

Organic Hair & Body Bars

paraben-free. vegan. phthalate-free.

Clean & Moisturize From Head To Toe.

Emerge renewed, with nourished skin, shiny hair, and a calm, relaxed mind.

Treat yourself to spa-quality bathing with our luxurious all-in-one hair & body bars. After just one use, you'll wonder how you ever lived without them. The rich, creamy lather rinses clean while nourishing hair and skin with luxurious softness. The gentle plant-based cleansers lift dirt and oil without over-drying or irritation. Give your hair and skin the spa treatment you deserve!*

Cassia & Clove

Our luxurious, handcrafted organic Cassia & Clove bar will invigorate and beautify your hair and skin. Cassia & Clove combine to give this bar a subtle yet spicy aroma. The organic ground cloves and oatmeal in this bar provide gentle cleansing along with skin-healing exfoliation that may help the appearance of fine lines and wrinkles. Perfect for all skin & hair types.*

Charcoal & Cacao

Our luxurious, handcrafted organic Charcoal & Cacao bar will detox and beautify your hair and skin. Activated Charcoal and organic Cacao strengthen hair follicles while removing toxins, oils, and pollutants. Added Plantain Leaf and Cocoa Butter moisturize hair bringing luster and shine to every strand. Perfect for all skin types and great for shaving too!*

Geranium & Clay

Our luxurious handcrafted organic Geranium & Clay bar will soothe and rejuvenate your hair and skin. Rose Geranium and Pink Clay soothe inflammation and redness while helping to minimize pores and repair damaged skin cells. This bar is perfect for all skin types and is great for shaving as well!*



Cassia & Clove Ingredients: Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos nucifera*) Oil, Water, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Seed Oil, Clove Bud (*Eugenia caryophyllata*) Essential Oil, Organic Clove (*Syzygium aromaticum*), Organic Oat Kernel (*Avena sativa*), Cassia (*Cinnamomum cassia*) Essential Oil, Rosemary (*Rosmarinus Officinalis*) Leaf Extract



Charcoal & Cacao Ingredients: Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos Nucifera*) Oil, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Oil, Water, Cocoa (*Theobroma cacao*) Butter, Sweet Orange (*Citrus sinensis*) Essential Oil, Tea Tree (*Melaleuca alternifolia*) Essential Oil, Organic Bergamot (*Citrus aurantium bergamia*) Essential Oil, Activated Charcoal, Plantain (*Plantago major*) Leaf, Cacao (*Theobroma cacao*), Organic Rosemary (*Rosmarinus Officinalis*) Leaf Extract



Geranium & Clay Ingredients: Saponified Organic Sunflower (*Helianthus annuus*) Oil, Saponified Organic Coconut (*Cocos Nucifera*) Oil, Saponified Organic Palm (*Elaeis guineensis*) Oil, Saponified Organic Safflower (*Carthamus tinctorius*) Oil, Water, Sweet Orange (*Citrus sinensis*) Essential Oil, Cedarwood Atlas (*Cedrus atlantica*) Essential Oil, Lavender (*Lavandula angustifolia*) Essential Oil, Geranium (*Pelargonium*) Essential Oil, Pink (Kaolin) Clay, Himalayan Pink Salt (Mineral Halite), Apricot (*Prunus Armeniaca*) Kernel Oil, Rosemary (*Rosmarinus Officinalis*) Extract

Organic Hair & Body Bars

paraben-free. vegan. phthalate-free.

Lavender & Comfrey

Our luxurious, handcrafted organic Lavender & Comfrey bar will moisturize and beautify your hair and skin. Lavender's fresh, floral scent has a soothing effect on both the skin and the senses while Comfrey contains allantoin, a natural skin cell regenerator, to help restore your skin to its natural balance and glow. Perfect for all skin & hair types.*

Orange Blossom

Our luxurious, handcrafted organic Orange Blossom bar will invigorate and beautify your hair and skin. This bar is great for muscle aches and pains, and its bright, citrus scent will invigorate and uplift. Perfect for all skin & hair types.*

Patchouli

Our Patchouli bath bar is a luxurious blend of essential oils and botanical extracts in a hypoallergenic, vegan soap base of organic palm, coconut, olive, and palm kernel oils. It will surely delight your skin and sweeten your soul. With a classic Patchouli aroma, it's a favorite among men for shaving. Perfect for normal, combination, and oily skin.*

suggested usage

Wet bar and rub directly onto hair and body, or rub on hands or a washcloth and apply lather to hair & body. Gently cleanse your body from head to toe. Rinse well.*

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

"The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only."



Lavender & Comfrey Ingredients: Sodium Cocoate, Sodium Sunflowerate, Aqua, Sodium Palmate, Sodium Safflowerate, Glycerin, Lavender Grosso (Lavandula hybrid) Oil, Lavender (Lavandula angustifolia) Oil, Alkanet (Alkanna tinctoria) Root, Rosemary (Rosmarinus Officinalis) Leaf Extract, Organic Comfrey (Symphytum officinale) Root



Orange Blossom Ingredients: Saponified Organic Sunflower (Helianthus annuus) Oil, Saponified Organic Coconut (Cocos nucifera) Oil, Water, Saponified Organic Palm (Elaeis guineensis) Oil, Saponified Organic Safflower (Carthamus tinctorius) Seed Oil, Rosemary (Rosmarinus officinalis) Leaf Extract, Organic Annatto (Bixa orellana) Seed, Madder (Rubia tinctorum) Root, Blood Orange (Citrus sinensis) Essential Oil, Bergamot (Citrus bergamia) Essential Oil, Tangerine (Citrus reticulata) Essential Oil, Orange (Citrus sinensis) Essential Oil, Lemongrass (Cymbopogon flexuosus) Essential Oil, Lime (Citrus aurantiifolia) Essential Oil



Patchouli Ingredients: Saponified Organic Palm (Elaeis guineensis) Oil, Saponified Organic Coconut (Cocos Nucifera) Oil, Saponified Organic Olive (Olea europaea) Oil, Saponified Organic Palm (Elaeis guineensis) Kernel Oil, Water, Patchouli (Pogostemon cablin) Essential Oil, Hemp (Cannabis sativa) Essential Oil, Organic Rosemary (Rosmarinus Officinalis) Leaf Extract

WHAT IF YOUR ALLERGY RELIEF WAS AS EASY AS BREATHING... AND FIT IN YOUR POCKET?

Season changes don't have to slow you down. No pills. No sprays. No side effects. Just a quick inhale from our Allergy Relief Nasal Inhaler and you're back to feeling like yourself.

Breathe easier with our Allergy Relief Nasal Inhaler, expertly formulated to support your body's natural defenses. Designed to help ease common allergy symptoms like sneezing, runny nose, and watery eyes, it's perfect for seasonal shifts or daily support - just inhale and feel the difference.

WHY ALLERGY RELIEF WORKS

This blend layers the airway-opening and decongesting power of 1,8-cineole from both Ravintsara and Niaouli with Helichrysum's rare skin- and tissue-soothing compounds. The result is a holistic approach to allergy season — clearing your breathing, calming irritation, and supporting your body's natural ability to feel balanced and comfortable.

Seasonal sniffles don't stand a chance against this powerful trio of essential oils. Each oil in Allergy Relief GOGOSTix™ brings its own unique plant chemistry to help you breathe easier, calm irritation, and feel clear and balanced — naturally.

DIRECTIONS

- Adults and children 12 and above. Twist to remove cap. Hold inhaler just below nostrils and inhale deeply through each nostril for 1-2 seconds. Enjoy the invigorating effect. Recap tightly after use. Teach others how to GOGO!

INGREDIENT HIGHLIGHTS

Helichrysum italicum (Helichrysum)

- Key Constituents: Neryl Acetate, Italdiones
- Neryl Acetate soothes inflammation, relaxes tense tissues, and supports healthy circulation.
- Italdiones, unique to Helichrysum, help protect cells, encourage tissue regeneration, and speed up recovery from irritation.
- Together, they help calm the effects of allergens and promote overall respiratory comfort.

Cinnamomum camphora ct. 1,8 cineole (Ravintsara)

- Key Constituents: 1,8-Cineole, Alpha-Terpinyl Acetate, Sabinene
- 1,8-Cineole opens airways, eases congestion, and reduces nasal stuffiness.
- Alpha-Terpinyl Acetate adds a calming, relaxing effect to help you breathe with ease.
- Gentle antimicrobial benefits help keep your respiratory system clear.

Melaleuca quinquenervia bs. viridiflora (Niaouli)

- Key Constituents: 1,8-Cineole, Alpha-Pinene, Viridiflorol
- 1,8-Cineole reinforces airway-opening and congestion-clearing effects.
- Alpha-Pinene soothes respiratory inflammation and supports mental clarity.
- Viridiflorol provides a grounding, restorative quality for all-day comfort.

INGREDIENTS

- Menthol Crystal, Pink Himalayan Salt, Helichrysum italicum (Helichrysum), Melaleuca quinquenervia bs. viridiflora (Niaouli), Cinnamomum camphora ct. 1,8 cineole (Ravintsara)

CAUTIONS

- Do not eat or use orally.
- Temporary burning, stinging, or nasal discharge may occur. Discontinue use if irritation persists.
- Keep out of reach of children and pets.
- **Best by:** 30 days after opening. Store in a cool, dry place.

GOGOSTix™



The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

Green Organics, LLC Family Of Companies • Cincinnati, OH 45245 • goDesana.com • V082025

WHAT IF LOSING WEIGHT WAS AS EASY AS BREATHING... AND FIT IN YOUR POCKET?

Say goodbye to stubborn cravings and hello to effortless self-control with our Craving Crusher nasal inhaler. This powerful pocket-sized tool helps you stay on track with your goals by naturally curbing the urge to snack, lifting your mood, and keeping you energized - so weight loss feels easier, not harder. Just breathe it in and crush those cravings before they crush your progress.

The Craving Crusher isn't just another weight loss gimmick — it's your pocket-sized willpower.

WHY CRAVING CRUSHER WORKS

One deep breath helps silence snack urges, boost energy, and lift your mood... naturally. Just inhale — and watch cravings disappear before they wreck your progress. When cravings strike, this bright, uplifting blend works with your body's own chemistry to help you feel satisfied, focused, and in control.

Beta-caryophyllene from Copaiba helps your mind and body feel centered, making cravings easier to manage. Uplifting citrus oils brighten mood while Hyssop clears mental fog — helping you shift from impulse to intention.

DIRECTIONS

- Adults and children 12 and above. Twist to remove cap. Hold inhaler just below nostrils and inhale deeply through each nostril for 1-2 seconds. Enjoy the invigorating effect. Recap tightly after use. Teach others how to GOGO!

INGREDIENT HIGHLIGHTS

Copaifera officinalis (Copaiba)

- Key Constituents: Beta-Caryophyllene
- Interacts with your endocannabinoid system to regulate mood, stress, and reward pathways.
- Promotes calm, balanced emotions that help reduce cravings linked to stress or habit.

Citrus bergamia (Bergamot)

- Key Constituents: Limonene, Linalyl Acetate
- Limonene uplifts mood and supports mental clarity.
- Linalyl Acetate promotes calm and emotional balance.

Citrus paradisi (Pink Grapefruit)

- Key Constituents: Limonene, Nootkatone
- Limonene energizes and uplifts.
- Nootkatone supports metabolism and appetite control.

Citrus sinensis (Sweet Orange) & Citrus reticulata (Tangerine)

- Key Constituents: Limonene
- Brightens mood, reduces stress, and refreshes outlook.

Hyssopus officinalis (Hyssop)

- Key Constituents: Pinocamphone, Iso-pinocamphone
- Supports mental focus and clarity.

