

# SLIMMER

## HEALTHY WEIGHT MANAGEMENT THE ORIGINAL FORMULA

Craving Control • Metabolic Support • Gut Balance  
Loved Since 2017

Slimmer is a once-daily botanical drink mix created to support the body's natural metabolic balance in a way that is simple, sustainable, and easy to make part of your day. Loved by customers since 2017, it has earned its reputation one scoop at a time. Just mix a scoop into cold water before a meal and enjoy its bright, tart, mineral-rich flavor from yacon, sea buckthorn, beet, and coconut water. Behind that refreshing drink are three purposeful botanical systems working together: Craving Control, Metabolic Support, and Gut Balance.

Each blend is built with intention. Ashwagandha and true Ceylon cinnamon help support a calmer relationship with cravings. Slendacor® and amla provide metabolic support, while yacon root helps nourish a healthy gut. Rather than relying on stimulants or shortcuts, Slimmer is designed to work with your body's natural processes to support steady, consistent progress.

The work happens in the stillroom, where ingredients are weighed by hand and every formula is read line by line. Made in-house by Green Organics, Slimmer contains no fillers, flow agents, or unnecessary excipients. Other Ingredients: None. Just thoughtfully selected botanicals, carefully blended into a formula that has earned its loyal following by delivering exactly what it was created to do.

### SUGGESTED USE

Mix 1 scoop (3.75 g) into 8 fl oz of cold water. Stir or shake well. Best taken once daily, ideally 30 minutes before a meal.



## THE THREE BLENDS

**Craving Control Blend™** — *Ashwagandha (whole root), Ceylon Cinnamon (bark), Holy Basil / Tulsi (leaf), Fenugreek (seed)*

The blend that settles the urge to graze. Ashwagandha steadies the stress load that drives grazing. Ceylon cinnamon and fenugreek carry the glucose side. Holy basil brings the calm.

**Metabolic Support Blend™** — *Slendacor® (moringa, curry leaf, turmeric), Amla (berry), Mulberry Leaf (Morus alba), Beet (root), Black Pepper (fruit)*

The engine of the formula. Slendacor, a standardized blend of moringa, curry leaf, and turmeric, anchors the metabolic work. Amla and mulberry leaf carry the glucose story. Black pepper completes it.

**Gut Balance Blend™** — *Yacon (root), Sea Buckthorn (fruit), Coconut Water*

The base that feeds the rest. Yacon is a naturally sweet prebiotic fiber. Sea buckthorn and coconut water bring the whole-food body and minerals.

## RESEARCH BEHIND THE INGREDIENTS

- Metabolic Support · Slendacor cluster — A 2025 meta-analysis of randomized controlled trials evaluated *Moringa oleifera*, including a standardized moringa, curry leaf, and turmeric formulation at 900 mg/day, on cardiometabolic outcomes such as glycemic indices, lipids, and blood pressure. *Nutrients*, 2025 · PMC12655524
- Metabolic Support · cinnamon — An umbrella review of 21 meta-analyses of RCTs found cinnamon supplementation associated with improvements in fasting blood glucose and lipid profiles. *Frontiers in Nutrition*, 2025 · PMC12620228
- Metabolic Support · mulberry leaf — Randomized, double-blind trials found mulberry leaf extract enriched in 1-deoxynojirimycin (DNJ) improved post-meal glycemic response, consistent with alpha-glucosidase inhibition. *J. Diabetes Investig.*, 2011 · PMC4014974
- Craving Control · ashwagandha — A 60-day randomized, double-blind, placebo-controlled trial found 600 mg/day of full-spectrum ashwagandha root reduced serum cortisol and stress-scale scores versus placebo. *Indian J. Psychol. Med.*, 2012 · PMC3573577
- Craving Control · ashwagandha (pooled) — A systematic review and meta-analysis of RCTs reported ashwagandha reduced cortisol, perceived stress, and anxiety scores versus placebo. 2025 · PMC12242034

## CAUTIONS

- Consult your healthcare provider before use if you are pregnant, nursing, taking any medication, or have a medical condition.
- If you have diabetes or take medication that affects blood sugar (e.g., insulin or sulfonylureas), monitor your blood glucose closely and consult your healthcare provider before use, as some ingredients may lower blood sugar.
- Contains ashwagandha and fenugreek.
- Keep out of reach of children.
- Store in a cool, dry place.

### ALLERGEN STATEMENT

Manufactured in a facility that processes milk, egg, fish, shellfish, tree nuts, peanuts, wheat, soybeans, and sesame. Individuals with severe allergies should consult their healthcare provider before use.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

## Supplement Facts

Servings Per Container: 30

Serving Size: 1 scoop (3.75 grams)

	Amount Per Serving	% Daily Value*
<b>Calories</b>		<b>10</b>
<b>Total Carbohydrate</b>	<b>3 g</b>	<b>1%*</b>
Dietary Fiber	2 g	7%*
<i>Including yacon fructooligosaccharides (FOS)</i>		
Total Sugars	1 g	†
<i>Includes 0 g Added Sugars</i>		
<b>Craving Control Blend™</b>	<b>1,237 mg</b>	<b>†</b>
Ashwagandha (whole root), Ceylon Cinnamon (bark), Holy Basil / Tulsi (leaf), Fenugreek (seed)		
<b>Metabolic Support Blend™</b>	<b>1,406 mg</b>	<b>†</b>
Slendacor® (moringa, curry leaf, turmeric), Amla (berry), Mulberry Leaf ( <i>Morus alba</i> ), Beet (root), Black Pepper (fruit)		
<b>Gut Balance Blend™</b>	<b>1,107 mg</b>	<b>†</b>
Yacon (root), Sea Buckthorn (fruit), Coconut Water		

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients: None.**