

# SLIMMER MAX



## Healthy Weight Management

Unlike other weight loss products, Slimmer does not contain laxatives or stimulants. It's made with 9 powerful metabolism-boosting superfoods. It's simple, it's safe, and it works!

Start with one serving of Slimmer in the morning for the first three days. If you have a substantial amount of weight to lose, it might be beneficial to drink Slimmer at breakfast and again at lunch. If you struggle with binge eating at night, you can add in a shot of Mind after dinner. The key to success with Slimmer is consistency and persistency.\*

## Benefits

- Boosts metabolism\*
- Decreases cravings\*
- Increases energy\*
- Burns fat\*
- Reduces stress\*
- Stabilizes blood glucose levels\*

## Responsible Cautions

- Because this product may lower blood glucose, consult your healthcare provider before taking this product if you are taking blood glucose lowering medication.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult a healthcare provider prior to use.



## Suggested Use

Mix 1 scoop of Slimmer into 8 ounces of water, ideally 30 minutes before meals. Slimmer can be taken up to 3 times per day.\*

## Ingredients

*Organic Freeze Dried Coconut (Cocos Nucifera) Water, African Mango (Irvingia Gabonensis) Seed, Green Coffee (Coffea arabica L., Rubiaceae) Bean (50% chlorogenic acid and less than 2% natural caffeine) Extract, Organic Blue Agave Inulin (Agave Tequilana) Plant, Garcinia Cambogia (Garcinia gummi-gutta) Fruit (with 50% HCA) Extract, Organic Mulberry (Morus Alba) Leaf, Organic Sea Buckthorn (Hippophae rhamnoides) Fruit, Lemon (Citrus Limon) Fruit, Chromium® (as Crominex® 3+ chromium stabilized with Capros® amla extract (fruit) and PrimaVie® Shilajit), Organic Irish (Chondrus crispus) Moss, Sensoril® Trim Ashwagandha (Withania somnifera) Root and Leaf Extract (10% Withanolides), Organic Luo Han Guo (Siraitia grosvenorii) Fruit, Organic Beet (Beta Vulgaris) Root*

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**Sensoril®** **Crominex® 3+**

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# VITALITEA

## Energy & Detox

VITALITEA is one of the most powerful detox teas available for micronutrient delivery and elimination of undigested waste in your colon and your digestive system.\*

VITALITEA is filled with compounds from plants that gently cleanse your digestive system and support your health with naturally occurring phytonutrients, high antioxidants, and known healing herbs.\*

All the water soluble components in the herbs float in the mild but fragrant brew. They are immediately absorbed by the cells as VITALITEA enters your system. Antioxidants, polysaccharides, oligosaccharides, flavonoids, terpenes, phytosterols, alkaloids... the list becomes thousands of compounds in each of these families of phytochemicals.\*

## Benefits

- Cleanses digestive system\*
- Removes toxins\*
- Increases energy\*
- Boosts metabolism\*
- Supports healthy weight\*
- Supports immune system\*

## Responsible Cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult a healthcare provider prior to use.

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## Suggested Use

Bring 4 cups of water to a boil and remove from heat. Add 1 teaspoon of VITALITEA to the heated water, cover, and steep at least 2 hours or overnight.

Add sweetener or lemon to taste. Refrigerate. The tea can be consumed hot or cold. Drink all 4 cups of VITALITEA before 4:00 pm.\*

Although steeping for just a couple of hours will also work, steeping VITALITEA for up to twelve hours creates a phytonutrient-rich cocktail for your cells. The longer the herbs steep, the more vitamins and minerals that will be extracted.\*

## Ingredients

**Organic Green Tea, Organic Matcha Green Tea, Organic Oolong Tea, Organic Red Clover Herb, Organic Passionflower, Organic Cacao Nibs, Organic Cinnamon Bark, Organic Yerba Mate, Organic Licorice Root, Organic Burdock Root, Organic Chamomile Flowers, Organic Eleuthero Root, Organic Lemon Peel, Organic Alfalfa, Organic Ginger Root, Organic Clove**

# SLIMMER OIL

## Metabolic Blend

Slimmer is a proprietary blend combining essential oils known for their powerful abilities to naturally boost metabolism.\*

