

Slimmer Pro

maximum glp-1 activator formula

HBNnaturals
PRODUCT INFORMATION PAGE

Slimmer Pro is a powerful, plant-based supplement designed to support healthy weight loss, curb cravings, and boost metabolism - naturally and without the crash. Featuring five clinically studied, patented ingredients - DygloFit®, LeptiCore®, Slendacor®, Sensoril®, and Cissus CQR-300® - this advanced formula works synergistically to promote fat burning, appetite control, and metabolic balance.* It also supports digestion, blood sugar stability, and energy levels, making it a smart solution for those looking to manage weight, feel better in their body, and maintain long-term wellness.*



DIRECTIONS

- Mix 1 scoop of SLIMMER into 8 ounces of water, ideally 30 minutes before meals. SLIMMER can be taken up to 3 times per day.*

Nutrition Facts		Serving Size: 1 scoop (2.25g)		Servings per container: 30	
Amount per serving		Amount per serving		% Daily Value*	
Calories 20		Adipose Fat Burner Blend		1150mg	
		Slendacor® (Blend of Moringa [Moringa oleifera] Leaf Extract; Curry [Murraya koenigii] Leaf Extract; Turmeric [Curcuma longa] Root Extract)		900mg	
		Green Coffee Bean Extract; Organic Siberian Ginseng [Eleutherococcus senticosus] Root Powder; Organic Panax Ginseng Root Extract [2% Ginsenosides]		250mg	
		AMPK Metabolic Activator Blend		500mg	
		Dyglol® (Dichrostachys glomerata) Fruit Extract Powder		400mg	
		Turmeric (Curcuma longa) Root Powder; Mango (Mangifera indica) Fruit Powder; Beet (Beta vulgaris) Root Powder; Sea Buckthorn (Hippophae rhamnoides) Fruit Powder; Garcinia Cambogia [Garcinia gummi-gutta] Fruit Powder		100mg	
		GLP-1 Blood Sugar Support Blend		450mg	
		Organic Lemon (Citrus limon) Powder; Organic Mulberry (Morus alba) Leaf Extract Powder; Organic Agave (Agave tequilana) Inulin		150mg	
		LeptiCore® (Gum Arabic [Acacia Arabica]; Guar Gum [Cyamopsis tetragonoloba]; Locust Bean Gum [Ceratonia Siliqua]; Pomegranate [Punica Granatum] Extract; Blue Green Algae [Aphanizomenon Flos-agoae] Extract; and Beta-Carotene)		150mg	
		Cissus CQR-300® (Cissus quadrangularis) extract (stems and leaf) [Standardized for min 2.5% Total Phylogenetic ketosterones (3.75mg)]		150mg	
		Be Happy Hydration & Energy Blend		150mg	
		Sensoril® Ashwagandha [Withania somnifera] Root and Leaf Extract [10% Withanolides]		100mg	
		Coconut (Cocos nucifera) Water Powder; Irish Sea Moss [Chondrus crispus] Powder; Chamomile [Matricaria chamomilla] Flower Powder; Fulvic Acid Mineral Powder; Organic Maca [Lepidium meyenii] Root Powder; Organic Goji [Lycium barbarum] Juice Powder; Organic Cordyceps [Ophiocordyceps sinensis] Mushroom Powder; Organic Lion's Mane [Hericium erinaceus] Mushroom Powder; Organic Astragalus [Astragalus membranaceus] Root Extract (10:1); Organic Reishi [Ganoderma lucidum] Mushroom Powder; Organic Amla [Phyllanthus emblica] Fruit Powder		50mg	
*Daily Value not established. The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.					
Cautions: This product may lower blood glucose. Consult your healthcare provider before use if taking blood sugar-lowering medication.					
Allergen Information: This product is manufactured in a facility that produces other products which may contain soy, dairy, wheat, tree nuts, shellfish, fish, peanuts, and eggs, and may contain traces of all of the above.					
Important Information: This is not a medicinal product. If in doubt, consult a doctor before taking dietary supplements. Dietary supplements must not be used as a substitute for a varied & balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, or on any medication, please consult a doctor before use. Store in a cool, dry place. Keep away from children. Discontinue use if any adverse reactions occur.					
These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.					

