306/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8698834/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8401650/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7554000/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6364418/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11397174/>

INGREDIENTS

Organic Camellia sinensis (Matcha Green Tea) Powder, Organic Cocos nucifera (Coconut Water) Powder, Organic Blue Agave Inulin (Agave Tequilana) Powder, Organic Luo han guo (Monk Fruit) Powder, MicrobiomeX® Citrus Flavonoid Extract (Citrus sp.)(Whole Fruit), Fulvic Mineral Powder Concentrate

MicrobiomeX

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CAUTIONS

- **Safety Group 3:** Not for use by children under 10 years of age and pregnant or nursing women.*
- A doctor's advice should be sought before using this and any supplemental dietary product.*
- Keep out of reach of children and pets.*

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Holy Basil (Tulsi) Tea

empower your body. boost immunity, lower cortisol.

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PRODUCT INFORMATION PAGE

Holy Basil (Tulsi) Tea is a revitalizing blend of Holy Basil, Marshmallow Root, Blessed Thistle, Senna Leaf, Papaya, and Ginger Root, designed to support digestion, immunity, and overall well-being. Holy Basil manages stress, while Papaya and Ginger Root aid digestion and reduce inflammation. Blessed Thistle supports liver function, and Senna Leaf provides gentle detoxification. Packed with antioxidants, this tea helps balance blood sugar, combat oxidative stress, and promote vitality in every sip.*



DIRECTIONS

- Mix 1 scoop with up to 8 ounces of warm water, or your favorite beverage, once or twice daily, or as directed by your healthcare professional.*

MEDICINAL CONSTITUENTS

- **Eugenol:** A natural compound that offers anti-inflammatory, antioxidant, and antimicrobial benefits, supporting immunity, reducing inflammation, and promoting oral health.*
- **Ursolic acid:** A natural compound known for its powerful health benefits, including reducing inflammation, fighting tumors, and combating viruses.*
- **Caryophyllene:** A sesquiterpene hydrocarbon found in Holy Basil leaf oil that contributes to its calming and anti-inflammatory properties, supporting stress relief and overall wellness.*
- **Phenolic compounds:** Holy Basil's fresh leaves and stems are rich in antioxidants such as cirsilineol, circimaritin, isothymusin, apigenin, and rosmarinic acid, which help protect the body from oxidative stress and support overall health.*
- **Cnicin:** The main compound in Blessed Thistle, cnicin, gives the plant its bitter taste and supports digestion by stimulating saliva and gastric acid production.*
- **Polyacetylenes:** Natural compounds known for their potential to help the body fight bacterial infections. Additionally, these compounds may support the immune system, reduce inflammation, and promote overall health.*
- **Sennosides:** The primary chemical constituents of senna leaves are anthraquinone glycosides, specifically known as sennosides (sennosides A and B), which are responsible for its laxative effect; these are derived from the anthraquinone aglycones rhein and aloe-emodin.*

Clinical studies for Holy Basil (Tulsi) Tea ingredients:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC4296439/>
- <https://pubmed.ncbi.nlm.nih.gov/36770859/>
- <https://pubmed.ncbi.nlm.nih.gov/12677537/>
- <https://pubmed.ncbi.nlm.nih.gov/38718639/>
- <https://pubmed.ncbi.nlm.nih.gov/36644449/>
- <https://pubmed.ncbi.nlm.nih.gov/36080355/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8066973/>
- <https://pubmed.ncbi.nlm.nih.gov/31315213/>

INGREDIENTS

Ocimum tenuiflorum (Holy Basil), *Althaea officinalis* (Marshmallow) Root, *Cnicus benedictus* (Blessed Thistle), *Cassia angustifolia* (Senna) Leaf, *Carica papaya* (Papaya) Fruit Extract, *Zingiber officinale* (Ginger) Root

CAUTIONS

- **Safety Group 3:** Not for use by children under 10 years of age and pregnant or nursing women.*
- Holy Basil (Tulsi) Tea may modify glucose regulation.*
- A doctor's advice should be sought before using this and any supplemental dietary product.*
- Keep out of reach of children and pets.*

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MIND

cognitive support & nootropic wholefoods

HBNaturals
PRODUCT INFORMATION PAGE



ingredients

Organic Turmeric (*Curcuma longa*) Root Powder, Organic Orange (*Citrus sinensis*) Fruit Juice Powder, Organic Coconut (*Cocos nucifera*) Fruit Powder, Organic Carrot (*Daucus carota*) Root Juice Powder, Organic Lion's Mane (*Hericium erinaceus*) Mushroom Extract Powder, Organic Camu Camu (*Myrciaria dubia*) Fruit Powder, Luo Han Guo (Monk Fruit) Extract Powder (7%), Organic Ashwagandha (*Withania somnifera*) Root Powder, Organic Astragalus (*Astragalus membranaceus*) Root Powder, Organic Ceylon Cinnamon (*Cinnamomum verum*) Bark Powder, Organic Gotu Kola (*Centella asiatica*) Aerial Parts Powder, Organic Ginger (*Zingiber officinale*) Root Powder, Panax Ginseng (*Panax ginseng*) Root Powder, Organic Fenugreek (*Trigonella foenum-graecum*) Seed Powder, Organic Mucuna Pruriens (*Mucuna pruriens*) Seed Powder, Organic Bacopa Monnieri (Brahmi) Aerial Parts Powder, Licorice (*Glycyrrhiza glabra*) Root Extract (4:1), Vegetable DHA (Docosahexaenoic Acid) Powder (10%)

suggested use

- Add 1 scoop Mind to milk, juice, smoothies, etc. Delicious hot or cold! Can also be sprinkled on your favorite yogurt, cereal, or salad. May be sweetened to taste with preferred sweetener. Shake or mix well. May be taken up to two (2) times daily.

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

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product summary

As we age, too many of us are watching our bodies outlast our minds. The rise in memory loss, cognitive decline, and mental health struggles is devastating - but emerging research is uncovering a critical connection: brain inflammation.*

Scientists now believe inflammation isn't just a contributor, it's a driving force behind many brain-related disorders. Addressing this underlying issue may be key to protecting memory, focus, and long-term cognitive health.*

That's where Mind comes in. This powerful blend delivers targeted nourishment to support brain function, mental clarity, and emotional well-being. By helping the body manage inflammation, Mind may promote calm, happiness, and even better sleep - often among the first benefits customers notice.*

Your brain deserves care, just like the rest of your body. Give it the support it needs with Mind.*

ingredient highlights

- **Curcumin (Turmeric):** Curcumin, the active compound in turmeric, has been extensively studied for its anti-inflammatory and neuroprotective properties. Research from The Ohio State University found that curcumin helps reduce amyloid plaque buildup - a key factor in the progression of Alzheimer's disease. By supporting brain health, cognitive function, and memory, curcumin may play a vital role in protecting against neurodegenerative decline and promoting long-term mental clarity.*
- **Mucuna Pruriens:** A natural source of Levodopa (L-dopa), a key compound that supports mood, memory, learning, and restful sleep. As a precursor to dopamine, L-dopa plays a vital role in behavior, motivation, and cognitive function, helping to promote a balanced mood and overall mental well-being.*
- **Bacopa Monnieri:** Its use as a nerve and brain tonic for memory, learning, and concentration goes back at least 3,000 years.*
- **Docosahexaenoic Acid (DHA):** A crucial omega fatty acid for the healthy structure and function of the brain. Studies suggest benefits on brain health and aging.*
- **Licorice Root:** Research conducted by Dr. Rosemarie Booze, a neuroscientist and professor, found a compound in licorice root that could prevent or slow down the cell death associated with neurodegenerative diseases such as Alzheimer's and Parkinson's.*

main constituents

TURMERIC

- **Curcumin:** The main active compound in turmeric, curcumin is a powerful anti-inflammatory and antioxidant known to support brain health, joint function, and overall well-being. Research suggests it may help reduce oxidative stress, improve cognitive function, and protect against neurodegenerative decline.*