INGREDIENTS

- *Menthol Crystal, Pink Himalayan Salt, Copaifera officinalis (Copaiba), Citrus bergamia (Bergamot), Citrus paradisi (Pink Grapefruit), Citrus sinensis (Sweet Orange), Citrus reticulata (Tangerine), Hyssopus officinalis (Hyssop)*

CAUTIONS

- Do not eat or use orally.
- Temporary burning, stinging, or nasal discharge may occur. Discontinue use if irritation persists.
- Keep out of reach of children and pets.
- **Best by:** 30 days after opening. Store in a cool, dry place.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

Green Organics, LLC Family Of Companies • Cincinnati, OH 45245 • goDesana.com • V082025

GOGOSTIX™



WHAT IF YOU COULD GO FROM FOGGY TO LASER-FOCUSED... IN UNDER 60 SECONDS?

Stay sharp with our Focus Fuel Nasal Inhaler, expertly crafted to support mental clarity, focus, and alertness. Whether you're tackling a busy workday, powering through a study session, or fighting off brain fog, just inhale and refocus - your mind will thank you.

Focus Fuel — the natural inhaler that sharpens your mind in seconds. One deep breath and you're in the zone.

WHY FOCUS FUEL WORKS

Meet Focus Fuel — the pocket-sized inhaler that flips your brain into high gear. Enjoy sharper focus, clearer thinking, and instant alertness. No caffeine. No crash. Just one deep breath and you're locked in. Whether it's a big meeting, a long study grind, or a mental slump, Focus Fuel puts you back in control — fast.

This refreshing blend works in harmony with your body to awaken focus, boost mental clarity, and keep your thinking crisp. Stimulating compounds like 1,8-cineole, menthol, and limonene work alongside mood-balancing floral notes to keep you sharp yet calm.

DIRECTIONS

- Adults and children 12 and above. Twist to remove cap. Hold inhaler just below nostrils and inhale deeply through each nostril for 1-2 seconds. Enjoy the invigorating effect. Recap tightly after use. Teach others how to GOGO!

INGREDIENT HIGHLIGHTS

Ocimum basilicum (Basil, sweet)

- Key Constituents: Linalool, Methyl Chavicol
- Linalool eases mental fatigue and restores alertness.
- Methyl Chavicol stimulates focus and attention.

Citrus limon (Lemon)

- Key Constituents: Limonene
- Uplifts and refreshes the senses and improves concentration.

Rosemarinus officinalis ct. cineole (Rosemary ct. 1,8 cineole)

- Key Constituents: 1,8-Cineole, Alpha-Pinene
- Increases alertness and supports memory retention.

Pelargonium graveolens (Geranium, rose)

- Key Constituents: Citronellol, Geraniol, Linalool
- Balances mood and reduces mental stress.

Rosa damascena (Rose)

- Key Constituents: Citronellol, Geraniol, Nerol
- Encourages emotional balance.

Mentha piperita (Peppermint)

- Key Constituents: Menthol, Menthone, 1,8-Cineole
- Cooling and awakening for alertness.

INGREDIENTS

- Menthol Crystal, Pink Himalayan Salt, Ocimum basilicum (Basil, sweet), Citrus limon (Lemon), Rosemarinus officinalis ct. cineole (Rosemary ct. 1,8 cineole), Pelargonium graveolens (Geranium, rose), Rosa damascena (Rose), Mentha piperita (Peppermint)

CAUTIONS

- Do not eat or use orally.
- Temporary burning, stinging, or nasal discharge may occur. Discontinue use if irritation persists.
- Keep out of reach of children and pets.
- **Best by:** 30 days after opening. Store in a cool, dry place.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

Green Organics, LLC Family Of Companies • Cincinnati, OH 45245 • goDesana.com • V082025

GOGOSTIX™



WHAT IF MIGRAINE RELIEF WAS AS CLOSE... AS YOUR NEXT BREATH?

Find relief fast with our Migraine Ease nasal inhaler, expertly formulated to help calm tension, ease pounding pressure, and reduce light and scent sensitivity. Whether you're managing daily headaches or sudden migraine flare-ups, this soothing blend offers quick, natural support. Just inhale and let comfort take over - anytime, anywhere.

When the pounding starts, you don't have time to wait. No pills. No water. No downtime. Just inhale — and let comfort take over. Your relief is now in your pocket.

WHY MIGRAINE EASE WORKS

Migraine Ease Nasal Inhaler works fast to help calm head tension, ease pressure, soothe light and scent sensitivity. This cooling, calming blend works with your body's natural response to ease discomfort, relax tight muscles, and restore balance.

DIRECTIONS

- Adults and children 12 and above. Twist to remove cap. Hold inhaler just below nostrils and inhale deeply through each nostril for 1-2 seconds. Enjoy the invigorating effect. Recap tightly after use. Teach others how to GOGO!

INGREDIENT HIGHLIGHTS

Mentha piperita (Peppermint)

- Key Constituents: Menthol, Menthone, 1,8-Cineole
- Menthol cools and relaxes muscle tension.
- Menthone supports mental clarity.

Lavandula angustifolia (Lavender)

- Key Constituents: Linalool, Linalyl Acetate
- Reduces stress and promotes relaxation.

Eucalyptus radiata (Eucalyptus Radiata)

- Key Constituents: 1,8-Cineole, Alpha-Terpineol
- Supports clear breathing and mental refreshment.

Chamaemelum nobile (Roman Chamomile)

- Key Constituents: Isobutyl Angelate, Isoamyl Angelate
- Relaxes muscle tension and eases irritability.

INGREDIENTS

- *Menthol Crystal, Pink Himalayan Salt, Mentha piperita (Peppermint), Lavandula angustifolia (Lavender), Eucalyptus radiata (Eucalyptus Radiata), Chamaemelum nobile (Roman Chamomile)*

CAUTIONS

- Do not eat or use orally.
- Temporary burning, stinging, or nasal discharge may occur. Discontinue use if irritation persists.
- Keep out of reach of children and pets.
- **Best by:** 30 days after opening. Store in a cool, dry place.

GOGOSTIX™



The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

Green Organics, LLC Family Of Companies • Cincinnati, OH 45245 • goDesana.com • V082025

WHAT IF HAPPINESS WAS JUST... ONE DEEP BREATH AWAY?

Feel brighter with our Mood Boost Nasal Inhaler, expertly formulated to uplift your spirits and ease emotional tension. Designed to support a more balanced, joyful mindset, it's perfect for daily pick-me-ups or whenever you need a boost - just inhale and feel the shift.

Bad days happen — but they don't have to stay. Our Mood Boost Nasal Inhaler is your instant pick-me-up. Just inhale... and feel the shift. Because joy shouldn't have to wait..

WHY MOOD BOOST WORKS

This rich, grounding, and uplifting blend balances emotions, eases tension, and sparks a brighter outlook. Mood Boost Nasal Inhaler uplifts your spirits, melts away emotional tension, and supports a brighter, more balanced mindset. Grounding woods and roots steady emotions, uplifting oils lift the spirit, and warm spices energize — creating a balanced, uplifted mood.



DIRECTIONS

- Adults and children 12 and above. Twist to remove cap. Hold inhaler just below nostrils and inhale deeply through each nostril for 1-2 seconds. Enjoy the invigorating effect. Recap tightly after use. Teach others how to GOGO!

INGREDIENT HIGHLIGHTS

Cedrus atlantica (Cedarwood Atlas)

- Key Constituents: Himachalene, Atlantone
- Calms and steadies emotions.

Pogostemon cablin (Patchouli)

- Key Constituents: Patchoulol, Alpha-Bulnesene
- Grounds and promotes emotional stability.

Vetiveria zizanioides (Vetiver)

- Key Constituents: Khusimol, Vetiverol, Isovalencenol
- Quietly soothes the mind.

Zingiber officinale (Ginger)

- Key Constituents: Zingiberene, Beta-Sesquiphellandrene
- Warms and energizes mood.

Cananga odorata (Ylang Ylang)

- Key Constituents: Germacrene-D, Beta-Caryophyllene, Linalool
- Reduces tension and enhances joy.

Commiphora myrrha (Myrrh)

- Key Constituents: Furanoeudesma-1,3-diene, Curzerene
- Comforting depth and calm.

Helichrysum italicum (Helichrysum)

- Key Constituents: Neryl Acetate, Italdiones
- Restores inner harmony.

Melissa officinalis (Melissa)

- Key Constituents: Citral, Beta-Caryophyllene
- Uplifts and eases tension.

Piper nigrum (Black Pepper)

- Key Constituents: Beta-Caryophyllene, Limonene
- Gently stimulates and motivates.

INGREDIENTS

- Menthol Crystal, Pink Himalayan Salt, Cedrus atlantica (Cedarwood Atlas), Pogostemon cablin (Patchouli), Vetiveria zizanioides (Vetiver), Zingiber officinale (Ginger), Cananga odorata (Ylang Ylang), Commiphora myrrha (Myrrh), Helichrysum italicum (Helichrysum), Melissa officinalis (Melissa), Piper nigrum (Black Pepper)

CAUTIONS

- Do not eat or use orally.
- Temporary burning, stinging, or nasal discharge may occur. Discontinue use if irritation persists.
- Keep out of reach of children and pets.
- **Best by:** 30 days after opening. Store in a cool, dry place.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

WHAT IF RELIEF FROM AN UPSET STOMACH... WAS ONE DEEP INHALE AWAY?

Settle your stomach fast with our Nausea Rescue Nasal Inhaler, expertly formulated to ease queasiness, motion sickness, and digestive upset. Perfect for travel or everyday support - just inhale and feel the relief take hold.

Nausea Rescue Nasal Inhaler works fast to settle your stomach and restore comfort. Eases queasiness, calms motion sickness, and soothes digestive upset. Just inhale... and feel the relief take hold. Your comfort is now carry-on ready.

WHY NAUSEA RESCUE WORKS

This warming yet refreshing blend calms the stomach, eases queasiness, and restores balance. Cinnamon and Ginger settle the stomach, Peppermint cools, and the remaining oils refresh and balance. Perfect for travel, work, or home — no water, no pills, no waiting. Goodbye nausea, hello relief.

DIRECTIONS

- Adults and children 12 and above. Twist to remove cap. Hold inhaler just below nostrils and inhale deeply through each nostril for 1-2 seconds. Enjoy the invigorating effect. Recap tightly after use. Teach others how to GOGO!

INGREDIENT HIGHLIGHTS

Cinnamomum zeylanicum (Cinnamon Bark)

- Key Constituents: Cinnamaldehyde, Eugenol
- Supports digestion and eases discomfort.

Zingiber officinale (Ginger Root)

- Key Constituents: Zingiberene, Beta-Sesquiphellandrene
- Calms the stomach and stimulates circulation.

Mentha piperita (Peppermint)

- Key Constituents: Menthol, Menthone, 1,8-Cineole
- Cooling relief for queasiness

Rosemarinus officinalis ct. cineole (Rosemary ct. 1,8 cineole)

- Key Constituents: 1,8-Cineole, Alpha-Pinene
- Improves clarity and supports digestion.

Melaleuca alternifolia (Tea Tree)

- Key Constituents: Terpinen-4-ol, Gamma-Terpinene
- Cleanses and refreshes.

Cupressus sempervirens (Cypress)

- Key Constituents: Alpha-Pinene, Delta-3-Carene
- Calming and grounding.

Cymbopogon martinii (Palmarosa)

- Key Constituents: Geraniol, Linalool
- Balances and soothes.

INGREDIENTS

- Menthol Crystal, Pink Himalayan Salt, Cinnamomum zeylanicum (Cinnamon Bark), Zingiber officinale (Ginger Root), Mentha piperita (Peppermint), Rosemarinus officinalis ct. cineole (Rosemary ct. 1,8 cineole), Melaleuca alternifolia (Tea Tree), Cupressus sempervirens (Cypress), Cymbopogon martinii (Palmarosa)

CAUTIONS

- Do not eat or use orally.
- Temporary burning, stinging, or nasal discharge may occur. Discontinue use if irritation persists.
- Keep out of reach of children and pets.
- **Best by:** 30 days after opening. Store in a cool, dry place.

GOGOSTIX™



The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

Green Organics, LLC Family Of Companies • Cincinnati, OH 45245 • goDesana.com • V082025

WHAT IF YOU COULD GO FROM BLOCKED TO BREATHING... IN SECONDS, NATURALLY?