Slendacor® is a registered trademark of PLT Health Solutions, used under license.
Cissus quadrangularis CQR-300® is a registered trademark of Gateway Health Alliances, Inc. US PATENT 8,318,213.
LeptiCore® is a proprietary pre-mix and is a registered trademark of Gateway Health Alliances, Inc. US PATENT 10,279,001.
Dyglol® is a registered trademark of Gateway Health Alliances, Inc.
Sensoril® is a registered trademark of Kerry Company, used under license.

CAUTIONS

- **Safety Group 4:** Not for use by children, pregnant or nursing women, or individuals with weakened immune systems.*
- This product may lower blood glucose. Consult your healthcare provider before use if taking blood sugar-lowering medication.
- Keep out of reach of children.*
- A doctor's advice should be sought before using this and any supplemental dietary product.*

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MEDICINAL CONSTITUENTS

SLENDACOR®

- **Curcuminoids:** The active compounds in turmeric, they are known for their powerful anti-inflammatory and antioxidant properties. Research suggests they may help combat obesity by improving insulin sensitivity, reducing fat tissue growth, and supporting healthy metabolism. Curcuminoids also aid in reducing inflammation linked to weight gain and metabolic dysfunction, making them a valuable nutrient for weight management and overall wellness.*
- **Phenolic Acids:** These powerful plant compounds are known for their antioxidant and anti-inflammatory properties, which play a key role in supporting weight management and metabolic health. They help protect cells from oxidative stress, regulate blood sugar levels, and reduce inflammation linked to obesity. By promoting healthier fat metabolism and supporting liver function, phenolic acids contribute to overall wellness and a more balanced metabolic state.*

Clinical studies for Slendacor:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7455912/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7886504/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC4104627/>

DYGLOFIT®

- **Flavonoids:** These plant-based compounds with strong antioxidant and anti-inflammatory effects, have been shown to support weight management and metabolic health. They help regulate fat metabolism, improve insulin sensitivity, and reduce inflammation often associated with obesity. By protecting cells from oxidative stress and supporting healthy blood sugar levels, flavonoids play a key role in maintaining a balanced metabolism and promoting long-term wellness.*

Clinical studies for DygloFit:

- <https://pubmed.ncbi.nlm.nih.gov/39313865/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9143725/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7281205/>

LEPTICORE®

- **Polysaccharides:** Complex carbohydrates found in plants that offer a range of health benefits, especially in supporting balanced blood sugar levels and healthy weight management. These natural compounds slow the absorption of glucose in the bloodstream, helping to prevent blood sugar spikes and crashes. Additionally, they promote satiety and support gut health, both of which play a key role in appetite control and metabolic balance.*

Clinical studies for LeptiCore:

- <https://pubmed.ncbi.nlm.nih.gov/20170522/>
- <https://pubmed.ncbi.nlm.nih.gov/26742071/>
- <https://pubmed.ncbi.nlm.nih.gov/23684435/>

CISSUS CQR-300®

- **Quercetin:** A powerful antioxidant and flavonoid known for its anti-inflammatory and blood sugar-regulating properties. It helps improve insulin sensitivity, reduce oxidative stress, and support glucose metabolism, making it beneficial for maintaining healthy blood sugar levels. Quercetin may also protect pancreatic cells, reduce sugar absorption in the gut, and support overall metabolic health, making it a valuable nutrient for blood sugar controls.*

Clinical studies for Cissus CQR-300®:

- <https://pubmed.ncbi.nlm.nih.gov/17274828/>
- <https://pubmed.ncbi.nlm.nih.gov/16948861/>
- <https://pubmed.ncbi.nlm.nih.gov/29912570/>

SENSORIL®

- **Withanolides:** These active compounds found in ashwagandha are known for their adaptogenic, anti-inflammatory, and antioxidant properties. They help reduce stress-related weight gain by lowering cortisol levels, supporting balanced energy, and improving metabolic function. Withanolides also aid in regulating blood sugar and reducing inflammation, making them valuable for managing weight and promoting overall metabolic and hormonal health.*

Clinical studies for Sensoril:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6266766/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6438434/>

SIBERIAN GINSENG

- **Eleutherosides:** These active compounds are known for their adaptogenic properties that help the body manage stress and maintain energy balance. They support weight management by reducing stress-induced cravings, promoting fat metabolism, and enhancing physical stamina. Eleutherosides also help regulate blood sugar and support adrenal and liver function, making them beneficial for overall metabolic health and resilience.*