Clinical studies for Turmeric:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8187459/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10111629/>

ORANGE

- **Limonene:** Known for its antioxidant, anti-inflammatory, and mood-boosting properties. It supports digestive health, immune function, and stress relief, while also promoting a sense of calm and mental clarity.*

Clinical studies for Orange:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8570725/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10981099/>

COCONUT

- **Lauric acid:** A beneficial fatty acid found in coconut, that is known for its antimicrobial, immune-boosting, and heart-supporting properties. It helps fight harmful pathogens, promote healthy cholesterol levels, and support overall wellness.*

Clinical studies for Coconut:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10969476/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7766932/>

CARROT

- **Beta carotene:** A powerful antioxidant found in colorful fruits and vegetables that supports vision, immune function, and skin health. The body converts it into vitamin A, which is essential for cell growth, eye health, and overall well-being.*

Clinical studies for Carrot:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10608851/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6770766/>

LION'S MANE MUSHROOM

- **Terpenoids:** Hericenones and erinacines are two powerful compounds that support brain health, nerve regeneration, and cognitive function. These bioactive constituents may help enhance memory, reduce inflammation, and protect against neurodegenerative decline.*

Clinical studies for Lion's Mane:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10675414/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9479623/>

CAMU CAMU

- **Vitamin C:** The key chemical component and a powerful antioxidant that supports immune function, collagen production, and overall skin health. It helps reduce inflammation, fight oxidative stress, and promote cellular repair for enhanced well-being.*

Clinical studies for Camu Camu:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9933082/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11154359/>

ASHWAGANDHA

- **Withanolides:** The active compounds in Ashwagandha, withanolides, are known for their adaptogenic, anti-inflammatory, and neuroprotective properties. They help reduce stress, support cognitive function, enhance immunity, and promote overall vitality.*

Clinical studies for Ashwagandha:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8762185/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10281725/>

ASTRAGALUS

- **Saponins:** Natural plant compounds known for their antioxidant, immune-boosting, and cholesterol-lowering properties. They help support heart health, reduce inflammation, and enhance the body's ability to fight infections.*

Clinical studies for Astragalus:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10482111/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10204964/>

CEYLON CINNAMON

- **Cinnamaldehyde:** Known for its antioxidant, anti-inflammatory, and blood sugar-supporting properties. It helps regulate glucose levels, promote heart health, and combat harmful pathogens.*

Clinical studies for Ceylon Cinnamon:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6668558/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC5622575/>

GOTU KOLA

- **Triterpenoids:** Asiaticoside, madecassoside, and asiatic acid are the main triterpenoids in gotu kola, and they support cognitive function, skin health, and circulation. These compounds help enhance memory, reduce inflammation, and promote wound healing.*

Clinical studies for Gotu Kola:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9650315/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC4908235/>

Nova Brain Fuel Coffee

Happy. Calm. Clear. Focus.

PNnaturals
PRODUCT INFORMATION PAGE

Nova Brain Fuel Coffee is designed for how you want to feel, not just how awake you want to be. Nova Coffee isn't about stronger caffeine. Instead of pushing your system with caffeine alone, Nova combines organic coffee with calming adaptogens, brain-supportive botanicals and nutrients to support a better mental state from the very first cup.

Nova helps you feel awake and grounded. You get focus without the rush, energy without the crash, and a morning that feels supportive instead of demanding. You get focus without the rush, energy without the crash, and a morning that feels supportive instead of demanding. This is coffee that helps you feel good, think clearly, and focus without tension or crash.

Most coffee pushes the nervous system into overdrive. Nova Coffee does the opposite. Instead of forcing energy, it works with the nervous system using adaptogens, cognitive botanicals, and hydration support alongside coffee. This creates smooth mental clarity, sustainable energy, and a calmer internal rhythm, day after day. It pairs organic Arabica coffee with adaptogens, brain botanicals, and gentle nourishment to support calm focus instead of spikes and crashes. The result is steady energy, clearer thinking, and a more regulated start to the day, without jittery stimulation or burnout.



DIRECTIONS

- Add 1 teaspoon (1 scoop) into hot water. Stir and enjoy. Store in a cool, dry place.*



KEY BENEFITS

- Supports calm, focused mental clarity*
- Promotes smooth, steady energy without jitters*
- Supports nervous system balance*
- Encourages sustained motivation*
- Designed for daily use without crashes*

Supplement Facts			
Serving Size: 1 teaspoon (4.2 grams)		Servings per container: 30	
Amount per serving		5	
Calories			
	Amount Per Serving	% Daily Value*	100% Natural Whole Food Ingredients without additives or preservatives. Contains no added synthetic vitamins or synthetic minerals.
Total Fat	0g	0%	Ingredients: Organic Micro-ground Instant Arabica Coffee, Organic Cocos Nucifera (Coconut Water) Powder, Organic Hericium erinaceus (Lion's Mane Mushroom) Extract, Ashwagandha (Withania Somnifera) Root and Leaf Extract, Organic Mucuna Pruriens (Velvet Bean Seed) Extract, Organic Bacopa Monnieri (Water Hyssop Leaf) Extract, Organic Centella Asiatica (Gotu Kola) Powder, Organic Glycyrrhiza Glabra (Licorice Root) Extract
Calories From Fat	0		
Saturated Fat	0g		
Trans Fat	0mg	*	
Cholesterol	0g	0%	
Sodium	7mg	.003%	
Total Carbohydrate	.8g	0%	
Dietary Fiber	.2g	0%	
Sugars	.6g		
Added Sugars	0g		
Protein	0g		
Iron	1.3mg	7%	
Potassium	25.78mg	1%	
Caffeine (from coffee)	62.8mg	*	
Important Information: This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.			
Allergen Information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.			
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
*Daily Value not established.			

CAUTIONS

- Consult with a physician before use if you have a serious medical condition or use prescription medications. A doctor's advice should be sought before using this and any supplemental dietary product.

Nova Brain Fuel Coffee

Happy. Calm. Clear. Focus.