Breathe easier with our Sinus Soothe Nasal Inhaler, expertly formulated to open airways, ease congestion, and relieve sinus pressure. Perfect for seasonal stuffiness or daily respiratory support - just inhale and feel the soothing difference.

Perfect for seasonal allergies, colds, or daily respiratory support. No sprays. No mess. No waiting. Just inhale... and feel the soothing difference.

WHY SINUS SOOTHE WORKS

Perfect for seasonal allergies, colds, or daily respiratory support. This refreshing blend opens airways, clears congestion, and eases sinus pressure. Multiple oils rich in 1,8-Cineole open nasal passages, Peppermint cools, and the rest provide long-lasting respiratory comfort.

Sinus Soothe Nasal Inhaler works fast to open your airways, ease congestion, and relieve sinus pressure.

DIRECTIONS

- Adults and children 12 and above. Twist to remove cap. Hold inhaler just below nostrils and inhale deeply through each nostril for 1-2 seconds. Enjoy the invigorating effect. Recap tightly after use. Teach others how to GOGO!

INGREDIENT HIGHLIGHTS

Laurus nobilis (Bay Laurel)

- Key Constituents: 1,8-Cineole, Alpha-Pinene, Beta-Pinene
- Clears breathing and relieves stuffiness.

Eucalyptus globulus (Eucalyptus Globulus)

- Key Constituents: 1,8-Cineole
- Strong airway-opening benefits.

Cinnamomum camphora ct. 1,8 cineole (Ravintsara)

- Key Constituents: 1,8-Cineole, Alpha-Terpinyl Acetate, Sabinene
- Decongests and calms.

Rosemarinus officinalis ct. cineole (Rosemary ct. 1,8 cineole)

- Key Constituents: 1,8-Cineole, Alpha-Pinene
- Clears nasal passages and boosts clarity.

Eucalyptus radiata (Eucalyptus Radiata)

- Key Constituents: 1,8-Cineole, Alpha-Terpineol
- Softer aroma with relaxing effects.

Mentha piperita (Peppermint)

- Key Constituents: Menthol, Menthone, 1,8-Cineole
- Cooling relief for sinus pressure.

Melaleuca quinqueneriva bs. viridiflora (Niaouli)

- Key Constituents: 1,8-Cineole, Alpha-Pinene, Viridiflorol
- Reinforces decongestion and restoration.

INGREDIENTS

- Menthol Crystal, Pink Himalayan Salt, *Laurus nobilis* (Bay Laurel), *Eucalyptus globulus* (Eucalyptus Globulus), *Cinnamomum camphora* ct. 1,8 cineole (Ravintsara), *Rosemarinus officinalis* ct. cineole (Rosemary ct. 1,8 cineole), *Eucalyptus radiata* (Eucalyptus Radiata), *Mentha piperita* (Peppermint), *Melaleuca quinqueneriva* bs. *viridiflora* (Niaouli)

CAUTIONS

- Do not eat or use orally.
- Temporary burning, stinging, or nasal discharge may occur. Discontinue use if irritation persists.
- Keep out of reach of children and pets.
- **Best by:** 30 days after opening. Store in a cool, dry place.

GOGOSTIX™



The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

Green Organics, LLC Family Of Companies • Cincinnati, OH 45245 • goDesana.com • V082025

Lavender Ice

lavender apothecary blend AromaStix

Headaches are a painful, recurring experience for many people. They may be caused by stress, eyestrain, allergies, sinus congestion, hormone imbalances, and many other causes.*

Nonsteroidal anti-inflammatory drugs (usually abbreviated as NSAIDs) are a class of drugs that provide analgesic (pain-killing) and antipyretic (fever-reducing) effects, and, in higher doses, anti-inflammatory effects.*

At least one study has examined a potential link between the usage of non-steroidal anti-inflammatory drugs (NSAIDs) and autism in children (<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3673819/>). Additionally, some physicians have concerns that ibuprofen and other NSAIDs can cause kidney damage.*

Whatever the cause of your headache, Lavender Ice may bring the nonprescription, non-drug relief you seek.*

ingredient highlights

Lavender Vera: Well-known for its powerful anti-inflammatory and sedative properties, both of which can assist in resolving headache and migraine issues quickly and naturally.*

Peppermint: Has been shown in clinical studies to improve circulation and relax stiff muscles, which may provide relief from tension headaches and migraines.*

uses

topical

- For headache, apply Lavender Ice neat (undiluted) to the temples, forehead, and over the ear, following the hairline and across the back of the neck. Be careful not to get it too close to the eyes. This can be repeated as needed.*
- Apply Lavender Ice neat (undiluted) to areas of the body experiencing pain due to tight muscles, strains or sprains, or from blunt trauma such as slamming a finger in a door or stubbing a toe. Gently massage in; repeating as necessary.*

goDesana

Product Information Page



application methods

Topical

safety group: 2

Generally regarded as safe when properly diluted and used as directed with children over the age of 3 years, and while pregnant starting in the 2nd trimester.

ingredients

Lavendula angustifolia (Lavender, vera),
Mentha piperita (Peppermint), *Cocos*
Nucifera (Fractionated Coconut)

responsible cautions

- Not for use on babies or children under age three; on young children be very cautious to keep away from the eyes.
- Not recommended for those with atrial fibrillation.
- Should not be used in conjunction with homeopathic remedies as it may neutralize the homeopathic effects.
- Peppermint oil residue can remain on the fingers even after washing, and can inadvertently be rubbed into eyes or sensitive areas of skin. Applying Peppermint with your little finger will reduce the likelihood of the oil residue accidentally contacting the eyes.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

Laundry Concentrates

clean. safe. effective.

Naturally Clean. Powerfully Pure.

Enjoy a naturally clean, healthier home with safe, plant-based ingredients.*

Our trio of Laundry Concentrates - Protector, Deep Green, and Tri Remedy - offers a powerful, plant-based approach to laundry care that supports a cleaner home and healthier lifestyle. Each non-toxic formula is made with essential oils known for their natural cleansing and purifying properties, making them safe and effective for families with children, pets, or sensitivities. These eco-conscious concentrates deliver a fresh, aromatic clean while avoiding harsh chemicals and synthetic fragrances.*

Protector Laundry Concentrate is a gentle yet effective option for those with respiratory issues, immune sensitivities, or young children. Safe for use on clothing, linens, and even baby items, it provides reliable cleansing without irritating residues.*

Deep Green Laundry Concentrate refreshes and purifies while offering grounding, emotionally supportive benefits through its blend of plant-based ingredients. It's ideal for everyday laundry needs, especially in homes seeking a safe, naturally aromatic alternative.*

Tri Remedy Laundry Concentrate draws from a time-tested immunity-supporting essential oil blend to deliver strong antibacterial and antiviral action. It's perfect for sanitizing clothes, towels, and high-contact fabrics, offering a natural defense against germs without compromising safety.*

Safe for high efficiency and conventional washing machines.*

suggested usage

Add up to 2 capfuls of per load, depending on load size and soil level. Use more for hard water or heavily soiled items as needed.*

Optional Additives:

Baking Soda: ½ cup in the wash for extra cleaning power.

Vinegar: 1 cup in the rinse to remove residue and soften clothes.

cautions

- Keep out of reach of children and pets.*
- Store away from sunlight, at room temperature, with the lid securely tightened. Avoid eye contact. Flush with milk or water if stinging occurs. In the case of accidental ingestion, drink milk or water.*

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.



Protector: Saponified Organic Oils of *Cocos nucifera* (Coconut), *Olea europaea* (Olive), and *Simmondsia chinensis* (Jojoba); Sodium Bicarbonate; Glycerin; *Rosmarinus officinalis* (Rosemary) Extract; *Salvia officinalis* (Sage) Oil; *Pinus pinaster* (Ocean Pine) Oil; *Eucalyptus globulus* (Eucalyptus) Oil; *Cymbopogon citratus* (Lemongrass) Oil; *Juniperus communis* (Juniper Berry) Oil; *Picea mariana* (Black Spruce) Oil; *Eucalyptus citriodora* (Lemon Eucalyptus) Oil; *Melaleuca alternifolia* (Tea Tree) Oil; *Cupressus sempervirens* (Cypress) Oil; *Boswellia carterii* (Frankincense) Oil; *Cymbopogon martinii* (Palmarosa) Oil



Deep Green: Saponified Organic Oils of *Cocos nucifera* (Coconut), *Olea europaea* (Olive), and *Simmondsia chinensis* (Jojoba); Sodium Bicarbonate; Glycerin; *Rosmarinus officinalis* (Rosemary) Extract; *Citrus reticulata* var *deliciosa* (Green Mandarin) Oil; *Picea mariana* (Black Spruce) Oil; *Pinus sylvestris* (Pine Needle) Oil; *Salvia officinalis* (Sage) Oil; *Eucalyptus globulus* (Eucalyptus Globulus) Oil



Tri Remedy: Saponified Organic Oils of *Cocos nucifera* (Coconut), *Olea europaea* (Olive), and *Simmondsia chinensis* (Jojoba); Sodium Bicarbonate; Glycerin; *Rosmarinus officinalis* (Rosemary) Extract; *Thymus vulgaris* ct. *thymol* (Thyme ct. *thymol*); *Eugenia caryophyllata* (Clove Bud); *Cinnamomum zeylanicum* (Cinnamon Bark)

Surface Cleaners

clean. safe. effective.

Naturally Clean. Powerfully Pure.

Enjoy a naturally clean, healthier home with safe, plant-based ingredients.*

Our trio of Surface Cleaners - Protector, Deep Green, and Tri Remedy - offers a powerful, plant-based approach to cleaning that supports both a healthier home and overall well-being. Each non-toxic formula is crafted with essential oils known for their natural cleansing and purifying properties, making them safe and effective for use around children, pets, and those with sensitivities. Together, this trio of eco-conscious cleaners provides a safer, naturally aromatic way to maintain cleanliness and wellness throughout your home.*

Protector Surface Cleaner is a gentle yet effective formula suited for households with respiratory concerns, immune sensitivities, and young children. It's safe to use on toys, furniture, walls, and floors - anywhere you need reliable protection without chemical residue.*

Deep Green Surface Cleaner goes beyond cleaning, combining powerful plant oils like Green Mandarin and Pine Needle to refresh and purify while also promoting emotional balance and immune support. Designed for everyday use, it's perfect for homes seeking a safe, aromatic, and grounding clean throughout kitchens, bathrooms, play areas, and more.*

Tri Remedy Surface Cleaner features essential oils inspired by an ancient immunity-boosting blend, providing potent antibacterial and antiviral action. Studies suggest these natural ingredients can rival the effectiveness of conventional antibiotics, offering strong protection against germs without the use of harsh chemicals. It's ideal for sanitizing high-touch surfaces in kitchens, bathrooms, and other shared spaces.*

suggested usage

Spray surface to be cleaned with Surface Cleaner and wipe with damp sponge or cloth. Safely cleans washable surfaces including wood, plastics, leather, cloth, car interiors, and more! Will slightly darken most porous materials.*

cautions

- Keep out of reach of children and pets.*
- Store away from sunlight, at room temperature, with the lid securely tightened. Avoid eye contact. Flush with milk or water if stinging occurs. In the case of accidental ingestion, drink milk or water.*

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.