Clinical studies for Ginseng:

- <https://pubmed.ncbi.nlm.nih.gov/14971626/>
- <https://pubmed.ncbi.nlm.nih.gov/15207399/>
- <https://pubmed.ncbi.nlm.nih.gov/18607235/>

AGAVE INULIN

- **Fructan:** A type of prebiotic fiber known for powerful health benefits - especially when it comes to digestion, weight management, and blood sugar control. By feeding beneficial gut bacteria, fructans help improve gut health and support a healthy inflammatory response. They also slow carbohydrate absorption, promoting more stable blood sugar levels and reducing cravings.*

Clinical studies for Inulin:

- <https://pubmed.ncbi.nlm.nih.gov/37101209/>
- <https://pubmed.ncbi.nlm.nih.gov/35381290/>
- <https://www.mdpi.com/2072-6643/16/17/2935>

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VITALITEA

Energy & Detox

VITALITEA is one of the most powerful detox teas available for micronutrient delivery and elimination of undigested waste in your colon and your digestive system.*

VITALITEA is filled with compounds from plants that gently cleanse your digestive system and support your health with naturally occurring phytonutrients, high antioxidants, and known healing herbs.*

All the water soluble components in the herbs float in the mild but fragrant brew. They are immediately absorbed by the cells as VITALITEA enters your system. Antioxidants, polysaccharides, oligosaccharides, flavonoids, terpenes, phytosterols, alkaloids... the list becomes thousands of compounds in each of these families of phytochemicals.*

Benefits

- Cleanses digestive system*
- Removes toxins*
- Increases energy*
- Boosts metabolism*
- Supports healthy weight*
- Supports immune system*

Responsible Cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult a healthcare provider prior to use.

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Suggested Use

Bring 4 cups of water to a boil and remove from heat. Add 1 teaspoon of VITALITEA to the heated water, cover, and steep at least 2 hours or overnight.

Add sweetener or lemon to taste. Refrigerate. The tea can be consumed hot or cold. Drink all 4 cups of VITALITEA before 4:00 pm.*

Although steeping for just a couple of hours will also work, steeping VITALITEA for up to twelve hours creates a phytonutrient-rich cocktail for your cells. The longer the herbs steep, the more vitamins and minerals that will be extracted.*

Ingredients

Organic Green Tea, Organic Matcha Green Tea, Organic Oolong Tea, Organic Red Clover Herb, Organic Passionflower, Organic Cacao Nibs, Organic Cinnamon Bark, Organic Yerba Mate, Organic Licorice Root, Organic Burdock Root, Organic Chamomile Flowers, Organic Eleuthero Root, Organic Lemon Peel, Organic Alfalfa, Organic Ginger Root, Organic Clove

MIND

cognitive support & nootropic wholefoods

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PRODUCT INFORMATION PAGE



ingredients

Organic Turmeric (*Curcuma longa*) Root Powder, Organic Orange (*Citrus sinensis*) Fruit Juice Powder, Organic Coconut (*Cocos nucifera*) Fruit Powder, Organic Carrot (*Daucus carota*) Root Juice Powder, Organic Lion's Mane (*Hericium erinaceus*) Mushroom Extract Powder, Organic Camu Camu (*Myrciaria dubia*) Fruit Powder, Luo Han Guo (Monk Fruit) Extract Powder (7%), Organic Ashwagandha (*Withania somnifera*) Root Powder, Organic Astragalus (*Astragalus membranaceus*) Root Powder, Organic Ceylon Cinnamon (*Cinnamomum verum*) Bark Powder, Organic Gotu Kola (*Centella asiatica*) Aerial Parts Powder, Organic Ginger (*Zingiber officinale*) Root Powder, Panax Ginseng (*Panax ginseng*) Root Powder, Organic Fenugreek (*Trigonella foenum-graecum*) Seed Powder, Organic Mucuna Pruriens (*Mucuna pruriens*) Seed Powder, Organic Bacopa Monnieri (Brahmi) Aerial Parts Powder, Licorice (*Glycyrrhiza glabra*) Root Extract (4:1), Vegetable DHA (Docosahexaenoic Acid) Powder (10%)

suggested use

- Add 1 scoop Mind to milk, juice, smoothies, etc. Delicious hot or cold! Can also be sprinkled on your favorite yogurt, cereal, or salad. May be sweetened to taste with preferred sweetener. Shake or mix well. May be taken up to two (2) times daily.