ABNnaturals
PRODUCT INFORMATION PAGE

FUNCTIONAL CONSTITUENTS

ARABICA COFFEE

- **Trigonelline:** A naturally occurring compound found in coffee and fenugreek, trigonelline supports cellular energy, metabolic balance, and healthy glucose signaling. It helps promote mental clarity and steady energy while supporting overall metabolic and nervous system function.*
- **Chlorogenic Acids (CGAs):** Naturally occurring polyphenols found in coffee that support healthy blood sugar balance, metabolic function, and antioxidant protection. They help moderate glucose absorption, support fat metabolism, and promote overall cellular resilience for sustained energy and wellness.*

Clinical studies for Arabica Coffee:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7501436/>
- <https://pubmed.ncbi.nlm.nih.gov/36014363/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10867520/>

ASHWAGANDHA

- **Withanolides:** Ashwagandha (*Withania somnifera*) is a traditional adaptogenic herb derived from the plant's root and, in some cases, leaf, naturally containing withanolides - the primary bioactive compounds associated with its stress-modulating and cognitive-supporting properties. Widely used to promote stress resilience, mental clarity, and healthy sleep patterns, ashwagandha has been studied for its ability to help reduce everyday stress and support overall nervous system balance.*

Clinical studies for Ashwagandha:

- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3897003/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11085552/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8762185/>

MUCUNA PRURIENS

- **L-Dopa (levodopa):** A naturally occurring compound that supports healthy dopamine activity, this ingredient helps promote focus, motivation, and mental clarity. By supporting balanced neurotransmitter function, it contributes to stable mood, cognitive performance, and sustained, feel-good energy throughout the day.*

Clinical studies for Mucuna Pruriens:

- <https://pubmed.ncbi.nlm.nih.gov/15548480/>
- <https://pubmed.ncbi.nlm.nih.gov/35380400/>
- <https://pubmed.ncbi.nlm.nih.gov/39585071/>

DOCOSAHEXAENOIC ACID (VEGETABLE DHA)

- **Alpha-linolenic acid (ALA):** A plant-based omega-3 fatty acid, alpha-linolenic acid (ALA) supports cardiovascular health, cellular integrity, and balanced inflammatory response. It helps nourish cell membranes and promotes overall metabolic and brain support for long-term wellness.*

Clinical studies for Alpha-linolenic acid:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10721518/>
- <https://pubmed.ncbi.nlm.nih.gov/30521670/>
- <https://pubmed.ncbi.nlm.nih.gov/22494376/>

BACOPA MONNIERI

- **Bacosides:** Naturally occurring compounds found in bacopa that support memory, learning, and cognitive clarity by helping protect brain cells and enhance neurotransmitter communication. They promote mental performance, stress resilience, and long-term brain health for sharper, more focused thinking.*

Clinical studies for Bacopa Monnieri:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC4405885/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC3306740/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC12158153/>

GOTU KOLA

- **Triterpenoids (saponins):** Naturally occurring plant compounds that support cellular protection, stress adaptation, and healthy inflammatory balance. They help enhance resilience at the cellular level while supporting immune function and overall metabolic harmony.*

Clinical studies for Gotu Kola:

- <https://pubmed.ncbi.nlm.nih.gov/26602573/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC4908235/>

LICORICE ROOT

- **Glycyrrhizic Acid:** A bioactive compound derived from licorice root, this ingredient supports a healthy stress response, immune balance, and digestive comfort. It helps promote adrenal resilience and inflammatory balance while supporting overall metabolic and cellular function.*

Clinical studies for Licorice Root:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8703329/>
- <https://pubmed.ncbi.nlm.nih.gov/31874059/>

COCONUT

- **Electrolytes:** A naturally balanced blend including potassium, magnesium, calcium, and phosphorus supports hydration, fluid balance, and mineral replenishment. These essential minerals help maintain cellular function and support steady energy and overall daily performance.*

Clinical studies for Coconut:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC12072132/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6255029/>

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SLIMMER

HEALTHY WEIGHT MANAGEMENT THE ORIGINAL FORMULA

Craving Control • Metabolic Support • Gut Balance
Loved Since 2017

Slimmer is a once-daily botanical drink mix created to support the body's natural metabolic balance in a way that is simple, sustainable, and easy to make part of your day. Loved by customers since 2017, it has earned its reputation one scoop at a time. Just mix a scoop into cold water before a meal and enjoy its bright, tart, mineral-rich flavor from yacon, sea buckthorn, beet, and coconut water. Behind that refreshing drink are three purposeful botanical systems working together: Craving Control, Metabolic Support, and Gut Balance.

Each blend is built with intention. Ashwagandha and true Ceylon cinnamon help support a calmer relationship with cravings. Slendacor® and amla provide metabolic support, while yacon root helps nourish a healthy gut. Rather than relying on stimulants or shortcuts, Slimmer is designed to work with your body's natural processes to support steady, consistent progress.

The work happens in the stillroom, where ingredients are weighed by hand and every formula is read line by line. Made in-house by Green Organics, Slimmer contains no fillers, flow agents, or unnecessary excipients. Other Ingredients: None. Just thoughtfully selected botanicals, carefully blended into a formula that has earned its loyal following by delivering exactly what it was created to do.

SUGGESTED USE

Mix 1 scoop (3.75 g) into 8 fl oz of cold water. Stir or shake well. Best taken once daily, ideally 30 minutes before a meal.



THE THREE BLENDS

Craving Control Blend™ — Ashwagandha (whole root), Ceylon Cinnamon (bark), Holy Basil / Tulsi (leaf), Fenugreek (seed)

The blend that settles the urge to graze. Ashwagandha steadies the stress load that drives grazing. Ceylon cinnamon and fenugreek carry the glucose side. Holy basil brings the calm.

Metabolic Support Blend™ — Slendacor® (moringa, curry leaf, turmeric), Amla (berry), Mulberry Leaf (Morus alba), Beet (root), Black Pepper (fruit)

The engine of the formula. Slendacor, a standardized blend of moringa, curry leaf, and turmeric, anchors the metabolic work. Amla and mulberry leaf carry the glucose story. Black pepper completes it.

Gut Balance Blend™ — Yacon (root), Sea Buckthorn (fruit), Coconut Water

The base that feeds the rest. Yacon is a naturally sweet prebiotic fiber. Sea buckthorn and coconut water bring the whole-food body and minerals.

RESEARCH BEHIND THE INGREDIENTS

- Metabolic Support · Slendacor cluster — A 2025 meta-analysis of randomized controlled trials evaluated Moringa oleifera, including a standardized moringa, curry leaf, and turmeric formulation at 900 mg/day, on cardiometabolic outcomes such as glycemic indices, lipids, and blood pressure. Nutrients, 2025 · PMC12655524
- Metabolic Support · cinnamon — An umbrella review of 21 meta-analyses of RCTs found cinnamon supplementation associated with improvements in fasting blood glucose and lipid profiles. Frontiers in Nutrition, 2025 · PMC12620228
- Metabolic Support · mulberry leaf — Randomized, double-blind trials found mulberry leaf extract enriched in 1-deoxynojirimycin (DNJ) improved post-meal glycemic response, consistent with alpha-glucosidase inhibition. J. Diabetes Investig., 2011 · PMC4014974
- Craving Control · ashwagandha — A 60-day randomized, double-blind, placebo-controlled trial found 600 mg/day of full-spectrum ashwagandha root reduced serum cortisol and stress-scale scores versus placebo. Indian J. Psychol. Med., 2012 · PMC3573577
- Craving Control · ashwagandha (pooled) — A systematic review and meta-analysis of RCTs reported ashwagandha reduced cortisol, perceived stress, and anxiety scores versus placebo. 2025 · PMC12242034

CAUTIONS

- Consult your healthcare provider before use if you are pregnant, nursing, taking any medication, or have a medical condition.
- If you have diabetes or take medication that affects blood sugar (e.g., insulin or sulfonylureas), monitor your blood glucose closely and consult your healthcare provider before use, as some ingredients may lower blood sugar.
- Contains ashwagandha and fenugreek.
- Keep out of reach of children.
- Store in a cool, dry place.