Protector: Saponified Organic Oils of *Cocos nucifera* (Coconut), *Olea europaea* (Olive), and *Simmondsia chinensis* (Jojoba); Organic *Aloe barbadensis* (Aloe Vera); *Salvia officinalis* (Sage); *Pinus pinaster* (Ocean Pine); *Eucalyptus globulus* (Eucalyptus Globulus); *Cymbopogon citratus* (Lemongrass); *Juniperus communis* (Juniper Berry); *Picea mariana* (Spruce, black); *Eucalyptus citriodora* (Eucalyptus Citriodora); *Melaleuca alternifolia* (Tea Tree); *Cupressus sempervirens* (Cypress); *Boswellia carteri* (Frankincense); *Cymbopogon martinii* (Palmarosa)



Deep Green: Saponified Organic Oils of *Cocos nucifera* (Coconut), *Olea europaea* (Olive), and *Simmondsia chinensis* (Jojoba); Organic *Aloe barbadensis* (Aloe Vera); *Citrus reticulata* var *deliciosa* (Green Mandarin) Oil; *Picea mariana* (Black Spruce) Oil; *Pinus sylvestris* (Pine Needle) Oil; *Salvia officinalis* (Sage) Oil; *Eucalyptus globulus* (Eucalyptus Globulus) Oil



Tri Remedy: Saponified Organic Oils of *Cocos nucifera* (Coconut), *Olea europaea* (Olive), and *Simmondsia chinensis* (Jojoba); Organic *Aloe barbadensis* (Aloe Vera); *Thymus vulgaris* cf. *thymol* (Thyme cf. thymol); *Eugenia caryophyllata* (Clove Bud); *Cinnamomum zeylanicum* (Cinnamon Bark)

Deep Green

aromatherapy shower experience

HBNaturals
PRODUCT INFORMATION PAGE



ingredients

Distilled Water, Pink Himalayan Salt, Citrus reticulata var deliciosa (Green Mandarin), Picea mariana (Black Spruce), Pinus sylvestris (Pine Needle), Salvia officinalis (Sage), and Eucalyptus globulus (Eucalyptus Globulus)

suggested use

- Spray three or four pumps on an upper shower wall to release the power of Deep Green. Breathe deeply, enjoy.

responsible cautions

- Keep out of the reach of children.
- Store away from sunlight, at room temperature, with the lid securely tightened.
- Consult with a physician before use if you have a serious medical condition or use prescription medications.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

product summary

Experimental studies have shown that aromatic compounds (essential oils) produced from trees can lower the production of stress hormones, reduce anxiety, and increase the pain threshold. When inhaled, aromatic plant essential oils increase the antioxidant defense system in the human body. Studies have also shown an association between higher amounts of volatile aromatic compounds in the air and improved immune function. Specifically, higher levels of volatile aromatic compounds cause increased production of anti-cancer proteins in the blood as well as higher levels of the front-line immune defenders called natural killer cells (NK). Adults who have higher NK activity tend to have a lower frequency of colds and flu.*

Steam therapy is one of the best ways to cleanse your lungs and sinuses. Inhaling water vapor opens air passages and helps the lungs to drain mucus, making it easier to breathe deeply. Start your day with a shower using Deep Green Shower Experience to relax your mind and encourage deep breathing.*

ingredient highlights

Green Mandarin: Can calm emotional distress, provide courage to those reluctant to ask others for help, and release blocked, stagnant energy. It may be immensely supportive for those working through situational anxiety or depression.*

Black Spruce: In *Aromatherapy Scent and Psyche*, Peter Damian notes "Antiseptic, expectorant, and anti-tussive, Black Spruce Oil is an ideal remedy for all lung ailments (e.g. asthma and bronchitis) whether utilized as an inhalant or a cough remedy."*

Pine Needle: Pine trees have long been associated with fresh air, and Pine Needle essential oil can assist in cleaning, purifying, stimulating, and refreshing our senses and our homes. Pine Needle can help clear the air, release negative emotions, and may assist in promoting wellness, especially during the winter months.*

Sage: Well known as an environmental purifier, Sage has also been recognized for its ability to strengthen the senses. Diffused or used in vapor therapy, Sage essential oil can be helpful in alleviating anxiety, calming the nerves, and assisting with cognition and memory.*

Eucalyptus Citriodora: Commonly known as Lemon Eucalyptus, this essential oil has a fresh, lemony, camphor-like scent that is calming and sedating. Energetically and emotionally, it is often used to help cleanse the mind, body, and spirit, especially with regard to negative emotions. Its powerful properties make it an excellent choice to assist with healthy respiration for the entire family, particularly during the challenging cold/flu season.*

Deep Green

grounding blend 10ml

Experimental studies have shown that aromatic compounds (essential oils) produced from trees can lower the production of stress hormones, reduce anxiety, and increase your pain threshold; when inhaled, aromatic plant essential oils increase the antioxidant defense system in the human body.*

Studies have also shown an association between higher amounts of volatile aromatic compounds in the air and improved immune function. Specifically, higher levels of volatile aromatic compounds cause increased production of anti-cancer proteins in the blood as well as higher levels of the frontline immune defenders called natural killer cells (NK). Adults who have higher NK activity tend to have a lower frequency of colds and flu.*

Aromatic trees and plants release volatile aromatic compounds that impact our mood, physical state, and even our immunity in ways we are only just beginning to understand.*

ingredient highlights

- **Green Mandarin:** Can calm emotional distress, provide courage to those reluctant to ask others for help, and release blocked, stagnant energy. It may be immensely supportive for those working through situational anxiety or depression.*
- **Black Spruce:** In *Aromatherapy Scent and Psyche*, Peter Damian notes "Antiseptic, expectorant, and anti-tussive, Black Spruce Oil is an ideal remedy for all lung ailments (e.g. asthma and bronchitis) whether utilized as an inhalant or a cough remedy."*
- **Pine Needle:** Pine trees have long been associated with fresh air, and Pine Needle essential oil can assist in cleaning, purifying, stimulating, and refreshing our senses and our homes. Pine Needle can help clear the air, release negative emotions, and may assist in promoting wellness, especially during the winter months.*

uses

aromatic

- **Diffusion:** Diffuse 10 to 15 drops in a cool mist essential oil diffuser for 10 minutes per hour throughout the day as needed.*
- **Inhalation:** Put 2 to 3 drops in the palms of your hands, rub together, cup hands over nose and mouth, and inhale deeply.*
- **Misting:** Mix 10 to 12 drops in 4 ounces of distilled water in an amber glass or PET plastic spray bottle. Shake well before use. Close your eyes and mist into the environment as desired.*

bath

- **Bath:** Mix 8 to 10 drops into ½ cup Pink Himalayan or Dead Sea bath salts and dissolve into warm water to help you reconnect with nature, helping you to stay balanced and healthy. Soaking in a Deep Green bath warms and energizes the heart chakra, creating a feeling of being loved and cared for. Soak 10 to 20 minutes for best results.*

topical

- **Massage:** Add 8 to 10 drops per 1 ounce of carrier oil or lotion for foot rubs or localized massage.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil).*

goDesana

Product Information Page



application methods

Aromatic • Bath • Topical

safety group: 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified Aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

ingredients

Citrus reticulata var deliciosa (Green Mandarin), *Picea mariana* (Black Spruce), *Pinus sylvestris* (Pine Needle), *Salvia officinalis* (Sage), and *Eucalyptus globulus* (Eucalyptus Globulus)

responsible cautions

- Not recommended for use in children under 10 years of age.
- Not recommended for use during the first trimester of pregnancy.
- Patch-test prior to topical application, and discontinue use if redness or irritation develops
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

CALM GROUND

Emotional Balance Roll-On

When the body softens, the mind follows.

Calm Ground is the blend we reach for
when life begins to move too fast.

The body tightens.
The breath becomes shallow.
Thoughts begin to race ahead.

Calm Ground brings things back to center.

Soft floral notes calm the nervous system while deep
grounding oils help the body settle again. The result
is a blend that encourages emotional balance, steady
breathing, and a sense of stability when the day feels
overwhelming.

Not escape.
Not sedation.

Just the quiet return of steadiness.

THE DAILY PRACTICE

When the day feels overwhelming...

- Roll onto wrists or chest.
- Take one slow breath in.
- Then a longer breath out.

Let the shoulders soften.
Let the body settle.
Calm begins when the nervous system feels safe again.



THE BLEND

Lavender • Copaiba • Frankincense
Vetiver • Roman Chamomile

Soft floral oils relax the body while deep
grounding oils help stabilize emotions
and quiet internal tension.

The aroma feels like:

- a slower breath
- a quieter room
- the moment the body remembers
how to rest

WHAT IT SUPPORTS

Life asks a lot from the nervous system.

Deadlines.
Decisions.
Constant motion.

Calm Ground supports the moments when the body
needs to slow down and reset.

When the body softens,
the mind becomes clearer,
and emotions regain their balance.

This blend helps create the conditions where calm
can return naturally.

This is calm the natural way:

Grounded.
Steady.
Supportive.

TRADITIONAL AROMATHERAPY USES

The essential oils in Calm Ground have been traditionally used to support:

- Emotional balance
- Stress relief
- Nervous system calm
- Restful sleep preparation
- A grounded, steady mood

Calm Ground does not force relaxation. It simply helps the body remember how to return to it.

HOW WE USE CALM GROUND

Evening Reset

- Apply to wrists or chest before winding down at night.

Moments of Stress

- Roll onto temples or back of neck when tension rises.

Before Sleep

- Apply to feet or wrists before bed to encourage relaxation.

Emotional Reset

- Use when emotions feel overwhelming or unsettled.

Daily Grounding Ritual

- Apply during moments of pause to reconnect with steady breathing.
- When the body relaxes, the mind finds its way back to balance.

SAFETY GROUP 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified Aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

RESPONSIBLE USE

- For external use only.
- Keep out of reach of children and pets.
- Avoid contact with eyes.
- Discontinue use if irritation occurs.
- Store away from sunlight at room temperature with the lid securely tightened.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.



KIDS WELLNESS

immune blend

AromaStix

HBNaturals
PRODUCT INFORMATION PAGE



application

Topical • Neat

safety group #2

ingredients

Eucalyptus radiata (Eucalyptus Radiata), Cinnamomum camphora ct. 1,8 cineole (Ravintsara), Cymbopogon martinii (Palmarosa), Citrus limon (Lemon), Melaleuca alternifolia (Tea Tree), Cocos Nucifera (Fractionated Coconut)

responsible cautions

- Non-toxic, non-irritant, non-sensitizing
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

product summary

This blend was specifically formulated with Essential Oils known for their antibacterial, antiviral, and immune-stimulant properties. At the same time, it's gentle, non-toxic, and appropriate for long-term daily use.*

ingredient highlights

- **Eucalyptus Radiata:** Primarily an essential oil for the respiratory system, it has good anti-catarhal properties. It is a powerful expectorant and works well to thin mucus.*
- **Tea Tree:** Unlike antibiotics, Tea Tree has been shown to not kill germs indiscriminately, but to identify and kill the destructive bacteria while leaving the friendly bacteria needed to stay healthy.*
- **Ravintsara:** One of the most versatile and indispensable essential oils; there is little it can't do. Potent, yet safe and gentle. The chemical composition of Ravintsara is simple, and without any specific compound that makes its smell.*

uses

- Roll onto the soles of your child's feet in the morning and again at bedtime. If your child has contracted a cold or flu, you can reapply 4 to 6 times a day until they are well.*

Lavender

lavandula angustifolia 10ml

Lavender, vera is an increasingly rare and valuable essential oil. Grown and wild harvested from high in the mountains, it is becoming scarce due to weather and disease. It can be used in the same manner as Lavender, fine, but has an added benefit of increased ability to work at the emotional and energetic levels in a way that far exceeds other varieties of Lavender.*

Lavender, vera (High Altitude) essential oil has the finest aroma of all Lavender oils. It is grown at high altitude, which produces a higher ester content in the oil (50-52%). It is primarily these esters that give Lavender, vera its wonderful aroma.*

Pure Lavender oil is one of the most versatile aromatherapy oils and is a 'must-have' for the home first-aid kit. It is extremely beneficial for a wide variety of ailments ranging from aches, pains, and skin complaints to colds & flu, stress, headaches, and insomnia.*

Lavender, vera has a calming scent that makes it an excellent tonic for the nervous system. It helps with headaches and migraines, anxiety, depression, and emotional stress.*