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

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product summary

As we age, too many of us are watching our bodies outlast our minds. The rise in memory loss, cognitive decline, and mental health struggles is devastating - but emerging research is uncovering a critical connection: brain inflammation.*

Scientists now believe inflammation isn't just a contributor, it's a driving force behind many brain-related disorders. Addressing this underlying issue may be key to protecting memory, focus, and long-term cognitive health.*

That's where Mind comes in. This powerful blend delivers targeted nourishment to support brain function, mental clarity, and emotional well-being. By helping the body manage inflammation, Mind may promote calm, happiness, and even better sleep - often among the first benefits customers notice.*

Your brain deserves care, just like the rest of your body. Give it the support it needs with Mind.*

ingredient highlights

- **Curcumin (Turmeric):** Curcumin, the active compound in turmeric, has been extensively studied for its anti-inflammatory and neuroprotective properties. Research from The Ohio State University found that curcumin helps reduce amyloid plaque buildup - a key factor in the progression of Alzheimer's disease. By supporting brain health, cognitive function, and memory, curcumin may play a vital role in protecting against neurodegenerative decline and promoting long-term mental clarity.*
- **Mucuna Pruriens:** A natural source of Levodopa (L-dopa), a key compound that supports mood, memory, learning, and restful sleep. As a precursor to dopamine, L-dopa plays a vital role in behavior, motivation, and cognitive function, helping to promote a balanced mood and overall mental well-being.*
- **Bacopa Monnieri:** Its use as a nerve and brain tonic for memory, learning, and concentration goes back at least 3,000 years.*
- **Docosahexaenoic Acid (DHA):** A crucial omega fatty acid for the healthy structure and function of the brain. Studies suggest benefits on brain health and aging.*
- **Licorice Root:** Research conducted by Dr. Rosemarie Booze, a neuroscientist and professor, found a compound in licorice root that could prevent or slow down the cell death associated with neurodegenerative diseases such as Alzheimer's and Parkinson's.*

main constituents

TURMERIC

- **Curcumin:** The main active compound in turmeric, curcumin is a powerful anti-inflammatory and antioxidant known to support brain health, joint function, and overall well-being. Research suggests it may help reduce oxidative stress, improve cognitive function, and protect against neurodegenerative decline.*

Clinical studies for Turmeric:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8187459/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10111629/>

ORANGE

- **Limonene:** Known for its antioxidant, anti-inflammatory, and mood-boosting properties. It supports digestive health, immune function, and stress relief, while also promoting a sense of calm and mental clarity.*

Clinical studies for Orange:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8570725/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10981099/>

COCONUT

- **Lauric acid:** A beneficial fatty acid found in coconut, that is known for its antimicrobial, immune-boosting, and heart-supporting properties. It helps fight harmful pathogens, promote healthy cholesterol levels, and support overall wellness.*

Clinical studies for Coconut:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10969476/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC7766932/>

CARROT

- **Beta carotene:** A powerful antioxidant found in colorful fruits and vegetables that supports vision, immune function, and skin health. The body converts it into vitamin A, which is essential for cell growth, eye health, and overall well-being.*

Clinical studies for Carrot:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10608851/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6770766/>

LION'S MANE MUSHROOM

- **Terpenoids:** Hericenones and erinacines are two powerful compounds that support brain health, nerve regeneration, and cognitive function. These bioactive constituents may help enhance memory, reduce inflammation, and protect against neurodegenerative decline.*

Clinical studies for Lion's Mane:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10675414/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9479623/>

CAMU CAMU

- **Vitamin C:** The key chemical component and a powerful antioxidant that supports immune function, collagen production, and overall skin health. It helps reduce inflammation, fight oxidative stress, and promote cellular repair for enhanced well-being.*

Clinical studies for Camu Camu:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9933082/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11154359/>

ASHWAGANDHA

- **Withanolides:** The active compounds in Ashwagandha, withanolides, are known for their adaptogenic, anti-inflammatory, and neuroprotective properties. They help reduce stress, support cognitive function, enhance immunity, and promote overall vitality.*