ALLERGEN STATEMENT

Manufactured in a facility that processes milk, egg, fish, shellfish, tree nuts, peanuts, wheat, soybeans, and sesame. Individuals with severe allergies should consult their healthcare provider before use.

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Supplement Facts

Servings Per Container: 30

Serving Size: 1 scoop (3.75 grams)

	Amount Per Serving	% Daily Value*
Calories		10
Total Carbohydrate	3 g	1%*
Dietary Fiber	2 g	7%*
Including yacon fructooligosaccharides (FOS)		
Total Sugars	1 g	†
Includes 0 g Added Sugars		
Craving Control Blend™	1,237 mg	†
Ashwagandha (whole root), Ceylon Cinnamon (bark), Holy Basil / Tulsi (leaf), Fenugreek (seed)		
Metabolic Support Blend™	1,406 mg	†
Slendacor® (moringa, curry leaf, turmeric), Amla (berry), Mulberry Leaf (Morus alba), Beet (root), Black Pepper (fruit)		
Gut Balance Blend™	1,107 mg	†
Yacon (root), Sea Buckthorn (fruit), Coconut Water		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: None.

Slimmer Pro

maximum glp-1 activator formula

HBNaturals
PRODUCT INFORMATION PAGE

Slimmer Pro is a powerful, plant-based supplement designed to support healthy weight loss, curb cravings, and boost metabolism - naturally and without the crash. Featuring five clinically studied, patented ingredients - DygloFit®, LeptiCore®, Slendacor®, Sensoril®, and Cissus CQR-300® - this advanced formula works synergistically to promote fat burning, appetite control, and metabolic balance.* It also supports digestion, blood sugar stability, and energy levels, making it a smart solution for those looking to manage weight, feel better in their body, and maintain long-term wellness.*

DIRECTIONS

- Mix 1 scoop of SLIMMER into 8 ounces of water, ideally 30 minutes before meals. SLIMMER can be taken up to 3 times per day.*



Nutrition Facts		Serving Size: 1 scoop (2.25g)		Servings per container: 30	
Amount per serving		Amount per serving		% Daily Value*	
Calories 20		Adipose Fat Burner Blend		1150mg	*
	% DV*		% DV*		
Total Fat	0g 0%	Slendacor® (Blend of Moringa [Moringa oleifera] Leaf Extract; Curry [Murraya koenigii] Leaf Extract; Turmeric [Curcuma longa] Root Extract)		900mg	*
Calories From Fat	0	Green Coffee Bean Extract; Organic Siberian Ginseng [Eleutherococcus senticosus] Root Powder; Organic Panax Ginseng Root Extract [2% Ginsenosides]		250mg	*
Saturated Fat	0g *	AMPK Metabolic Activator Blend		500mg	*
Trans Fat	0g	Dyglifit® (Dichrostachys glomerata) Fruit Extract Powder		400mg	*
Cholesterol	0g 0%	Turmeric (Curcuma longa) Root Powder; Mango (Mangifera indica) Fruit Powder; Beet (Beta vulgaris) Root Powder; Sea Buckthorn (Hippophae rhamnoides) Fruit Powder; Garcinia Cambogia [Garcinia gummi-gutta] Fruit Powder		100mg	*
Sodium	24mg 1%	GLP-1 Blood Sugar Support Blend		450mg	*
Total Carbohydrate	4g 1%	Organic Lemon [Citrus limon] Powder; Organic Mulberry (Morus alba) Leaf Extract Powder; Organic Agave [Agave tequilana] Inulin		150mg	*
Dietary Fiber	3g 14%	LeptiCore® (Gum Arabic [Acacia Arabica]; Guar Gum [Cyamopsis Tetragonoloba]; Locust Bean Gum [Ceratonia Siliqua]; Pomegranate [Punica Granatum] Extract; Blue Green Algae [Aphanizomenon Flos-aquae] Extract; and Beta-Carotene)		150mg	*
Sugars	1g	Cissus CQR-300® (Cissus quadrangularis) extract (stems and leaf) [Standardized for min 2.5% Total Phytochemicals (3.75mg)]		150mg	*
Added Sugars	0g	Be Happy Hydration & Energy Blend		150mg	*
Protein	0g	Sensoril® Ashwagandha (Withania somnifera) Root and Leaf Extract (10% Withanolides)		100mg	*
Vitamin A (from Beta Carotene)	225mcg 25%	Coconut (Cocos nucifera) Water Powder; Irish Sea Moss (Chondrus crispus) Powder; Chamomile (Matricaria chamomilla) Flower Powder; Fulvic Acid Mineral Powder; Organic Maca (Lepidium meyenii) Root Powder; Organic Goji (Lycium barbarum) Juice Powder; Organic Cordyceps (Ophiocordyceps sinensis) Mushroom Powder; Organic Lion's Mane (Hericium erinaceus) Mushroom Powder; Organic Astragalus (Astragalus membranaceus) Root Extract (10:1); Organic Reishi (Ganoderma lucidum) Mushroom Powder; Organic Amla (Phyllanthus emblica) Fruit Powder		50mg	*
Vitamin C (as Ascorbic Acid)	45mg 50%				
Vitamin D (as Vitamin D2) (1000iu)	25mcg 125%				
Vitamin E (as d-alpha-tocopherol)	5mg 30%				
Vitamin K1 (Phylloquinone)	191mcg 160%				
Vitamin B1 (Thiamine)	.09mg 8%				
Vitamin B2 (Riboflavin)	.15mg 13%				
Vitamin B3 (Niacin)	3.2mg 2%				
Vitamin B5 (Pantothenic acid)	1.25mg 25%				
Vitamin B6 (Pyridoxine)	.34mg 17%				
Vitamin B7 (Biotin)	7.5mcg 25%				
Vitamin B9 (Folate)	100mcg 25%				
Vitamin B12 (Methylcobalamin)	.6mcg 25%				
Chromium	17.5mcg 50%				
Calcium	490mg 3%				
Copper	.225mg 25%				
Iodine	12mcg 8%				
Iron	.64mg 8%				
Magnesium	12.8mg 4%				
Potassium	470mg 11%				
Manganese	.76mg 30%				
Molybdenum	15mcg 30%				
Selenium	3.3mcg 6%				
Zinc	.88mg 1%				

*Daily Value not established. The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Cautions: This product may lower blood glucose. Consult your healthcare provider before use if taking blood sugar-lowering medication.

Allergen Information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.

Important Information: This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Slendacor® is a registered trademark of PLT Health Solutions, used under license.
Cissus quadrangularis CQR-300® is a registered trademark of Gateway Health Alliances, Inc. US PATENT 8,318,213.
LeptiCore® is a proprietary pre-mix and is a registered trademark of Gateway Health Alliances, Inc. US PATENT 10,279,001.
Dyglifit® is a registered trademark of Gateway Health Alliances, Inc.
Sensoril® is a registered trademark of Kerry Company, used under license.