Lavender, vera also has many benefits to the skin and is especially regenerative for older skin, helping with wrinkles. It is also very effective when used to kill lice, lice eggs, and nits.*

uses

aromatic

- **Diffusion:** Diffuse 5 to 10 drops for 15 minutes per hour as desired through the day for relaxation.*
- **Misting:** Mix 15 to 20 drops in 4 ounces of distilled water in an amber glass or PET plastic spray bottle. Shake well and spray for a calming aroma.*

bath

- **Bath:** Mix 20 drops in ½ cup of Pink Himalayan or Dead Sea Salt, add to a warm, and bath soak for 20 minutes to relieve the stresses of a hectic lifestyle.*

topical

- **Feet:** Use 2 to 4 drops on soles of feet or along the foot spinal reflex to promote feelings of relaxation, especially at bedtime.*
- **Lotion:** Add to personal care products like lotion or shampoo.*
- **Perfume:** Use as perfume, applying to pulse points.*
- **Skin:** Apply on minor skin irritations, bites, stings, and burns.*

goDesana

Product Information Page



application methods

Aromatic • Bath • Topical

safety group: 1

Generally regarded as safe when properly diluted and used as directed with children and while pregnant or nursing.

properties

Wild-Crafted

Producing Organ: Flowering Plant

Extraction: Steam Distillation

Country of Origin: Bulgaria

Main Chemical Constituents: Linalyl acetate, linalol, lavandulol

Therapeutic Properties: Analgesic, anticonvulsive, antidepressant, antimicrobial, antirheumatic, antiseptic, antispasmodic, antitoxic, carminative, cholagogue, choleric, cicatrizing, cordial, cytophylactic, deodorant, diuretic, emmenagogue, hypotensive, insecticide, nervine, parasiticide, rubefacient, sedative, stimulant, sudorific, tonic, vermifuge, vulnerary

responsible cautions

- Non-toxic, non-irritant, and non-sensitizing.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

Pink Grapefruit

citrus paradisi 10ml

Pink Grapefruit Essential Oil has anti-depressive properties and an incredible fragrance that makes it a good choice to add to a perfume blend. It is uplifting as a diffuser oil and blends well with citrus, florals, and especially with Sandalwood essential oil.*

Pink Grapefruit is a very refreshing oil helpful in combatting depression and fatigue. It is cooling, cleansing, decongesting, and can be beneficial for the liver and a sluggish lymph system.*

Further, the pleasing aroma has laboratory-confirmed appetite reducing effects. Adding a drop of Pink Grapefruit to drinking water gives a refreshing zing that also has wonderful cleansing properties.*

Like many of the citrus oils, Pink Grapefruit, has a unique "fat dissolving" characteristic. Pink Grapefruit is famous for reducing cellulite and can be used with a favorite carrier oil.*

uses

aromatic

- **Diffusion:** Diffuse 10 to 15 drops in 5 minute intervals throughout the day to assist with mood elevation, lethargy, and appetite reduction.*
- **Inhalation:** Place 1 to 2 drops on a tissue, cotton ball, or in the palms of the hands and inhale as desired.*
- **Misting:** Mix 15 to 20 drops in 4 ounces of distilled water in an amber glass or PET plastic spray bottle. Shake well and spray for a refreshing aroma.*

bath

- **Bath:** Add 10 to 15 drops to ½ cup Pink Himalayan or Dead Sea bath salts and mix into warm bath water to assist the body in easing cellulite and water retention. Also helpful to lift the spirit and revive the body.*

internal

- **Water:** Add 1 drop to water in a glass, stainless steel, or PET plastic bottle and drink for its decongesting properties; helpful to the liver and lymphatic system. Using 2 drops in bottled water may also support a healthy metabolism.*

topical

- **Facial Cleanser:** Add 5 drops of Pink Grapefruit and 5 drops of Lemon to 2 ounces of Grapeseed Oil. Apply as a cleanser for oily and acne prone skin.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil).*
- **Children 3 to 5 years:** Dilute 3 drops in 10 ml of carrier oil.*
- **Children 5 to 10 years:** Dilute 6 drops in 10 ml of carrier oil.*
- **Pregnancy:** Safe when used as directed starting in the 2nd trimester at 3% dilution (15 drops/1 ounce).*

goDesana

Product Information Page



application methods

Aromatic • Bath • Internal • Topical

safety group: 2

Generally regarded as safe when properly diluted and used as directed with children over the age of 3 years, and while pregnant starting in the 2nd trimester.

properties

Wildcrafted

Producing Organ: Rind

Extraction: Cold Expression

Country of Origin: USA

Main Chemical Constituents: Limonene, cadinene, paradisiol

Therapeutic Properties: Antiseptic, antitoxic, astringent, bactericidal, diuretic, depurative, stimulant (lymphatic, digestive), tonic [Julia Lawless, "The Illustrated Encyclopedia of Essential Oils" (Rockport, MA: Element Books, 1995), 123.]

responsible cautions

- Non-toxic, non-irritant, non-sensitizing, non-phototoxic. It has a short shelf life – it oxidizes quickly.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

Tea Tree

melaleuca alternifolia 10ml

Our present knowledge of the properties and uses of Tea Tree is based on a very long history of use by the aboriginal people of Australia. One of more than 30 species of "paperbark" trees that flourish in Australia, Tea Tree belongs to the Melaleuca genus, and is closely related to Melaleuca quinquenervia (which produces Niaouli oil). The name Melaleuca comes from the Greek melas (black) and leukos (white) – referring to the contrast between the dark green foliage, which appears black, and the loose, paper-thin, and very white bark.*

An incredibly useful essential oil, Tea Tree, along with Lavender, is one of the essential oils mild enough to be used in small quantities directly on the skin. It is an excellent antifungal oil useful for cuts, pimples, and wounds, and as an inhalation for colds.*

Tea Tree, unlike antibiotics, does not kill indiscriminately, but can identify and kill destructive bacteria while leaving the friendly bacteria we need to stay healthy. Tea Tree also stimulates the immune system to help you stay healthy. Unlike antibiotics, if the infection is caused by a virus, Tea Tree has been found to be antibacterial, antiviral, and antifungal.*

Oils like Oregano, Thyme ct. thymol, and Lemongrass have the potential to literally burn the skin if not used properly. Tea Tree, on the other hand, is a powerful antibacterial, antiviral, and antifungal oil which is safe. With repeated application, it can be as effective as the stronger essential oils.*

USES

aromatic

- **Diffusion:** Diffuse 10-12 drops in a cool mist essential oil diffuser.*
- **Inhalation:** Place 1-2 drops on a tissue, cotton ball, or in the palms of the hands and inhale.*

bath

- **Bath:** Add 8 to 10 drops to ½ cup Pink Himalayan or Dead Sea bath salts and mix into warm bath water.*

internal

- **Gargle:** Mix 10 drops of Tea Tree in 6 ounces of water and gargle to assist with a fresh, healthy mouth.*
- **Lick:** Apply 1 drop to the back of the hand and then lick off.*

topical

- **Compress:** Mix 2-4 drops Tea Tree in 1 pint of hot or cold water; soak a towel in water and apply to the desired location. Cover the area with a dry towel and heating pad or ice pack.*
- **Lotion/Massage:** Add to lotion or carrier oil for massage.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil).*
- **Children 3 to 5 years:** Dilute 3 drops in 10 ml of carrier oil.*
- **Children 5 to 10 years:** Dilute 6 drops in 10 ml of carrier oil.*
- **Pregnancy:** Safe when used as directed starting in the 2nd trimester at 3% dilution (15 drops/1 ounce).*

goDesana

Product Information Page



application methods

Aromatic • Bath • Internal • Topical

safety group: 1

Generally regarded as safe when properly diluted and used as directed with children and while pregnant or nursing.

properties

Wildcrafted

Producing Organ: Leaves

Extraction: Steam Distillation

Country of Origin: Australia

Main Chemical Constituents: Terpinene, cineol, pinene

Therapeutic Properties: Anti-infectious, anti-inflammatory, antiseptic, antiviral, bactericidal, balsamic, cicatrizing, diaphoretic, expectorant, fungicidal, immuni-stimulant, parasiticide, vulnerary

responsible cautions

- Non-toxic, non-irritant, possibly sensitizing in some people.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

Sweet Orange

citrus sinensis 10ml

Sweet Orange is one of the most valuable essences to use for digestive complaints including nausea and vomiting, especially of biliary-type; constipation, diarrhea, loss of appetite, and possibly weight loss through its effect on fats.*

Sweet Orange also has an affinity for the lymphatic system, bringing it into balance, which explains its success as a natural diuretic.*

Sweet Orange is excellent for adding a bright, citrus flavor to a variety of dishes from desserts to sauces & marinades. It can be used in baked goods or as a refreshing addition to beverages.*

uses

aromatic

- **Diffusion:** Diffuse 10 to 15 drops in 5 minute intervals throughout the day to impart an energizing, uplifting aroma.*
- **Inhalation:** Place 1 to 2 drops on a tissue, cotton ball, or in the palms of the hands and inhale as desired.*
- **Misting:** Mix 15 to 20 drops in 4 ounces of distilled water in an amber glass or PET plastic spray bottle. Shake well and spray for a refreshing aroma.*

bath

- **Bath:** Add 8 to 10 drops to ½ cup Pink Himalayan or Dead Sea bath salts and mix into warm bath water. While the Sweet Orange fragrance is de-stressing you, the salt soak will relieve tension and muscle aches.*

internal

- **Tea:** Two drops of Sweet Orange essential oil in a teaspoon of honey stirred into a cup of tea taken before breakfast is a good way to start the day and may be especially helpful for those who are concerned with obesity and water retention.*

topical

- **Cellulite:** Sweet Orange essential oil is solvent and will often be included in blends to assist with cellulite. It can be used with a clay body mask for this purpose very effectively.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil).*
- **Children 3 to 5 years:** Dilute 3 drops in 10 ml of carrier oil.*
- **Children 5 to 10 years:** Dilute 6 drops in 10 ml of carrier oil.*
- **Pregnancy:** Safe when used as directed starting in the 2nd trimester at 3% dilution (15 drops/1 ounce).*

goDesana

Product Information Page



application methods

Aromatic • Bath • Internal • Topical

safety group: 2

Generally regarded as safe when properly diluted and used as directed with children over the age of 3 years, and while pregnant starting in the 2nd trimester.

properties

Organic

Producing Organ: Peel

Extraction: Cold Expression

Country of Origin: USA

Main Chemical Constituents:

Monoterpenes, mainly limonene

Therapeutic Properties: Anti-depressive, anti-inflammatory, antiseptic, anti-depressive, bactericide, antipyretic, carminative, choleric, digestive, fungicide, hypotensive, sedative, stimulates digestive and lymphatic systems, protects the gastric mucus of the stomach, tonifying

responsible cautions

- Not generally toxic and has no particular contraindications. It is non-irritant and non-sensitizing; however, for those with particularly sensitive skin, you should be cautious as the limonene content could cause a mild dermatitis.
- Though most citrus have some degree of photo-toxicity, Sweet Orange is relatively safe in that respect. It is still probably a good idea to limit the exposure of skin to the sun when applying this oil.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

cocoBLUE Blend™

5,000mg

Whole-Plant Cellular Vitality • Daily Foundation
Never Synthetic. Never Isolated.

7-Day Pouch • 5g × 7 servings • 35g (1.23 oz)
30-Day Pouch • 5g × 30 servings • 150g (5.29 oz)

The cell is where life happens.

cocoBLUE is the daily blend built to feed the cell the way nature delivers nutrition — whole, intact, recognizable.

Every breath taken.
Every thought formed.
Every step walked.

The cell is doing the work, all day, every day.

cocoBLUE is built around fourteen whole-plant ingredients chosen to support the three things every cell needs: a clear signal to begin, complete nourishment to do the work, and the cofactors required to turn nutrition into usable cellular energy.

Not isolated.
Not synthetic.
Just whole plants, delivered the way the body recognizes.

THE THREE THINGS EVERY CELL NEEDS

Signal. Nourish. Convert.

Signal: Blue Spirulina and Butterfly Pea Flower wake cellular energy pathways. The blue color is the signal made visible.

Nourish: Seven ocean superfoods drawn from all four marine plant kingdoms, green, red, brown, blue-green, deliver trace minerals from where minerals are most concentrated on earth.