Clinical studies for Ashwagandha:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8762185/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10281725/>

ASTRAGALUS

- **Saponins:** Natural plant compounds known for their antioxidant, immune-boosting, and cholesterol-lowering properties. They help support heart health, reduce inflammation, and enhance the body's ability to fight infections.*

Clinical studies for Astragalus:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10482111/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10204964/>

CEYLON CINNAMON

- **Cinnamaldehyde:** Known for its antioxidant, anti-inflammatory, and blood sugar-supporting properties. It helps regulate glucose levels, promote heart health, and combat harmful pathogens.*

Clinical studies for Ceylon Cinnamon:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC6668558/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC5622575/>

GOTU KOLA

- **Triterpenoids:** Asiaticoside, madecassoside, and asiatic acid are the main triterpenoids in gotu kola, and they support cognitive function, skin health, and circulation. These compounds help enhance memory, reduce inflammation, and promote wound healing.*

Clinical studies for Gotu Kola:

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC9650315/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC4908235/>

BODY

ayurvedic cardio superfoods

HBNaturals
PRODUCT INFORMATION PAGE



ingredients

Organic Beet (Root) Powder, Organic Hawthorn (Berry) Powder, Organic Turmeric (Root) Powder, Acai (Fruit) Juice Powder, Organic Amla (Fruit) Powder, Organic Ashwagandha (Withania somnifera Root) Powder, Organic Astragalus membranaceus (Root) Powder, Organic Schisandra chinensis (Berry) Powder, Organic Camu Camu (Berry) Powder, Organic Coconut (Fruit) Powder, Goji (Wolfberry) Juice Powder, Pomegranate (Seed) Juice Powder, Acerola (Fruit) Juice Powder, Organic Mangosteen (Fruit) Powder, Organic Strawberry (Fruit) Powder, Organic Cranberry (Fruit) Juice Powder, Organic Maqui (Berry) Powder, Organic Jaboticaba (Fruit) Powder, Panax Ginseng (Root) Powder, Rhodiola rosea (Root) Powder, Triphala Powder, Organic Luo han guo (Monk Fruit) Powder

suggested use

- Add ½ teaspoon BODY to milk, juice, smoothies, etc. Can also be sprinkled on your favorite yogurt, cereal, or salad. May be sweetened to taste with preferred sweetener. Shake or mix well. May be taken up to 2 times daily.

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

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product summary

Although it is not yet proven how inflammation directly causes cardiovascular diseases, the medical community agrees that chronic, low-grade inflammation is closely linked to all stages of atherosclerosis, a disease that underlies heart attack, stroke, and peripheral artery disease.*

With our proprietary high-nitrate beetroot juice combined with hawthorn berry for maximum nitric oxide delivery, just one serving of Body provides powerful nourishment for your cardiovascular system and may help reduce chronic inflammation. Nitric oxide helps relax the lining of the blood vessels, and that can result in lower blood pressure. Many customers tell us that with consistent use of Body their doctors are lowering their blood pressure medications.*

ingredient highlights

- **Beets:** Researchers have known for some time that beet juice may help lower blood pressure, but in 2010 scientists in the UK revealed that nitrate is the special ingredient in beetroot which lowers blood pressure and may help to fight heart disease.*
- **Hawthorn Berry:** Hawthorn berries are used widely as an approved treatment for early stages of heart failure in Europe. According to the University of Maryland, hawthorn berries contain compounds that help dilate blood vessels, prevent damage to blood vessels, and improve blood flow.*
- **Curcumin (Turmeric):** A study published in the journal *Nutrition Research* stated that curcumin, the primary polyphenol in turmeric and what gives the spice its golden hue, is as effective in improving vascular function in post-menopausal women as a moderate aerobic exercise training regimen.*
- **Antioxidant Complex:** Berries contain particularly high levels of antioxidants known as polyphenols. Increased intake of polyphenols may reduce the risk of cardiovascular disease by an impressive 46% according to the results of the international PREDIMED (Prevencion con Dieta Mediterranea) study.*
- **Amla:** The Indian Gooseberry has been well known to practitioners of Ayurvedic medicine for more than 3,000 years. There is growing evidence that amla berries offer nearly legendary powers in healing and preventing atherosclerosis and related cardiovascular disease.*
- **Adaptogen Complex:** Helps the body achieve the state of homeostasis by assisting hormone-producing glands such as the hypothalamus, pituitary, adrenals, thyroid, and pancreas as well as other glands and some hormone-producing organs such as the liver, kidneys, heart, and thymus.*