CAUTIONS

- **Safety Group 4:** Not for use by children, pregnant or nursing women, or individuals with weakened immune systems.*
- This product may lower blood glucose. Consult your healthcare provider before use if taking blood sugar-lowering medication.
- Keep out of reach of children.*
- A doctor's advice should be sought before using this and any supplemental dietary product.*

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Slimmer Pro

maximum glp-1 activator formula

HBNaturals
PRODUCT INFORMATION PAGE

MEDICINAL CONSTITUENTS

SLENDACOR®

- **Curcuminoids:** The active compounds in turmeric, they are known for their powerful anti-inflammatory and antioxidant properties. Research suggests they may help combat obesity by improving insulin sensitivity, reducing fat tissue growth, and supporting healthy metabolism. Curcuminoids also aid in reducing inflammation linked to weight gain and metabolic dysfunction, making them a valuable nutrient for weight management and overall wellness.*
- **Phenolic Acids:** These powerful plant compounds are known for their antioxidant and anti-inflammatory properties, which play a key role in supporting weight management and metabolic health. They help protect cells from oxidative stress, regulate blood sugar levels, and reduce inflammation linked to obesity. By promoting healthier fat metabolism and supporting liver function, phenolic acids contribute to overall wellness and a more balanced metabolic state.*

Clinical studies for Slendacor:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7455912/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7886504/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC4104627/>

DYGLOFIT®

- **Flavonoids:** These plant-based compounds with strong antioxidant and anti-inflammatory effects, have been shown to support weight management and metabolic health. They help regulate fat metabolism, improve insulin sensitivity, and reduce inflammation often associated with obesity. By protecting cells from oxidative stress and supporting healthy blood sugar levels, flavonoids play a key role in maintaining a balanced metabolism and promoting long-term wellness.*

Clinical studies for DygloFit:

- <https://pubmed.ncbi.nlm.nih.gov/39313865/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9143725/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7281205/>

LEPTICORE®

- **Polysaccharides:** Complex carbohydrates found in plants that offer a range of health benefits, especially in supporting balanced blood sugar levels and healthy weight management. These natural compounds slow the absorption of glucose in the bloodstream, helping to prevent blood sugar spikes and crashes. Additionally, they promote satiety and support gut health, both of which play a key role in appetite control and metabolic balance.*

Clinical studies for LeptiCore:

- <https://pubmed.ncbi.nlm.nih.gov/20170522/>
- <https://pubmed.ncbi.nlm.nih.gov/26742071/>
- <https://pubmed.ncbi.nlm.nih.gov/23684435/>

CISSUS CQR-300®

- **Quercetin:** A powerful antioxidant and flavonoid known for its anti-inflammatory and blood sugar-regulating properties. It helps improve insulin sensitivity, reduce oxidative stress, and support glucose metabolism, making it beneficial for maintaining healthy blood sugar levels. Quercetin may also protect pancreatic cells, reduce sugar absorption in the gut, and support overall metabolic health, making it a valuable nutrient for blood sugar controls.*

Clinical studies for Cissus CQR-300®:

- <https://pubmed.ncbi.nlm.nih.gov/17274828/>
- <https://pubmed.ncbi.nlm.nih.gov/16948861/>
- <https://pubmed.ncbi.nlm.nih.gov/29912570/>

SENSORIL®

- **Withanolides:** These active compounds found in ashwagandha are known for their adaptogenic, anti-inflammatory, and antioxidant properties. They help reduce stress-related weight gain by lowering cortisol levels, supporting balanced energy, and improving metabolic function. Withanolides also aid in regulating blood sugar and reducing inflammation, making them valuable for managing weight and promoting overall metabolic and hormonal health.*

Clinical studies for Sensoril:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6266766/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6438434/>

SIBERIAN GINSENG

- **Eleutherosides:** These active compounds are known for their adaptogenic properties that help the body manage stress and maintain energy balance. They support weight management by reducing stress-induced cravings, promoting fat metabolism, and enhancing physical stamina. Eleutherosides also help regulate blood sugar and support adrenal and liver function, making them beneficial for overall metabolic health and resilience.*

Clinical studies for Ginseng:

- <https://pubmed.ncbi.nlm.nih.gov/14971626/>
- <https://pubmed.ncbi.nlm.nih.gov/15207399/>
- <https://pubmed.ncbi.nlm.nih.gov/18607235/>

AGAVE INULIN

- **Fructan:** A type of prebiotic fiber known for powerful health benefits - especially when it comes to digestion, weight management, and blood sugar control. By feeding beneficial gut bacteria, fructans help improve gut health and support a healthy inflammatory response. They also slow carbohydrate absorption, promoting more stable blood sugar levels and reducing cravings.*

Clinical studies for Inulin:

- <https://pubmed.ncbi.nlm.nih.gov/37101209/>
- <https://pubmed.ncbi.nlm.nih.gov/35381290/>
- <https://www.mdpi.com/2072-6643/16/17/2935>

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Soul

liver support & alkalizing wholefoods

HBNaturals
PRODUCT INFORMATION PAGE

Chronic inflammation is now recognized as a key factor in many diseases, from arthritis and asthma to Alzheimer's, diabetes, and heart disease. Supporting detoxification and maintaining a healthy pH balance can help combat inflammation and promote overall wellness. Soul is rich in chlorophyll-packed greens and Ayurvedic herbs that nourish the liver, kidneys, and gut—helping to boost energy, improve digestion, and reduce cravings naturally.*

DIRECTIONS

- Add 1 scoop Soul to milk, juice, smoothies, etc. Delicious hot or cold! Can also be sprinkled on your favorite yogurt, cereal, or salad. May be sweetened to taste with preferred sweetener. Shake or mix well. May be taken up to 2 times daily.*



MEDICINAL CONSTITUENTS

- **Curcumin:** The active compound in turmeric, curcumin, is a powerful antioxidant and anti-inflammatory agent known for its numerous health benefits. It supports joint and heart health, aids digestion, boosts immune function, and may help protect against chronic diseases by reducing oxidative stress and inflammation in the body.*
- **Chlorophyll:** The green pigment in plants, chlorophyll, is a powerful detoxifier and antioxidant that supports overall health. It helps cleanse the body by promoting liver function, aids digestion, boosts red blood cell production, and may neutralize toxins. Known for its alkalizing properties, chlorophyll can also support gut health, reduce inflammation, and enhance energy levels.*
- **Limonene:** This natural compound found in citrus peels is known for its powerful antioxidant and detoxifying properties. It supports liver health by promoting the production of enzymes that aid in detoxification and help flush out harmful toxins. Limonene also has anti-inflammatory benefits, supports digestion, and may help maintain healthy cholesterol levels, making it a valuable nutrient for overall wellness.*

Clinical studies for Soul ingredients:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6855174/>
- <https://pubmed.ncbi.nlm.nih.gov/19811613/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8576288/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11121291/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC5598502/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10968638/>