Convert: Moringa, amla, and the Orgen family of whole-food cofactors complete the formula with the nutrients the body recognizes and uses.

Three roles, one glass, the color of open sea.



THE BLEND

Blue Spirulina • Butterfly Pea Flower
Moringa Leaf • Coconut Water Powder
Chlorella • Laver • Sea Lettuce
Dulse • Icelandic Triple Kelp Blend

Plus the Orgen Family (whole-food vitamin cofactors):
Orgen-B's® • Orgen-Mg® • Orgen-C® • Orgen-Si®

Black Pepper, whole fruit

Drinking it feels like:

- cool ocean and tropical coconut
- the mineral depth of green sea plants
- the quiet hum of cells fed properly

THE PRACTICE

Mix 2 level scoops (5 g total) into 10–12 oz of cold water. Stir or shake well. Add a squeeze of lemon to reveal cocoBLUE's signature color shift from electric blue to violet. Best taken once daily.

Once daily, anytime - morning, midday, or before movement.

Daily care builds steady cellular vitality.

Supplement Facts

Servings per container: 30
Serving Size: 2 level scoops (5 g total)

		Amount per serving	% DV*
Calories	22	cocoBLUE Blend™	5,000 mg †
Total Fat	0 g	0%	
Total Carbohydrate	3 g	1%	
Dietary Fiber	0.5 g	2%	
Total Sugars	1.5 g		
Includes 0 g added sugars			
Protein	1 g	2%	
Vitamin C	90 mg	100%	
Vitamin B1 / Thiamin	1.2 mg	100%	
Vitamin B2 / Riboflavin	1.3 mg	100%	
Vitamin B3 / Niacin	16 mg NE	100%	
Vitamin B5 / Pantothenic Acid	5 mg	100%	
Vitamin B6 / Pyridoxine	1.7 mg	100%	
Vitamin B7 / Biotin	30 mcg	100%	
Folate / Vitamin B9	414 mcg DFE	104%	
Vitamin B12 / Cobalamin	0.13 mcg	6%	
Sodium	15 mg	1%	
Iron	2 mg	12%	
Magnesium	39 mg	9%	
Potassium	102 mg	2%	
Iodine	150 mcg	100%	
Silica	38 mg	†	

* Percent Daily Values based on a 2,000 calorie diet.

† Daily value not established.

Blue Spirulina (Arthrospira platensis, cold water extracted), Butterfly Pea Flower (Clitoria ternatea, whole flower), Moringa Leaf (Moringa oleifera, whole leaf), Orgen-B's® (Psidium guajava, Ocimum sanctum, Citrus limon), Coconut Water Powder (Cocos nucifera), Orgen-Mg® (Cucurbita pepo, organic pumpkin extract), Chlorella (Chlorella vulgaris, broken cell wall), Laver (Porphyra spp., whole leaf), Orgen-C® (Phyllanthus emblica, organic amla extract), Orgen-Si® (Bambusa arundinacea, organic bamboo extract), Icelandic Triple Kelp Blend (Laminaria hyperborea, Ascophyllum nodosum, Laminaria digitata), Sea Lettuce (Ulva lactuca, whole leaf), Dulse (Palmaria palmata, whole leaf), Black Pepper (Piper nigrum, whole fruit)

Other Ingredients: None

Folate (414 mcg DFE / 104% DV) from whole-plant sources, including organic amla extract (Phyllanthus emblica). Naturally occurring as 5-methyltetrahydrofolate (5-MTHF) and folate cofactors. No folic acid.

Vitamin B12 (0.13 mcg 6%) from naturally occurring cobalamin in Laver (Porphyra spp.), Chlorella (Chlorella vulgaris), Dulse (Palmaria palmata), and Sea Lettuce (Ulva sp.) - four whole-plant ocean sources.

Iodine (150 mcg 100%) from Icelandic Triple Kelp Blend, Laver, Dulse, and Sea Lettuce.

Magnesium (39 mg 9%) from 8 whole-plant sources: Orgen-Mg® (organic pumpkin), Moringa, Coconut Water, Laver, Sea Lettuce, Chlorella, Dulse, and Icelandic Triple Kelp Blend.

THE ZILARA PHILOSOPHY

Five rules. No exceptions.*

- No isolated compounds.
- No stimulants.
- No synthetic vitamins or minerals.
- No fillers or flow agents.
- Whole-plant entourage effect, every formula.

*Read the founder's letter at zilara.com.

Manufactured by Green Organics, LLC
Cincinnati, OH 45245
GMP-compliant manufacturing facility
operating under 21 CFR Part 111

CAUTIONS

Contains naturally occurring iodine from Laver, Dulse, Sea Lettuce, and Icelandic Triple Kelp Blend. Consult your healthcare provider before use if you have a thyroid condition, take thyroid medication, or are pregnant or nursing. Keep out of reach of children. Store in a cool, dry place.

No folic acid. No cyanocobalamin.
No pyridoxine HCl.

Allergen statement: Manufactured in a facility that processes milk, egg, fish, shellfish, tree nuts, peanuts, wheat, soybeans, and sesame. Individuals with severe allergies should consult their healthcare provider before use.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

FULVIC MINERALS

Country of Origin: USA

Earth-Derived • Water-Soluble • Food-Grade

Fulvic mineral powder is a naturally occurring compound formed through the slow decomposition of ancient plant matter. In traditional and modern wellness practices, it is valued as one of nature's most effective electrolytes, supporting essential cellular metabolic processes.

Through natural humification, fulvic acid binds with trace minerals to become water-soluble and stable, known as fulvic minerals, or fulvates. In this form, fulvic is traditionally used to enhance nutrient density, remineralize water, and help replenish trace minerals often missing from modern diets. It has also been studied for its antioxidant and antimicrobial properties and its role in supporting energy production and cellular balance.

Our fulvic is USA-made, non-coal-derived, fully water-soluble, and carefully filtered for purity. It delivers a broad spectrum of naturally occurring trace minerals, electrolytes, antioxidants, amino acids, enzymes, and flavonoids.

FUNCTIONAL CONSTITUENTS

Fulvates	Fulvic acid naturally binds with trace minerals through humification, forming fulvates - water-soluble mineral complexes that act as powerful electrolytes. This binding is what allows minerals to dissolve easily in water and remain stable and bio-available.
Trace Minerals & Electrolytes	Fulvic minerals naturally contain a broad spectrum of trace minerals, including those often missing from modern diets. These minerals support hydration, mineral balance, and cellular metabolic processes.
Organic Compounds	In addition to minerals, fulvic contains naturally occurring organic compounds such as antioxidants, amino acids, enzymes, and flavonoids. Together, these compounds contribute to fulvic's traditional use as a foundational support for nutrient transport and cellular balance.
Clinical Studies:	https://pmc.ncbi.nlm.nih.gov/articles/PMC6151376/ https://pmc.ncbi.nlm.nih.gov/articles/PMC7758121/ https://pubmed.ncbi.nlm.nih.gov/25888188/ https://pubmed.ncbi.nlm.nih.gov/21073632/



HOW WE SOURCE

Fulvic minerals vary widely in quality depending on where they come from and how they are extracted. Many products on the market are coal-derived (shilajit), chemically altered, or overly concentrated, resulting in a substance that behaves very differently from true fulvic.

We source our fulvic from naturally occurring mineral deposits formed through the decomposition of ancient plant matter. Our manufacturer specializes in isolating true fulvic minerals using a gentle, non-chemical process that preserves the natural structure and function of the compounds. This approach avoids harsh solvents, synthetic manipulation, and coal-derived humic blends.

The result is a fulvic mineral powder that is fully water-soluble, stable, and close to its natural form.

OUR FULVIC IS:

- ✓ Plant-derived, not coal-derived
- ✓ Extracted without harsh chemicals or solvents
- ✓ Fully water-soluble and clean-tasting
- ✓ Carefully filtered and tested for purity
- ✓ Naturally rich in trace minerals and organic compounds

We do not use synthetic fulvic, chemically altered humates, shilajit, or low-grade mineral concentrates.

WHAT TO LOOK FOR VS. WHAT TO AVOID

Look For:

- Plant-derived fulvic minerals'
- Non-coal-derived source'
- Fully water-soluble (dissolves cleanly in water)'
- Minimal processing with gentle extraction'
- Transparent sourcing and purity testing'

Avoid:

- Coal-derived humic or fulvic blends'
- Insoluble, gritty, or muddy textures'
- Over-concentrated or artificially dark products'
- Chemically altered humates or synthetic fulvates'
- Products with unclear or undisclosed sourcing'

HOW TO USE FULVIC

Fulvic is valued for its versatility and ease of use. In the stillroom, it is worked quietly into daily routines rather than taken as a stand-alone intervention.

Daily Water Ritual

Fulvic is most often dissolved into filtered, non-chlorinated water. This simple practice is used to support hydration, electrolyte balance, and daily mineral intake.

Many prefer to take it first thing in the morning or sip it throughout the day.

Stillroom Use Notes

Fulvic works best when used consistently and simply. Small amounts, taken regularly, are preferred over large or sporadic use.

WHAT IT SUPPORTS

Fulvic minerals are traditionally used to support the body at a foundational level. When taken consistently and in small amounts, they are commonly used to support:

- Daily hydration and electrolyte balance*
- Trace mineral replenishment*
- Nutrient transport and mineral absorption*
- Cellular energy and metabolic processes*
- Overall mineral balance in modern diets*
- Natural detoxification and gentle cellular cleansing support*

Fulvic is not used for quick results. It works best as a steady, daily foundation that supports all the systems that allow the body to regulate itself. Along with Black Seed Oil, it is considered a daily must for health and longevity.

USAGE SUGGESTIONS

- Start with ¼ to ½ a scoop, and gradually build to a full scoop once per day.*
- Sprinkle lightly in up to 8 ounces of non-chlorinated water in a stainless or glass container. Allow powder to dissolve, stirring if necessary.
- Best consumed two hours before or after prescription medications.*

Supplement Facts		
Servings per container: Approximately 80		
Serving Size: 1 scoop (about 350 mg)		
	Amount per serving	% DV*
Fulvic Acid (plant derived mineral complex)	350mg	†
Contains naturally occurring trace minerals, electrolytes, amino acids, and flavonoids		
†Daily value not established.		
Manufactured by Green Organics, LLC • Pure Plant Intelligence™ 754 Cincinnati-Batavia Pike • Cincinnati, OH 45245 • HBNaturals.com Made in the USA with thoughtfully curated global ingredients. Best If Used By: 12 months from date of purchase.		
These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.		

FULVIC IN THE STILLROOM

Fulvic holds a foundational place in the stillroom. It is not aromatic, seasonal, or situational. It is kept for daily use, woven quietly into water and routine.

Unlike herbs or oils that are reached for at specific moments, fulvic is used to support the body's internal terrain, helping minerals dissolve, move, and be utilized. Its role is subtle but structural, working beneath the surface rather than creating a felt effect.

In the stillroom, fulvic is treated as a mineral bridge, pairing earth and water, nourishment and movement. It is taken consistently, in small amounts, and with respect for the slow work it does over time.

MORE WAYS TO USE FULVIC

Mineral Pairing

Fulvic is commonly paired with other minerals or trace mineral blends. Its natural structure helps minerals dissolve evenly in water, making it a foundational companion to mineral-focused routines.

With Meals

Some use fulvic alongside meals to support nutrient utilization and mineral balance, especially in diets low in trace minerals.

Travel or Stress Support

Because mineral depletion can increase during travel, physical stress, or dehydration, fulvic is often used more intentionally during these times to help maintain balance.

Stillroom Use Notes

Fulvic works best when used consistently and simply. Small amounts, taken regularly, are preferred over large or sporadic use.

CAUTIONS

Safety Group 2: Generally regarded as safe when used as directed with children over the age of 3 years, and while pregnant starting in the 2nd trimester. Keep out of reach of children. A doctor's advice should be sought before using this and any supplemental dietary product.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.