Soul

liver support & alkalizing wholefoods

HBNaturals
PRODUCT INFORMATION PAGE

Chronic inflammation is now recognized as a key factor in many diseases, from arthritis and asthma to Alzheimer's, diabetes, and heart disease. Supporting detoxification and maintaining a healthy pH balance can help combat inflammation and promote overall wellness. Soul is rich in chlorophyll-packed greens and Ayurvedic herbs that nourish the liver, kidneys, and gut—helping to boost energy, improve digestion, and reduce cravings naturally.*

DIRECTIONS

- Add 1 scoop Soul to milk, juice, smoothies, etc. Delicious hot or cold! Can also be sprinkled on your favorite yogurt, cereal, or salad. May be sweetened to taste with preferred sweetener. Shake or mix well. May be taken up to 2 times daily.*



MEDICINAL CONSTITUENTS

- **Curcumin:** The active compound in turmeric, curcumin, is a powerful antioxidant and anti-inflammatory agent known for its numerous health benefits. It supports joint and heart health, aids digestion, boosts immune function, and may help protect against chronic diseases by reducing oxidative stress and inflammation in the body.*
- **Chlorophyll:** The green pigment in plants, chlorophyll, is a powerful detoxifier and antioxidant that supports overall health. It helps cleanse the body by promoting liver function, aids digestion, boosts red blood cell production, and may neutralize toxins. Known for its alkalizing properties, chlorophyll can also support gut health, reduce inflammation, and enhance energy levels.*
- **Limonene:** This natural compound found in citrus peels is known for its powerful antioxidant and detoxifying properties. It supports liver health by promoting the production of enzymes that aid in detoxification and help flush out harmful toxins. Limonene also has anti-inflammatory benefits, supports digestion, and may help maintain healthy cholesterol levels, making it a valuable nutrient for overall wellness.*

Clinical studies for Soul ingredients:

- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC6855174/>
- <https://pubmed.ncbi.nlm.nih.gov/19811613/>
- <https://pubmed.ncbi.nlm.nih.gov/articles/PMC8576288/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC11121291/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC5598502/>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10968638/>

INGREDIENTS

Organic Turmeric (Root) Powder, Organic Wheatgrass Powder, Organic Coconut (Fruit) Powder, Organic Lemon (Fruit) Powder, Milk Thistle (*Silybum marianum*) Seed Powder, Organic Camu Camu (Berry) Powder, Organic Jerusalem Artichoke (*Helianthus tuberosus*) Powder, Dandelion (*Taraxacum officinale asterolus*) Root Powder, Organic Amla (*Phyllanthus emblica*) Berry Powder, Organic Ashwagandha (*Withania somnifera* Root) Powder, Organic Astragalus membranaceus (Root) Powder, Luo han guo (Fruit) Powder, Panax (*Panax quinquefolius* L.) Ginseng, Organic Gotu Kola Powder, Organic Alfalfa (Leaf) Powder, Organic Barley (Grass) Powder, Organic Broccoli Powder, Organic Moringa (Leaf) Powder, Organic Spinach Powder, Organic Spirulina Powder, Organic Beet (Root) Powder, Organic Tomato (fruit) Powder, Organic Dulse (*Palmaria palmata*) Powder, Cordyceps Mushroom (*Ophiocordyceps sinensis*), Goji Berry (*Lycium barbarum*), Lion's Mane Mushroom (*Hericium erinaceus*), Maca (*Lepidium meyenii*) Root, Reishi Mushroom (*Ganoderma lingzhi*), Siberian Ginseng (*Eleutherococcus senticosus*), Kale, Pumpkin, Sweet Potato, Sunflower Seed, Cranberry, Chlorella

CAUTIONS

- **Safety Group 2:** Generally regarded as safe when used as directed with children over the age of 3 years, and while pregnant starting in the 2nd trimester.*
- A doctor's advice should be sought before using this and any supplemental dietary product.*
- Keep out of reach of children and pets.*

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