INGREDIENTS

Organic Turmeric (Root) Powder, Organic Wheatgrass Powder, Organic Coconut (Fruit) Powder, Organic Lemon (Fruit) Powder, Milk Thistle (*Silybum marianum*) Seed Powder, Organic Camu Camu (Berry) Powder, Organic Jerusalem Artichoke (*Helianthus tuberosus*) Powder, Dandelion (*Taraxacum officinale asterolus*) Root Powder, Organic Amla (*Phyllanthus emblica*) Berry Powder, Organic Ashwagandha (*Withania somnifera* Root) Powder, Organic Astragalus membranaceus (Root) Powder, Luo han guo (Fruit) Powder, Panax (*Panax quinquefolius* L.) Ginseng, Organic Gotu Kola Powder, Organic Alfalfa (Leaf) Powder, Organic Barley (Grass) Powder, Organic Broccoli Powder, Organic Moringa (Leaf) Powder, Organic Spinach Powder, Organic Spirulina Powder, Organic Beet (Root) Powder, Organic Tomato (fruit) Powder, Organic Dulse (*Palmaria palmata*) Powder, Cordyceps Mushroom (*Ophiocordyceps sinensis*), Goji Berry (*Lycium barbarum*), Lion's Mane Mushroom (*Hericium erinaceus*), Maca (*Lepidium meyenii*) Root, Reishi Mushroom (*Ganoderma lingzhi*), Siberian Ginseng (*Eleutherococcus senticosus*), Kale, Pumpkin, Sweet Potato, Sunflower Seed, Cranberry, Chlorella

CAUTIONS

- **Safety Group 2:** Generally regarded as safe when used as directed with children over the age of 3 years, and while pregnant starting in the 2nd trimester.*
- A doctor's advice should be sought before using this and any supplemental dietary product.*
- Keep out of reach of children and pets.*

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Soursop Fusion Tea

Nature's Powerhouse for Vitality & Wellness

Soursop Fusion Tea combines five organic botanicals selected to support everyday vitality, balance, and whole-body wellness. Soursop leaf forms the foundation of the blend, joined by astragalus, ginseng, turmeric, and camu camu for a naturally diverse mix of plant compounds and nutrients.

Together, these ingredients provide antioxidant support while helping support immune function, healthy inflammatory balance, energy, focus, and overall resilience. Each botanical contributes its own traditional role to the formula, creating a blend designed to support the body across multiple systems rather than focusing on a single area.

Easy to incorporate into a daily routine, Soursop Fusion Tea can be mixed into water, smoothies, or another favorite beverage. With consistent use, it offers a simple, plant-based way to support wellness, balance, and everyday vitality.

FUNCTIONAL CONSTITUENTS

Acetogenins	Naturally occurring compounds found in plants such as soursop. Acetogenins are studied for their antioxidant activity and their role in supporting cellular function and healthy inflammatory balance.
Alkaloids	A broad class of naturally occurring plant compounds found across many traditional botanicals. Alkaloids contribute to the phytochemical profile of the blend and are associated with immune, cardiovascular, and inflammatory support.
Flavonoids	Plant-based phytonutrients widely recognized for their antioxidant properties. Flavonoids help protect against oxidative stress and are commonly associated with cardiovascular, immune, and cellular support.
Polysaccharides	Complex plant carbohydrates found in many herbs and botanicals. Polysaccharides are traditionally associated with immune support, digestive balance, sustained energy, and antioxidant activity.
Clinical Studies:	https://pmc.ncbi.nlm.nih.gov/articles/PMC8878098/ https://pubmed.ncbi.nlm.nih.gov/26184167/ https://pmc.ncbi.nlm.nih.gov/articles/PMC7105737/ https://pubmed.ncbi.nlm.nih.gov/38659573/



HOW WE SOURCE

The quality of a botanical blend begins with the plants themselves. Soursop Fusion Tea is made with organic soursop leaf, astragalus root, ginseng root, turmeric root, and camu camu fruit, bringing together botanicals selected for their traditional use and naturally occurring plant compounds.

Rather than relying on artificial flavors, fillers, or unnecessary extras, the formula keeps the focus on the five botanicals themselves. Each ingredient contributes its own distinct phytochemical profile, creating a clean, plant-based blend designed for consistent daily use.

The result is a straightforward formula built around recognizable organic ingredients and botanical diversity, with soursop at the center and complementary roots and fruits rounding out the blend.

OUR SOURSOP TEA IS:

- ✓ Made with five organic botanicals
- ✓ Centered around organic soursop leaf
- ✓ Formulated with roots, fruit, and leaf powders
- ✓ Free from artificial flavors and fillers
- ✓ Designed for simple daily use

Clean, balanced, and intentionally uncomplicated, with a formula designed to fit easily into a consistent daily wellness routine.

WHAT TO LOOK FOR VS. WHAT TO AVOID

Look For:

- Soursop leaf as the foundation*
- Complementary roots and fruits*
- Organic botanicals*
- Clearly identified ingredients*
- Simple, transparent formulas*

Avoid:

- Artificial flavors/sweeteners*
- Unnecessary fillers*
- Overly complex formulas*
- Vague ingredient labeling*
- Undisclosed plant sources*

HOW TO USE SOURSOP FUSION TEA

Soursop Fusion Tea is designed to fit easily into a consistent daily wellness routine. The powdered blend can be mixed into water, a smoothie, or another preferred beverage, making it simple to use in a way that works with individual habits and schedules.

Rather than focusing on a specific time of day, consistency is the key. Begin gradually and allow the body time to adjust as the blend becomes part of the daily routine.*

Stillroom Use Notes

Soursop Fusion Tea is best approached as a steady-use botanical blend rather than an occasional product. Its combination of soursop, astragalus, ginseng, turmeric, and camu camu is intended to support a broader wellness rhythm over time.*

USAGE SUGGESTIONS

- Start with ¼ scoop, and gradually build to a full scoop.*
- Mix in up to 8 ounces of water, smoothie, or your favorite beverage, once or twice daily, or as advised by your healthcare professional.*

Nutrition Facts		
Serving Size: 1 scoop (1.125 grams) Servings per container: 60		
Amount per serving		
Calories	20	
	Amount Per Serving	% Daily Value*
100% Natural Whole Food Ingredients without additives or preservatives. Contains no added synthetic vitamins or synthetic minerals.		
Total Fat	0g	
Calories From Fat	0	
Saturated Fat	0g	*
Trans Fat	0mg	
Cholesterol	0g	0%
Sodium	0mg	0%
Total Carbohydrate	5g	3.8%
Dietary Fiber	1g	2.5%
Sugars	2g	
Added Sugars	0g	
Protein	0g	
Vitamin C	75mg	84%
Calcium	15mg	2%
Iron	0.5mg	3%
Potassium	125mg	3.5%
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
*Daily Value not established.		
Important Information: This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.		
Allergen Information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.		
*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.		

SOURSOP IN THE STILLROOM

Soursop Fusion Tea holds a steady place in the stillroom as a daily botanical blend rather than an occasional-use formula. Built around soursop leaf and supported by astragalus, ginseng, turmeric, and camu camu, it brings together plant compounds traditionally used to support vitality, immune function, antioxidant activity, and overall balance.

Its role is simple: consistency. Mixed into water, a smoothie, or another favorite beverage, it can be worked easily into a regular wellness routine once or twice daily.

In the stillroom, Soursop Fusion Tea is treated as an everyday foundational blend, used regularly as part of a broader approach to plant-based wellness rather than saved for a specific moment or need.