MANUFACTURED BY:
Green Organics, LLC
Heart & Body Naturals

support@hbnaturals.com
HBNaturals.com
Pure Plant Intelligence™

754 Cincinnati-Batavia Pike
Cincinnati, OH 45245
v032026: 2/2

pH ALKALINE

Ancient Trace Mineral Concentrate

One ingredient. Thirty glasses. Watch it work.
1 fl oz (30 mL) • 30 servings • Dietary Supplement

pH Alkaline begins with mineral-rich material formed over millions of years from ancient plant matter and marine deposits.

The result is a naturally complex source of trace minerals alongside humic and fulvic compounds, polyphenols, organic acids, and other naturally occurring constituents. Together, they form a mineral-rich matrix shaped by the land, water, and organic material from which it originated.

Rather than building an alkaline formula from purified mineral salts, pH Alkaline begins with the deposit itself. The source material is slowly harvested, cured without high heat, and extracted using water alone. No chemical solvents are used, and the mineral profile is not reconstructed from isolated ingredients.

By starting with the whole source and minimizing processing, pH Alkaline retains the naturally occurring relationship between its minerals, humic and fulvic compounds, polyphenols, and organic acids. The complexity is already present in the deposit rather than manufactured through added ingredients.

The finished concentrate reflects a distinctly Zilara approach: *begin with an exceptional natural source, handle it with care, and do as little as necessary between the earth and the bottle.*

WHAT'S NATURALLY THERE

Humic + Fulvic Compounds	Naturally occurring organic compounds created as ancient plant material breaks down and transforms over time. Fulvic compounds are especially valued for their relationship with naturally occurring minerals and their ability to remain soluble in water.*
Naturally Occurring Trace Minerals	The source deposit provides a naturally occurring spectrum of mineral elements and trace minerals rather than an alkaline profile constructed from individually added mineral salts.*
Polyphenols + Organic Acids	Naturally present compounds that are part of the complex organic character of the original deposit.*



FROM AN ANCIENT DEPOSIT

Long before supplements came in bottles, layers of plant matter and marine sediment were being deposited, compressed, and transformed beneath the earth.

The source material used for pH Alkaline comes from a single deposit in the southern United States where those ancient terrestrial and marine layers meet. The resulting mineral material contains naturally occurring alkaline minerals along with humic and fulvic compounds.

It is harvested slowly, cured without high heat, and extracted with water rather than chemical solvents. The goal is simple: to preserve what the deposit created rather than reconstruct it in a laboratory.*

HOW TO USE

Add 20 drops (1 mL) to 8–10 oz of water, coffee, tea, or juice. Stir well. Drink once daily.

Darkening is normal. That is the minerals.

ALWAYS DILUTE. This is a highly alkaline concentrate and is never taken directly.

WHAT IT SUPPORTS

- Daily mineral replenishment*
- Cellular mineral availability*
- Nutrient transport and utilization*
- Electrolyte and mineral balance*
- Everyday vitality and wellness*

FREQUENTLY ASKED QUESTIONS

Q. What does pH Alkaline taste like?
A. Very little. When properly diluted at one serving per 8–10 oz of liquid, pH Alkaline is nearly tasteless and odorless. In flavored beverages such as coffee, tea, or juice, it is generally even less noticeable.

Q. Why does my water change color?
A. pH Alkaline is a naturally derived mineral concentrate, so a slight darkening or change in the appearance of your water is normal. The degree of color may vary depending on the mineral content and characteristics of the water or beverage you add it to.

Q. Can it go in something other than water?
A. Yes. pH Alkaline may be added to water, coffee, tea, or juice. Use one serving in at least 8 oz of liquid and stir well before drinking. Always dilute pH Alkaline before use.

Q. How long does one bottle last?
A. One 1 fl oz bottle provides approximately 30 servings when used as directed at one serving per day.

Q. Can I use more than one serving per day?
A. One 20-drop (1 mL) serving daily is the recommended use. Do not exceed the suggested serving.

Q. Does pH Alkaline need to be refrigerated?
A. No. Refrigeration is not necessary. Store the bottle away from excessive heat and direct light, and keep the cap tightly closed between uses.

Q. Why is “Other Ingredients” listed as none?
A. pH Alkaline begins with a naturally occurring source of minerals and trace minerals rather than a formula assembled from added mineral salts, carriers, or preservatives. Nothing else is added to the finished concentrate, which is why the label lists **Other Ingredients: None**.

HOW IT COMPARES

	pH Alkaline	Bottled Alkaline Water	Countertop Ionizer
Cost per glass	About 50¢	\$2 - \$3	\$2,000 - \$4,000 up front
Ingredients	One	Water, added minerals	None (electrolysis)
Portable	Yes	Heavy	No
Plastic per month	None	30 bottles	None

CAUTIONS

- This is a highly alkaline concentrate. Do not swallow undiluted, and do not place directly in the mouth. **Always dilute in at least 8 oz of water before use.**
- Avoid contact with eyes and skin; rinse thoroughly with water if contact occurs.
- Consult a physician before use if you have kidney disease, are on a potassium-restricted or sodium-restricted diet, or take medication affecting potassium levels.
- Keep out of reach of children.
- May stain fabric and light surfaces.
- **Allergen statement:** Manufactured in a facility that may process milk, egg, fish, shellfish, tree nuts, peanuts, wheat, soybeans, and sesame. Individuals with severe allergies should consult their healthcare provider before use

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

ZILARA

pH ALKALINE

One serving alkalizes a full glass
ALWAYS DILUTE

1 fl oz (30 mL)
Dietary Supplement

Ancient Trace Mineral Concentrate

Suggested Use: Add 20 drops (1 mL) to at least 6 oz of water, coffee, tea, or juice. Stir well. Drink once daily. Darkening is normal. That is the minerals.

Supplement Facts		
Serving Size: 20 drops (1 mL)	Amount per serving	% DV
Servings Per Container: 30		
Potassium	20 mg	<1%
Sodium	5 mg	<1%
Ancient Trace Mineral Concentrate	1,030 mg	†
from ancient plant and marine deposits		
Sulfur	8mg	
† Daily Value (DV) not established.		
Other Ingredients: None.		

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by Green Organics, LLC
754 Cincinnati-Batavia Pike • Cincinnati, OH 45245
Distributed by Zilara • Zilara.com

1 fl oz / 30 mL V1 | Lot | Best By

Caution: This is a highly alkaline concentrate. Do not swallow undiluted, and do not place directly in the mouth. Always dilute in at least 6 oz of water before use. Avoid contact with eyes and skin; rinse thoroughly with water if contact occurs. Consult a physician before use if you have kidney disease, are on a potassium-restricted or sodium-restricted diet, or take medication affecting potassium levels. Keep out of reach of children. May stain fabric and light surfaces.

Allergen statement: Manufactured in a facility that may process milk, egg, fish, shellfish, tree nuts, peanuts, wheat, soybeans, and sesame. Individuals with severe allergies should consult their healthcare provider before use.



Scan for product details.

Sleep Magnesium Oil

75,000mg magnesium

4 ounce

HBNaturals
PRODUCT INFORMATION PAGE



ingredients

Purified water, 100% pure magnesium chloride brine from the Ancient Zechstein seabed in the Netherlands, Artemisia pallens (Davana) Flower Oil, Lavandula angustifolia (Lavender, vera) Flower Oil, Plumeria obtusa (Plumeria) Flower Oil, Cedrus atlantica (Cedarwood, atlas) Wood Oil, Cananga odorata (Ylang Ylang Complete) Flower Oil, Magnolia champaca (Champaca) Flower Oil, Polianthes tuberosa (Pink Tuberose) Flower Oil

suggested use

Shake well before use. Spray generously on thighs, neck, shoulders, and chest approximately 10 to 15 minutes before bedtime. It's normal to notice some salt residue on your skin afterward; you can either leave it on or rinse it off as desired. Any tingling or itching should fade as the oil soaks in.*

responsible cautions

- Use only as directed.
- For external use only.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Do not apply on open wounds, irritated skin, recently shaven skin, or broken skin.
- Avoid contact with eyes and mucous membranes.
- Keep out of reach of children and pets.
- Discontinue use if irritation occurs.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

topical magnesium advantage

ABSORPTION

When absorbed directly into the bloodstream through the skin, topical magnesium can provide faster relief of magnesium deficiency symptoms such as muscle cramps, fatigue, headaches, and stress.*

EASE OF USE

Topical magnesium is an excellent alternative for individuals who have difficulty swallowing pills.*

TARGETED APPLICATION

Topical magnesium can be applied directly to specific areas of the body that require relief or support.*

product summary

Magnesium plays a vital role in over 300 bodily functions, yet 2 out of 3 people are unknowingly deficient in it. Zechstein magnesium chloride is one of the most bioavailable and easily absorbed forms for topical use.*

Our ultra-concentrated solution of Zechstein magnesium chloride is a simple and powerful way to harness the benefits of this vital mineral. Our magnesium chloride is naturally sourced from 1,500 meters below the surface of the ancient Zechstein Sea Bed, formed over 250 million years ago. This pristine underground source has remained untouched by modern pollution, making it one of the purest forms of magnesium chloride available.*

Studies show that magnesium can help reduce stress, anxiety, muscle soreness, joint pain, headaches, PMS, and skin conditions like eczema and psoriasis, while also promoting restful sleep. Additionally, it aids in calcium absorption, supporting bone health and growth.*

Experience the restorative benefits of our Magnesium Oil, combined with Davana, Lavender, Plumeria, and Ylang Ylang essential oils in a specially formulated spray meticulously crafted to ease the mind and body, creating the perfect environment for a deep and restorative night's sleep. Add this simple yet effective solution to your routine and feel the difference in your health and well-being today!*

ingredient highlights

- **Davana** is known for its calming and soothing properties, making it an excellent aid for sleep. Its sweet, fruity aroma helps to relax the mind, reduce anxiety, and ease stress, which are common barriers to restful sleep. Its ability to harmonize the emotions further enhances its effectiveness as a natural sleep aid.*
- **Lavender** essential oil is renowned for its calming effects, making it a popular choice for promoting better sleep. Its soothing aroma helps to relax the nervous system, reduce anxiety, and create a peaceful environment, which can make it easier to fall asleep and stay asleep.*

CASTOR SEED OIL

RICINUS COMMUNIS

Country of Origin: India
Cold Pressed from seeds

Our cold-pressed, unrefined, hexane-free Castor Seed Oil is a versatile stillroom essential, naturally rich in vitamin E, omegas, polyphenols, and ricinoleic acid. Long used in traditional wellness and beauty practices, it is valued for nourishing the skin, hair, lashes, and brows, and for its role in slow, supportive body care rituals. This 100% pure, food-grade oil is most often used topically or as the foundation of traditional castor oil packs.

FUNCTIONAL CONSTITUENTS

Ricinoleic Acid	The key compound in castor oil, ricinoleic acid is known for its anti-inflammatory, antimicrobial, and moisturizing properties. It helps soothe skin, support wound healing, and promote hair growth, while also acting as a natural laxative to aid digestion. With its ability to reduce pain, support detoxification, and balance gut health, ricinoleic acid is a powerful ingredient for overall wellness and self-care.
Triglycerides:	Essential fats that serve as the body's primary energy source, supporting cell function, metabolism, and overall vitality. Found in foods like coconut oil, avocado, and fish, they help absorb fat-soluble vitamins, protect organs, and maintain healthy skin. Balanced triglyceride levels are crucial for heart health, brain function, and sustained energy, making them a key component of overall wellness.