When ingested in water or other beverages, Slimmer can assist in managing cravings and reducing the desire to overeat.\*

Diffused or applied topically, its uplifting aroma promotes a positive outlook.\*

Combined with a sensible diet and regular physical activity, Slimmer can assist with healthy weight management.\*

## Benefits

- Boosts metabolism\*
- Decreases appetite\*
- Reduces cravings\*
- Promotes positive outlook\*
- Supports healthy weight\*
- Supports digestion\*

## Responsible Cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult a healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.
- Possible skin sensitivity. If used topically, avoid sunlight or UV rays for up to 12 hours after application.

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## Application

Aromatic • Internal • Topical

## Safety Group #2

## Suggested Uses

Add 1 to 4 drops to 8 ounces of liquid first thing in the morning, and then again 15 to 30 minutes before each meal, to assist with managing appetite & cravings.\*

To make Slimmer Skinny Water, add 1 to 4 drops along with 1 scoop of SLIMMER Healthy Weight Management in 8 fluid ounces of water. Drink at least 1 gallon per day.\*

Add several drops to fruit smoothies, or protein shakes for a delicious citrus flavor.\*

Diffuse as desired for a clean, uplifting aroma.\*

Apply topically, diluting with carrier oil to minimize skin sensitivity, as desired, for a fresh, energizing scent.\*

## Ingredients

*Citrus paradisi (Pink Grapefruit), Citrus limon (Lemon), Cymbopogon citratus (Lemongrass), Mentha piperita (Peppermint), Zingiber officinale (Ginger Root)*

# FATDETOX

detoxification blend

10ml

*HB*Naturals  
PRODUCT INFORMATION PAGE



## application

Topical

## safety group #2

## ingredients

Citrus paradisi (Pink Grapefruit), Citrus limon (Lemon), Cymbopogon citratus (Lemongrass), Zingiber officinale (Ginger Root), Cupressus sempervirens (Cypress), Juniperus communis (Juniper Berry), Cocos nucifera (Fractionated Coconut Oil)

## primary benefits

- Boosts circulation and reduces fluid retention.\*
- Moisturizes and nourishes skin.\*
- Improves mood.\*

## responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.
- Possible skin sensitivity. If used topically, avoid sunlight or UV rays for up to 12 hours after application.

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## product summary

Cellulite is the term for fatty deposits beneath the skin that result in the appearance of lumpy, dimpled flesh generally found on the thighs, hips, buttocks, and belly.\*

Cellulite is one of the harder types of fat to lose. You can lose inches and pounds, yet still suffer from this type of fat that creates unsightly dimpled skin. It is estimated that between 80 and 90 percent of women may experience cellulite at some point in their lives.\*

Many believe that the cellulite contains toxins from our environment and beauty products such as petrochemicals, pesticides, and heavy metals.\*

## ingredient highlights

- Pink Grapefruit has been shown to increase metabolism, help suppress appetite, dissolve fat, prevent bloating and reduce water retention. Pink Grapefruit contains nootkatone, a natural organic compound that triggers a vital protein/enzyme in the liver and musculoskeletal system to boost physical performance and metabolism.\*
- Lemon helps to remove toxin build-up from the body, increases energy levels, and supports healthy digestion. Research has shown that inhaling the scent of lemon can boost your mood and promote the breakdown of body fat.\*
- Lemongrass is well known for its circulation-boosting properties as well as its ability to reduce fluid retention. It also offers astringent and antiseptic properties that help promote healthy, radiant skin.\*
- Ginger Root has powerful detoxifying and invigorating qualities that may be helpful in reducing cellulite.\*
- Cypress contains properties that act to strengthen and tone the circulatory and nervous systems while relieving circulatory and lymphatic congestion. It may assist to prevent the spread of varicose veins, hemorrhoids, and edema, especially in the lower limbs.\*
- Juniper Berry helps improve blood circulation and decrease water retention, thereby assisting in the removal of toxins in the body. It also acts as a natural skin toner, and reduces the appearance of skin blemishes.\*

## uses

- Apply onto areas of concern and massage in twice per day to assist in reducing the appearance of cellulite.\*