WHAT IT SUPPORTS

Soursop Fusion Tea is traditionally used as a broad-spectrum botanical blend, supporting several areas of everyday wellness through its combination of soursop, roots, and fruit-based plant compounds. When used consistently, it supports:

- Antioxidant protection and cellular wellness*
- Healthy immune function*
- Healthy inflammatory balance*
- Everyday energy and vitality*
- Focus and mental clarity*
- Overall resilience and well-being*

Used consistently, Soursop Fusion Tea supports the body's natural processes as part of a steady daily wellness routine rather than serving as a single-purpose formula.*

CAUTIONS

- Safety Group 3: Never recommended for children or while pregnant or nursing.
- Keep out of reach of children.
- A doctor's advice should be sought before using this and any supplemental dietary product.

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Tulsi Trim Tea

Original Holy Basil Detox Tea

ABNnaturals
PRODUCT INFORMATION PAGE

Tulsi Trim is a thoughtfully formulated herbal tea designed to support digestion, gentle detoxification, and the body's natural stress response. At its core is Holy Basil (Tulsi), an adaptogenic herb traditionally used to help the body adapt to physical and emotional stress. By supporting nervous system balance, Tulsi Trim helps calm stress-related digestive disruption - often a contributing factor in bloating, irregular elimination, and metabolic imbalance - creating a more stable internal environment and a stronger foundation for daily wellness.

This layered blend combines Tulsi with soothing and digestive botanicals that work together to promote gut comfort and natural elimination without harsh stimulation. Marshmallow root and chamomile help soothe and protect the digestive lining, while ginger and papaya support digestion, enzymatic activity, and nutrient breakdown. Blessed thistle and licorice root contribute to liver and digestive function, supporting the body's natural detox pathways and metabolic processes. Rich in antioxidants, Tulsi Trim supports balance, digestive clarity, and overall vitality when used consistently as part of a daily wellness routine.*



DIRECTIONS

- Mix one scoop with up to 8 ounces of water or your favorite beverage, once or twice daily, or as advised by your healthcare professional.*

KEY BENEFITS

- Supports gentle detoxification and daily elimination*
- Promotes digestive balance and gut comfort*
- Helps improve nutrient absorption and utilization*
- Supports healthy liver detox pathways*
- Eases bloating and supports digestive regularity*

Nutrition Facts		
Serving Size: 1 scoop (1.125 grams) Servings per container: 60		
Amount per serving		
Calories	13	
	Amount Per Serving	% Daily Value*
		100% Natural Whole Food Ingredients without additives or preservatives. Contains no added synthetic vitamins or synthetic minerals.
Total Fat	0g	
Calories From Fat	0	
Saturated Fat	0g	*
Trans Fat	0mg	
Cholesterol	0g	0%
Sodium	0mg	0%
Total Carbohydrate	2g	1%
Dietary Fiber	0g	0%
Sugars	0g	
Added Sugars	0g	
Protein	0g	
Vitamin D	0mcg	0%
Calcium	51.5g	4%
Iron	3.5mg	16%
Potassium	79.5mg	3%
Ingredients: Organic Ocimum tenuiflorum (Holy Basil), Organic Althaea officinalis (Marshmallow) Root, Organic Cnicus benedictus (Blessed Thistle), Organic Cassia angustifolia (Senna) Leaf, Organic Carica papaya (Papaya) Fruit Extract, Organic Zingiber officinale (Ginger) Root, Organic Matricaria recutita (Chamomile) Flower, Organic Glycyrrhiza glabra (Licorice) Root		
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
*Daily Value not established.		
Important Information: This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.		
Allergen Information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.		
*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.		

CAUTIONS

- Holy Basil (Tulsi) Tea may modify glucose regulation. Consult with a physician before use if you have a serious medical condition or use prescription medications. A doctor's advice should be sought before using this and any supplemental dietary product.

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Tulsi Trim Tea

Original Holy Basil Detox Tea

HBnaturals
PRODUCT INFORMATION PAGE

FUNCTIONAL CONSTITUENTS

HOLY BASIL (TULSI)

- **Eugenol:** A natural compound that offers anti-inflammatory, antioxidant, and antimicrobial benefits, supporting immunity, reducing inflammation, and promoting oral health.*
- **Ursolic acid:** A natural compound known for its powerful health benefits, including reducing inflammation, fighting tumors, and combating viruses.*
- **Saponins:** Possess properties that help lower cholesterol levels, reduce blood pressure, and support heart health.*
- **Vitamin C, calcium, iron, zinc, and chlorophyll:** Essential nutrients which support immunity, bone health, oxygen circulation, and detoxification.*

Clinical studies for Holy Basil:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC4296439/>
- <https://pubmed.ncbi.nlm.nih.gov/36770859/>

BLESSED THISTLE

- **Cnicin:** The main compound in Blessed Thistle, cnicin gives the plant its bitter taste and supports digestion by stimulating saliva and gastric acid production.*
- **Polyacetylenes:** Natural compounds known for their potential to help the body fight bacterial infections. Additionally, these compounds may support the immune system, reduce inflammation, and promote overall health.*

Clinical studies for Blessed Thistle:

- <https://pubmed.ncbi.nlm.nih.gov/12677537/>
- <https://pubmed.ncbi.nlm.nih.gov/38718639/>

SENNA LEAF

- **Sennosides:** The primary chemical constituents of senna leaves are anthraquinone glycosides, specifically known as sennosides (sennosides A and B), which are responsible for its laxative effect; these are derived from the anthraquinone aglycones rhein and aloe-emodin.*

Clinical studies for Senna Leaf:

- <https://pubmed.ncbi.nlm.nih.gov/36644449/>
- <https://pubmed.ncbi.nlm.nih.gov/36080355/>

GINGER

- **Enzymes:** Gingerols and shogaols are the main bioactive compounds in ginger, contributing to its medicinal properties.*
- **Volatile Oils:** Ginger also contains volatile oils including zingiberene, which contributes to its distinct aroma.*

Clinical studies for Ginger:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9779757/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7866215/>
- <https://pubmed.ncbi.nlm.nih.gov/22494376/>

PAPAYA

- **Enzymes:** The key chemical component is papain, a proteolytic enzyme found in unripe papaya, which aids in protein digestion.*
- **Carotenoids:** Beta-carotene and beta-cryptoxanthin are powerful antioxidants that support eye health, strengthen the immune system, and promote radiant, healthy skin.*

Clinical studies for Papaya:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8066973/>
- <https://pubmed.ncbi.nlm.nih.gov/31315213/>

MARSHMALLOW ROOT

- **Mucilage:** A sticky, gel-like substance that forms a protective coating on mucous membranes, providing soothing relief to irritated tissues.*
- **Polysaccharides:** These complex carbohydrates make up the majority of the mucilage and include components like galacturonic acid, rhamnose, and galactose.*
- **Flavonoids:** Antioxidants like isoquercitrin and hypolaetin glycosides which contribute to the plant's potential anti-inflammatory effects.*

Clinical studies for Marshmallow Root:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6912529/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10420783/>

CHAMOMILE

- **Flavonoids:** Antioxidants that protect cells, reduce inflammation, and support heart health. Found in plants, they boost immunity, promote circulation, and enhance overall wellness.*
- **Carotenoids:** Natural compounds with anti-inflammatory, antioxidant, and antimicrobial properties. They support immune function, promote respiratory health, and aid in stress relief.*