Clinical Studies: <https://pmc.ncbi.nlm.nih.gov/articles/PMC1781768/>
<https://pmc.ncbi.nlm.nih.gov/articles/PMC3384204/>
<https://pmc.ncbi.nlm.nih.gov/articles/PMC11855838/>

WHAT TO LOOK FOR VS. WHAT TO AVOID

- Cold-pressed (never solvent-extracted)*
- Unrefined and in its natural state*
- Hexane-free*
- Thick, dense, slow-moving texture*
- Stored in dark glass to protect freshness*
- Refined or deodorized castor oil*
- Solvent-extracted oils*
- Overly thin or watery texture*
- Plastic packaging*
- Oils with little to no natural aroma*



HOW WE SOURCE

Castor seed oil varies widely in quality depending on how it is pressed, refined, and stored. Many commercial versions are heavily processed, deodorized, or solvent-extracted to make them thinner and more neutral. We do not thin, deodorize, or modify this oil for cosmetic appeal. Its weight, texture, and subtle aroma are part of what make it useful in traditional applications.

OUR CASTOR SEED IS:

- ✓ Cold-pressed to preserve the oil's natural fatty acid profile
- ✓ Never solvent-extracted or refined
- ✓ Hexane-free
- ✓ Food Grade
- ✓ Left in its natural, thick, viscous state
- ✓ Stored in dark glass to protect the oil from light and oxidation

WHAT IT SUPPORTS

Castor Seed Oil has a long history of use in traditional self-care and stillroom practices. When used externally and in ritual applications, it is commonly reached for to support:

- Skin softness and moisture
- Scalp, hair, brow, and lash nourishment
- Comfort and warmth through topical application
- Traditional castor oil pack practices
- Slow, grounding body care rituals*

Castor Seed Oil is valued not for speed, but for consistency and patience, used over time as part of supportive self-care routines.

Why We Use Castor Seed Oil

Castor seed oil is naturally rich in ricinoleic acid, a fatty acid unique to castor oil. This is what gives it its dense texture and makes it especially suited for external use and traditional castor oil pack rituals.

It has been used historically to:

- Soften and nourish skin
- Support scalp, hair, brows, and lashes
- Provide warmth and comfort when applied with heat
- Serve as the base oil for castor oil packs

This is not a trend oil. It's a working oil.

USAGE SUGGESTIONS

Topical	Apply a small amount to dry or rough skin, cuticles, brows, lashes, or scalp. Best used sparingly.*
Massage	Warm between the hands and apply alone or blended with other oils for a slow, grounding massage.*
Castor Oil Packs	A traditional stillroom practice using oil, cloth, and gentle heat.*

HOW TO USE A CASTOR OIL PACK

- Saturate a soft flannel cloth (2-4 layers thick) with castor seed oil.
- Place the cloth over the desired area of the body.
- Cover with wax paper or plastic wrap.
- Apply gentle heat using a heating pad or hot water bottle.
- Leave in place for at least one hour, or overnight if desired.
- Rest while the oil does its work.

Traditional External Practices

- Castor Oil Packs: One of the most well-known traditional uses, involving oil, cloth, and gentle heat.
- Comfort Rituals: Used externally with warmth for areas that feel tense, stiff, or in need of attention.
- Protective Skin Care: Included in salves and balms to help maintain a moist, protected skin environment.

These uses emphasize patience, repetition, and rest rather than quick results.

Traditional Internal Use (Food-Grade)

Castor seed oil has historically been used internally in small amounts as part of traditional wellness practices, particularly for digestive support. Because it is potent, internal use has always been approached with care, intention, and respect.

In the stillroom, internal use is:

- Occasional, not daily
- Minimal in amount
- Used for specific purposes rather than general supplementation

Those considering internal use should do so thoughtfully and consult a qualified healthcare professional if unsure.

CASTOR SEED IN THE STILLROOM

Castor seed oil holds a quiet, utilitarian place in the stillroom. It is not decorative and not delicate. It is kept for moments that call for weight, warmth, and time.

Traditionally, castor oil is reached for when the body needs steady attention rather than stimulation, applied slowly, often with heat, and allowed to work over hours rather than minutes. Its thick texture is part of its purpose, meant to stay where it is placed and support focused, external care.

CAUTIONS

Safety Group 4: Not for use by children, pregnant or nursing women, or individuals with weakened immune systems. Keep out of reach of children. A doctor's advice should be sought before using this and any supplemental dietary product.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

MORE WAYS TO USE CASTOR SEED

Castor seed oil has been used far beyond a single purpose. In the stillroom, it's valued for its texture, staying power, and versatility across skin, hair, and body care rituals.

Hair & Scalp

- Scalp Conditioning: Massaged into the scalp to soften dryness and support overall scalp comfort.
- Hair Care Rituals: Used as a deep-conditioning oil to add shine, reduce breakage, and protect ends.
- Brows & Lashes: Applied sparingly with a clean wand or cotton swab as part of a nightly care routine.

Castor oil's thickness makes it especially useful for areas that benefit from slow, overnight application..

Skin & Body Care

- Targeted Moisture: Applied to very dry areas such as heels, elbows, knees, and cuticles.
- Facial Oil Blends: Used in small amounts or blended with lighter oils for facial massage and skin-softening rituals.
- After-Sun Care: Traditionally used to soothe skin that feels warm, tight, or overexposed.
- Scar & Blemish Care: Applied consistently over time as part of long-term skin care routines.



Fresh

bentonite clay tooth cleansing powder 2oz

Fresh mouth. Clean ingredients. Now you can have healthy, clean teeth and gums without artificial flavorings, artificial sweeteners, fluoride, carrageenan, triclosan, and sodium lauryl sulfate. Fresh Tooth Powder refreshes and cleans with powerful calcium bentonite clay, pink Himalayan salt, pure essential oils, and healing herbs.*

ingredient highlights

Bentonite Clay: Montmorillonite (Bentonite) Clay is a form of volcanic ash that is antibacterial and anti-inflammatory. It is a rich source of trace minerals like calcium, iron, copper, and zinc. When Bentonite Clay gets wet, it expands, changes its electrical charge to a negative charge, and becomes like a big sponge that can absorb toxins. It also has an alkalizing effect that is beneficial for the health of teeth and gums.*

Pink Himalayan Salt: This all-natural salt is estimated to contain as many as 84 trace minerals that are naturally anti-inflammatory and antibacterial. Brushing with Pink Himalayan Salt can assist in removing bacteria from the teeth and gums, which helps in preventing the buildup of plaque and tartar.*

Peppermint Essential Oil: This tried-and-true remedy has been used all around the world for more than a thousand years. It kills bacteria and fungus, both of which can cause infections in the mouth or lead to the development of cavities. Peppermint oil is especially effective against anaerobic bacteria, which love a low-oxygen environment such as the spaces between teeth or below the gum line where cavities can form and thrive. Studies have shown that peppermint oil is more effective in reducing cavities than many of the active chemical ingredients used in commercial mouthwashes.*

Clove Essential Oil: Used in traditional Indian and Chinese medicine for centuries to relieve tooth pain, modern clinical research has indicated that clove oil can relieve tooth pain and bad breath, as well as help reduce gum disease. Clove oil also has the natural ability to restrict the development of bacteria and can help fight mouth and throat infections.*

Spearmint Essential Oil: An excellent antifungal and breath freshener. Studies show that using spearmint and/or peppermint oil for oral hygiene can help delay the process of gum disease and gingivitis. It is believed by some to have the ability to assist with toothaches as well.*

uses

- Wet toothbrush. Dip in powder and brush as you normally would. Rinse.*

goDesana

Product Information Page



ingredients

Extra Fine Montmorillonite (Bentonite) Clay, Extra Fine Pink Halite (Pink Himalayan Salt), *Eugenia caryophyllata* (Clove Bud) Essential Oil, *Cinnamomum zeylanicum* (Cinnamon) Essential Oil, *Thinopyrum intermedium* (Wheatgrass) Juice Powder, *Mentha spicata* (Spearmint) Essential Oil, *Citrus sinensis* (Sweet Orange) Essential Oil, *Mentha piperita* (Peppermint) Essential Oil, *Citrus paradisi* (Pink Grapefruit) Essential Oil

responsible cautions

- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Keep out of reach of children and pets.
- Store in a cool, dry place.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*

OIL OF OREGANO & BLACK SEED OIL

Origanum vulgare

20 mg carvacrol • 7 mg thymoquinone per serving (4 drops)

A Traditional Pairing, Carefully Crafted

Oil of Oregano & Black Seed Oil brings together two of history's most respected botanicals in one simple formula. Cold-pressed *Nigella sativa* seed oil naturally provides thymoquinone, while steam-distilled *Origanum vulgare* leaf oil is standardized for carvacrol.

With no fillers or unnecessary ingredients, this liquid formula delivers these traditional oils as nature intended, offering naturally occurring antioxidant support for everyday wellness.

WHY THESE TWO OILS WORK TOGETHER

Oil of Oregano and Black Seed Oil have each earned a long history of traditional use across Mediterranean and Middle Eastern cultures. Together, they provide a complementary blend of naturally occurring compounds that has made them a trusted pairing for everyday wellness.

Rather than isolating individual compounds, we preserve the natural character of both oils, allowing each botanical to contribute its unique profile to a thoughtfully balanced formula rooted in tradition.*

FUNCTIONAL CONSTITUENTS

Thymoquinone	The primary functional constituent in Black Seed Oil (<i>Nigella sativa</i>), thymoquinone has been widely studied for its antioxidant properties and its role in supporting immune, respiratory, and cellular health.*
---------------------	---

Carvacrol	The primary functional constituent in Oil of Oregano (<i>Origanum vulgare</i>), carvacrol has been widely studied for its antioxidant properties and its traditional role in supporting digestive and microbial balance.*
------------------	---

Clinical Studies:	https://pmc.ncbi.nlm.nih.gov/articles/PMC5633670/ https://pubmed.ncbi.nlm.nih.gov/29962349/ https://pubmed.ncbi.nlm.nih.gov/27364039/ https://pubmed.ncbi.nlm.nih.gov/38019023/ https://pubmed.ncbi.nlm.nih.gov/35792130/ https://pubmed.ncbi.nlm.nih.gov/38792138/
--------------------------	--



HOW WE SOURCE

Quality begins long before the bottle is filled. Both botanicals are selected for their traditional origins and naturally occurring functional compounds.

Our Black Seed Oil is cold-pressed from *Nigella sativa* seeds to preserve its natural composition and thymoquinone content.

Our Oil of Oregano is steam distilled from *Origanum vulgare* leaves naturally rich in carvacrol, without unnecessary processing.*

OUR FORMULA FEATURES:

- ✓ Two traditional botanical oils
- ✓ Whole plant integrity
- ✓ Naturally occurring active constituents
- ✓ No fillers or additives
- ✓ Uncompromised ingredients

We start with whole botanical oils and keep the formula simple. Every ingredient has a purpose, and nothing unnecessary is added.

WHAT IT SUPPORTS

- Immune resilience & recovery*
- Healthy microbial balance*
- Respiratory health & clear breathing*
- Digestive comfort & intestinal wellness*
- Antioxidant defense & cellular vitality*

For centuries, the stillroom was the heart of the home apothecary. It was where herbs were dried, oils were distilled, and botanical preparations were carefully crafted—not for trends or quick fixes, but as part of everyday family life. Knowledge was passed from one generation to the next, and each plant was valued for its unique character and traditional purpose.

At Zilara, we continue to draw inspiration from that stillroom tradition. While today's methods are guided by modern quality standards, our philosophy remains much the same: begin with quality botanicals, process them with care, and preserve the integrity of the plants themselves.*

Every botanical formula we create begins with the same philosophy: start with quality ingredients, process them with care, and never add more than the formula truly needs.

- Whole botanical ingredients
- Carefully selected plant pairings
- Naturally occurring plant compounds
- Purpose-driven formulations
- Transparent ingredient labeling*

4 drops in a glass of water or juice, up to twice daily.

- Safety Group 4: Never recommended for children or while pregnant or nursing.
- Do not use undiluted.
- Keep away from eyes and mucous membranes.
- Consult a physician before use if you are pregnant, nursing, or taking anticoagulant medication.
- Discontinue use two weeks prior to surgery.
- Keep out of reach of children.
- Store away from heat and direct light.
- Do not use if the seal is missing or broken.
- A doctor's advice should be sought before using this and any supplemental dietary product.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

ZILARA
wake the cell • restore the body • feel alive

Zilara.com
HBNaturals.com