Clinical studies for Chamomile:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9822300/>
- <https://pubmed.ncbi.nlm.nih.gov/36297396/>

LICORICE ROOT

- **Glycyrrhizin:** Supports immune function, reduces inflammation, and promotes liver and respiratory health.*
- **Flavonoids:** Powerful antioxidant and anti-inflammatory compounds, supporting immune function, protecting liver health, and promoting respiratory wellness.*

Clinical studies for Chamomile:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7123875/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7175350/>

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VITALITEA

Superfood Infused
Herbal Tea for Whole Body Detox

VitaliTEA is a multi-herb infusion traditionally used to support digestive balance, gentle elimination, and daily energy through plant-based compounds. Crafted from a broad spectrum of botanicals including green, oolong, and matcha teas alongside roots, spices, and calming herbs, it delivers a naturally complex matrix of phytonutrients such as polyphenols, flavonoids, terpenes, and plant alkaloids. These compounds are water-extracted through extended steeping, creating a rich, bioavailable infusion that is traditionally used to support digestive flow, nutrient assimilation, and metabolic activity.

Unlike quick-steep teas, VitaliTEA is designed for time and depth. As the herbs steep, they release a wider range of water-soluble compounds, resulting in a more complete extraction that reflects how herbal infusions have been prepared in traditional wellness practices. The result is a tea that works with the body's natural processes - supporting internal balance, digestive rhythm, and sustained, steady energy without overstimulation.

FUNCTIONAL CONSTITUENTS

Polyphenols	Naturally occurring plant compounds found in green, matcha, and oolong teas. Polyphenols are widely studied for their antioxidant activity and are used to support cellular balance, metabolic function, and overall vitality.
Flavonoids	A diverse class of phytonutrients present across many of the herbs in VitaliTEA. Flavonoids contribute to the tea's antioxidant profile and are traditionally used to support circulation, digestive function, and the body's natural detoxification processes.
Volatile & Aromatic Compounds	Compounds such as terpenes and essential oil components found in spices and herbs like ginger, fennel, cardamom, and clove. These constituents are traditionally used to support digestive flow, reduce occasional discomfort, and enhance the overall absorption and experience of the infusion.
Clinical Studies:	https://pmc.ncbi.nlm.nih.gov/articles/PMC10978763/ https://pubmed.ncbi.nlm.nih.gov/30881359/ https://pubmed.ncbi.nlm.nih.gov/35413752/ https://pubmed.ncbi.nlm.nih.gov/34098806/



HOW WE SOURCE

Herbal teas vary widely in quality depending on plant selection and processing. Many blends rely on low-grade material, artificial flavors, or overly processed ingredients that limit their effectiveness.

We source VitaliTEA using organic herbs selected for their traditional use and phytochemical diversity. Each botanical is carefully dried and cut to preserve its natural structure and water-soluble compounds for a more complete extraction during steeping.

The result is a clean, balanced infusion made from leaves, roots, flowers, and spices - crafted to reflect both traditional herbal practice and modern quality standards..

OUR VITALITEA IS:

- ✓ Organic botanical blend
- ✓ Multi-herb infusion of leaves, roots, and spices
- ✓ Free from artificial flavors and fillers
- ✓ Selected for phytochemical diversity
- ✓ Balanced for extended steeping

We do not use synthetic flavoring, low-grade sweepings, powdered fillers, or artificially boosted tea blends.

WHAT TO LOOK FOR VS. WHAT TO AVOID

Look For:

- Organic herbal blends*
- Whole or properly cut botanicals*
- Diverse multi-herb formulas*
- Clean, natural aroma*
- Clear, transparent sourcing*

Avoid:

- Artificial flavors/sweeteners*
- Powdered/dusty plant material*
- Low-grade tea sweepings*
- Overly bitter or flat taste*
- Unclear/undisclosed sourcing*



MANUFACTURED BY:
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v032026: 1/2

HOW TO USE VITALITEA

VitaliTEA is prepared as a long-steep infusion rather than a quick cup of tea. This extended steeping allows a broader range of water-soluble plant compounds to be released.

Many prefer to prepare a full batch in the morning or the night before, then sip it gradually throughout the day. It is commonly used as part of a daily routine or during periods when digestive support is desired.

Stillroom Use Notes

VitaliTEA works best when prepared consistently and allowed adequate time to steep. A slower preparation yields a more complete infusion and a more balanced overall profile.

USAGE SUGGESTIONS

- Bring 4 cups of water to a boil, then remove from heat.
- Add 1 teaspoon of VitaliTEA and cover.
- Steep a minimum of 2 hours, or up to 12 hours for deeper extraction.
- Strain and refrigerate. May be enjoyed hot or cold.
- Drink the full quart throughout the day, preferably before 4:00 pm.*

Supplement Facts		
Serving Size: 1 teaspoon		
	Amount Per Serving	%DV
Calories	0	
Calories from fat	0	
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Total Carbohydrate	0g	0%
Dietary Fiber	0g	0%
Sugars	0g	
Protein	0g	0%
Vitamin A	0g	0%
Vitamin C	0g	0%
Calcium	0g	0%
Iron	0g	0%
Ingredients: Organic Green Tea, Organic Matcha Green Tea, Organic Oolong Tea, Organic Red Clover Herb, Organic Passionflower, Organic Cacao Nibs, Organic Cinnamon Bark, Organic Yerba Mate, Organic Licorice Root, Organic Burdock Root, Organic Chamomile Flowers, Organic Eleuthero Root, Organic Lemon Peel, Organic Alfalfa, Organic Ginger Root, Organic Clove		
Important information: This is not a medicinal product. If in doubt consult a doctor before taking food supplements. Food supplements must not be used as a substitute for a varied & balanced diet & a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool dry place. Keep away from children. Discontinue use if any adverse reactions occur.		
Allergy information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs and may contain traces of all of the above.		
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.		
†Daily Value not established.		
These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.		

VITALITEA IN THE STILLROOM

VitaliTEA holds a functional place in the stillroom. It is not used as a quick stimulant or occasional cleanse, but as a steady infusion worked into daily rhythm.

Prepared in larger batches and taken throughout the day, it is traditionally used to support digestive flow, elimination, and steady energy without sharp peaks or sudden drops. It is often used during periods of dietary reset or when digestion needs added support.

In the stillroom, VitaliTEA is treated as a working tea, steeped with intention and used regularly rather than sporadically. Its role is supportive and cumulative, building over time as part of a grounded daily practice.

WHAT IT SUPPORTS

VitaliTEA is traditionally used to support the body through digestion, elimination, and daily metabolic activity. As a multi-herb infusion, it works across systems rather than targeting a single function. When used consistently, it supports:

- Digestive flow and regular elimination*
- Natural detoxification processes*
- Metabolic activity and energy levels*
- Nutrient absorption and utilization*
- Gut environment and digestive balance*

VitaliTEA is not used for quick or extreme results. It works best when used consistently as part of a daily routine that supports balance, rhythm, and the body's natural processes.

CAUTIONS

- Safety Group 3: Never recommended for children or while pregnant or nursing.
- Keep out of reach of children.
- A doctor's advice should be sought before using this and any supplemental dietary product.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.



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